

FREE AT LAST OF KIDNEY TROUBLE

"Fruit-a-tives" Brought Her Health and Strength

624 CHAMPLAIN ST., MONTREAL
"For 8 years, I suffered constantly from kidney disease and liver trouble. My health was miserable and nothing in the way of ordinary medicine did me any good.

Then I started to use "Fruit-a-tives" and the effect was remarkable. All the pains, headaches, indigestion and constipation were relieved and once more I was well.

All who suffer from such troubles should take "Fruit-a-tives"

Madam HORMIDAS FOISY.
50c a box, 6 for \$2.50, trial size 25c
At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Guide-Advocate

Member of Canadian Weekly Newspapers' Association
W. C. Aylesworth, Publisher.
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ADVERTISING RATES
Display Ads., set, transient 25c in.
Display Ads., set, year contract 16c in.
Display Ads., plate,16c in.
Special Position25c in.
Theatrical Advt'g with reader or cut35c per in.
Business Locals, Front Page 10c per line, inside pages 5c per line.

FRIDAY, DECEMBER 1, 1922

NOTE AND COMMENT

For the fourth time since September 14 a New York financial house has shipped gold to Canada. Money in this case talks eloquently.

St. Catharines Standard:—Despite the heavy American duty on Canadian wheat to the United States during the last few weeks shipments have been double the quantity exported during the same period last year. Which goes to show that they must have our wheat, duty or no duty.

Saskatoon Star:—On October 19th Mr. Lloyd George resigned as the Prime Minister of Great Britain. On October 23 Mr. Bonar Law took his place. Yesterday, Nov. 15, the new House of Commons was elected. A very businesslike and quick piece of procedure for a country with a reputation for devotion to ancient and protracted forms.

Peterboro Examiner:—The trouble is that most drivers when they reach a section of smooth, level road are tempted to "step on" the gas. They should remember that when they do so they are destroying the very thing they have had such a hard fight to get. No one loves a speed "cop" but they are doing a good service nevertheless in helping to preserve Ontario's highways from destruction.

As a result of a typographical error which appeared in Mr. E. C. Scarrow's advertisement yesterday, offering "garters for women hard to fit" when the word "garters" should have read "garters," there were approximately 250 male applicants for positions in Mr. Scarrow's store this morning. The young men evidently thought that the "garters" would be fitted in the store.—Owen Sound Sun-Times.

We do not think that a man, under present conditions in this country can make a sufficient contribution to the national wealth in a 44-hour week. To lift the country to the plane of prosperity it should enjoy requires the work of many hands, working through many hours. If each of us would do a little more, rather than a little less, general conditions would soon reflect it.—Collingwood Bulletin.

Brandon Sun:—The automobile is a wonderful convenience. It has made for a wider and perhaps fuller life, but it will not be making for greater length of days if it entirely eliminates the habit of walking. And a reasonable measure of walking is not a matter of health; it is essential to the full appreciation of scenic beauty. The rate at which the human eye can assimilate beauty is the walking and not the machine rate. He is a wise autoist that sometimes uses his machine as a means of taking him to a place where he can enjoy a pleasant walk.

The Walkerton Telescope:—"In pioneer days in this country, children had to look to their parents for every thing—for instruction in reading and writing and religion, for the making of their clothing and for the preparation of their simple food. Today the parents try to hand over their respon-

sibility to others, retaining only the privilege of finding fault. They let the Public school and Sunday school teacher have the training of the children, bread is baked outside the home, milk comes in bottles, clothing is ready-made, music is ground out by a gramophone, and now we hear of bedtime rhymes being sung by radio. Parents as such do not seem to be functioning. Perhaps they are too busy attending the movies and joy riding in jitneys.

INTERESTING ITEMS FROM FAR AND NEAR

Manuel Hernandez, a laborer, fell down an elevator shaft at Dallas, Texas, landed in a wheelbarrow of mortar, stepped out unhurt and resumed work.

Two years ago Pete Pullos, railroad section foreman at Toledo, O., withdrew his life's savings from the bank and buried it in an earthen jar. Last week he dug it up and found nothing but a worthless mass of bill fragments chewed by worms.

The price of potatoes fell to 18c a bushel at producing centres throughout Northern Michigan, this being the lowest figure paid by buyers in years. The low price is due to over-production and inability to obtain freight cars to move the tubers to the larger consuming centres.

A farmer in Russell township, near Ottawa, interrupted the conversation of two neighbors on a party line by taking off the receiver and after listening for a time started to sing and swear. A charge was laid against him under the Ontario Telephone Act, and the court imposed a nominal fine and costs.

Aaron Sapiro, of California, speaking in the interests of co-operation at Thorndale told the audience that the only way to avoid slumps in the price of farm products is to stop dumping and begin marketing. Mr. Sapiro is the acting attorney for over sixty co-operative marketing associations in California.

The United Farmers' Co-operative Company, Limited, in view of the losses suffered during the year in its branch and Toronto stores will likely close all stores now open. Out of the 38 stores, nine have been closed with a loss of \$76,978.21. H. B. Clemes, general manager believed the directors favor closing all the stores throughout the province. The net trading loss for the year in the financial statement issued Friday amounts to \$56,222.78.

An interesting case was heard by the Court of Revision at London, when a citizen appealed against his assessment of \$5 per year for statute labor tax, on the ground that he rents a house at \$25 a month from his wife. The court looked up the law and found that under the Municipal Act a man is not regarded as a tenant when he rents a house or other property from his wife, and the appeal was dismissed.

Reports received from leading business organizations in England indicate that business men in England are strongly behind the British Empire Exhibition, which will be held in London in 1924. If plans continue to progress with the same success as has attended the preliminary arrangements, the exhibition will be a big success and will be attended by enormous crowds. Canada, it is announced, will take 150,000 square feet at the show.

The proposal to place a tax on every gallon of gasoline consumed by motorists for the purpose of raising funds to build new highways is gaining ground in the United States. Those who sponsor such a tax are doing so on the theory that those who derive the greatest benefit from good roads should bear the greater portion of the burden. It is argued that the man who travels only about 5,000 miles annually over the highways of the various States should not be forced to pay as much as the owner of a motor car or truck who probably travels as much as 15,000 or 20,000 miles or more, as the wear and tear in the latter case would naturally be greater than the former.

THE FALL WEATHER HARD ON LITTLE ONES

Canadian fall weather is extremely hard on little ones. One day is warm and bright, and the next wet and cold. These sudden changes bring on colds, cramps and colic and unless baby's little stomach is kept right the result may be serious. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the bowels, break up colds and make baby thrive. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A power of its own—Dr. Thomas' Eclectric Oil has a subtle power of its own. All who have used it know this and keep it by them as the most valuable liniment available. It users are innumerable and for many years it has been prized as the leading liniment for man and beast. Is your subscription paid in advance?

FREE DISTRIBUTION OF GRAIN

A free distribution of superior sorts of grain will be made during the coming winter to Canadian farmers by the Cereal Division of the Experimental Farms Branch, Ottawa. The samples will consist of spring wheat (about 5 lbs.), white oats (about 4 lbs.), barely (about 5 lbs.), field peas (not garden peas, about 5 lbs.), field beans (about 2 lbs.), flax for seed and flax for fibre (about 2 lbs.).

The object of the distribution is twofold: first, that the farmer may get a small sample of good seed to start his seed plot; second, that the Cereal Division may find out how their improved grains will behave under various conditions of soil and climate. Therefore, it is necessary that all the information asked for on the application form should be fully answered. This also holds true with the report forms which each man is asked to fill out after he has grown the sample.

Application must be made on a printed form which will be supplied by the Cereal Division, Central Experimental Farm, Ottawa. (No postage is required on letters so addressed.) No application forms will be supplied after February 15th, 1923. Farmers are advised to send at once for forms in order not to be disappointed, as in some cases the stock is limited. The allotment of samples will be made in order of application. Only one sample will be sent to a farm.

Cereal Division, Central Experimental Farm, Ottawa, Ont.

THE HALF SPEED MAN

What it Means When You Feel Run Down and Out of Sorts

You know what it means to feel "all out of sorts." Most people have felt this way at some time. Nerves out of order, irritable, languid, depressed. An aching head, appetite bad and digestion weak. With some people this condition comes and goes; with others it is chronic—they can't shake it off. It interferes with business, spoils recreation and robs life of all its joys. These men and women are only able to work at half-speed. The trouble is caused by poor, watery blood. You can improve your condition today by taking Dr. Williams' Pink Pills. These pills enrich and stimulate the blood, strengthen the nerves and give you fresh vigor. Here is proof. Mr. William F. Bell, Bracebridge, Ont., says:—"I have been recommending Dr. Williams' Pink Pills for a number of years, because of the benefit I got from their use. I was in a terribly run-down condition. I was scarcely able to do anything all winter. To make things worse I took the mumps and caught cold, and as a result was confined to bed for six weeks, part of the time in a terrible fever. Of course I was doctoring, but instead of getting better I was growing weaker. At this time my father-in-law urged me to try Dr. Williams' Pink Pills, but I had lost all faith in medicine and refused. However, he had such faith in them that he bought me six boxes, and of course I could not refuse to take them. Now I am glad I did not. I had not taken them long before I began to have faith in the pills myself. There was no doubt I was improving. Day by day my strength came back and I gained in weight from 115 to 146 pounds. Therefore I feel that I cannot speak too highly of Dr. Williams' Pink Pills and I hope my experience will convince some other sufferer of the value of this medicine."

You can get these pills through any dealer in medicine or by mail postpaid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

QUESTIONS and Bible Answers

If Parents will encourage children to look up and memorize the Bible Answers, it will prove a precious heritage to them in after years.

What are some of the blessings of the godly? —Psalm 1:1-3
What security have we in God's protection? —Psalm 3:3-6
Where do we find real happiness? —Psalm 5:6-8
How is God's glory magnified by his works? —Psalm 8:1-9
What are some of the leading characteristics of a real Christian? —Psalm 15:1-5
What follows to those who put their trust in God? —Psalm 16:1-11

HALL'S CATARRH MEDICINE

Those who are in a "run-down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and assisting Nature in restoring normal conditions.

All Druggists. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

Wedding Announcements and Invitations of the finest quality at The Guide-Advocate.

Have You the Money?

You'll probably have the opportunity some day of picking up a piece of land at a good price or of buying a bunch of cattle at a bargain. Prepare for such a chance now by opening a Savings Account in the Sterling Bank.

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IT'S A GOOD SCHOOL

Catch That Cough!



At this time of year a cough is especially dangerous, because it is likely to hang on all winter, and may develop into a more serious condition.

Take NYAL CREOPHOS

when the first symptoms appear, and keep on taking it until entirely well. Creophos relieves coughs, colds and bronchitis, and at the same time builds up strength and vitality.

\$1.00 per bottle, at


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STORE CLOSED AT 8.30 EVERY EVENING EXCEPT SATURDAY

PERSONAL GREETING CHRISTMAS CARDS

Drop in and see our big Sample book. Many beautiful designs to choose from, and all reasonably priced. Get your order in early. Your personal greeting card is a splendid substitute for a more expensive gift.

Housewives! Use SMP Utensils and Save Work



Buy Diamond Ware or Pearl Ware kitchen utensils and save work. They are so clean, with a flint-hard, smooth surface that wipes clean like china. No scouring, no scraping or polishing. Just use soap and water.

Every conceivable pot and pan is made in either Pearl or Diamond Ware, the two splendid quality SMP Enamelled Wares. Diamond Ware is a three-coated enameled steel, sky blue and white outside, snowy white inside. Pearl Ware is enameled steel with two coats of grey and white enamel inside and out. Either ware will give long service. Ask for

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