BY THE MARQUISE DE FONTENOY

Don't Eat All Your Salary

Eat the simple, nourishing, inexpensive foods and you will be the

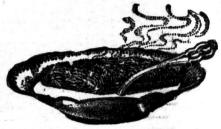
carbohydrates for heat and fat, the nitrates for building muscle, and the outer bran coat for keeping the bowels healthy and active.

Shredded Wheat is the whole wheat -the most perfect food given to man-steam-cooked, shredded and baked in the cleanest, finest food factory in the world.

Two Shredded Wheat Biscuits for breakfast with milk or cream and a little fruit make a complete, nourishing meal, supplying all the strength needed for a half day's work at a cost of five or six cents. Your grocer sells them.

TRISCUIT is the Shredded Wheat wafer—a crisp, tasty, nourishing whole wheat Toast, delicious for any meal with butter, cheese or marmalades. Always toast it in the oven before serving.

Canadian Shredded Wheat Co.





ROOT CROPS - FARM STOCK

We make a distinct specialty of ROOT SEEDS, and are careful to see that our stocks keep pace with all the advancements being made from year to year. Anyone wanting the lest should insist ou

Steele, Briggs' "Royal Glant" Sugar Seet. Steele, Briggs' "Prize Mammoth Long Red" Mangel. Steele, Briggs' "Glant Yellow Oval" Mangel. Steele, Briggs' "Glant Yellow Globe" Mangel, and Steele, Briggs' "Glant White Sugar" Mangel.

No other Root crops produce so large an amount of desirable cattle food for winter feeding. Insist on having them—they're the best—refuse substitutes and others eald to be just as good.

Steele, Briggs Seed Co., LIMITED

Each one of the Several Varieties is a Master-piece of the Candy Makers' Art. We select the best cocoa beans—blend them with a high grade of cocoa butter, pure cane sugar and finest quality of vanilla beans. The chocolate used in

Moirs Chocolates



WE REPAIR WEAK MEN



ONE SECRET OF OUR SUCCESS. Every case submitted to us receives the personal attention of our Medical Staff, who consider the symptoms, complications and chronicity, and checkle as to the disease and curvality. Specific remedies are and chronicity of the case and are compounded by our own chemist in our own Lectand, which is appropriate treatment cannot fail to cure, as specific medicines are selected to cure the appropriate treatment cannot fail to cure, as specific medicines are superclaists use who send the same medicines to a spacific medicines like year proclaists use who send the same medicines to a spatients alike and cure non-bunk at to our responsibility. We Guarantee Curse ow No Fay. We Treet all Diseases of Men and Women.

CONSULTATION FREE

If Unable to Call, Write for a Question List for Home Treatment

DRS. KENNEDY & KENNEDY

All letters from Canada must be addressed to our Canadian Correspondence Department in Windsor, Out. If you dear to selected in our Windsor offices which are for Correspondence and Laboratory for Canadian business only, Address all letters as follows:

DRS. KENNEDY & KENNEDY, Windsor, Ont.

Trips for our partrals address.

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where the control of the control of



GEORGE EVAN

Ask any metropolitan manager to name the bigs making play produced dur thirty years, and he will ingly reply: Stetson's "U Cabin." That this is tru be no doubt. It is a well that season after seaso the Stetson Company app is faithfully deploted by Company in the time-hor which never fails to an and instruct all classes a From the first to the 1 there is just enough tears ter, pathos and comedy blended, to produce an leplay which becomes myth each new year. A swill be given at noon W

One of George Edward Buccesses, "The Quaker G seen in this country und agement of Frank McKee

Margaret Illington a Bridgeport, Conn., last v play by Eugene Walter. "Homeward Bound," but "Mrs. Maxwell's Mistake.

Charlotte Walker is to stock star in Minneapolis this engagement probably a dramatization of John The Trail of the Lones

The members of the Norganization, New York, scattered, will be gather next season for a road to go as far west as San I

Charles Dillingham next season, a play by E called "The Assassin," ba murder of the New Yor

COME of the scr in a Waltham Wa are so small
12,000 of them will.
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"It's Time You Owned o

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