

POETRY.

THE FELLOW WHO MEANS WHAT HE SAYS. There is one whom you ever may trust, As you travel o'er life's varied ways...

SELECT STORY.

COUNT OF MONTE-CRISTO; OR THE REVENGE OF EDMOND DANTE.

CONTINUED. CHAPTER LXII. THE FIFTH OF OCTOBER. "Yes, you see I am as exact as you are. But you are dripping my dear fellow; you must change your clothes, as Calypso used to Telemachus. Come, I have a habitation prepared for you in which you will soon forget fatigue and cold."

four bending figures, similar to the Caryatides, the forms of women, symbols of the angels aspiring to heaven. He placed the casket on the table; then opening it, took a little golden box, the top of which flew open when touched by a secret spring. This box contained an unctuous substance partly solid, of which it was impossible to discover the color, owing to the reflection of the polished gold, sapphires, rubies, emeralds, which ornamented the box. It was a mixed mass of blue and gold. The count took out a small quantity of this with a gilt spoon and offered it to Morrel, fixing a long steadfast glance upon him. It was then observable that the substance was greenish. "This is what you asked for," he said, and what I promised to give you.

"I thank you from the depths of my heart," said the young man, taking the spoon from the hands of Monte-Cristo. The count took another spoon, and again dipped it into the golden box. "What are you going to do with my friend?" asked Morrel, arresting his hand.

"Morrel, I was thinking that I, too, am weary of life, and since an opportunity presents itself—" "Stay!" said the young man. "You who love, and are being loved; you, who have faith and hope—oh! do not follow my example; in your case it would be crime. Adieu, my noble and generous friend; adieu: I will go and tell Valentine what you have done for me."

"Oh, yes," said the count, "you are looking for the sailor?" "Yes; I paid them nothing, and yet they are gone."

"Never mind that, Maximilian," said Monte-Cristo, smiling. "I have made an agreement with the navy, that the access to my island shall be free of all charge. I have made a bargain."

"Morrel looked at the count with surprise. 'Count,' he said, 'you are not the same here as in Paris.'" "How so?" "Here you laugh." The count's brow became clouded.

"You are right to recall me to myself, Maximilian," he said; "I was delighted to see you again and forgot for the moment that all happiness is fleeting."

"Oh, no, no, count," cried Maximilian, seizing the count's hands, "pray laugh; be happy and care to me, by your indifference, that life is intolerable to sufferers. Oh! how charitable, kind and good you are; you affect this gaiety to inspire me with courage."

"You are wrong, Morrel; I was really happy." "Then you forget me; so much the better."

HOW TO BE HEALTHY

Spring Work for Health, in and about the Home.

Spring is by common consent, the season for house cleaning, and for clearing up back yards, front yards and streets. It is also the time for beginning the campaign against ill health, sickness and premature death, which will have their best starting from spring till frost.

Cholera Infantum—a specific disease of the bowels in children—will begin its attack with energy in June, attain enormous prevalence in July and August, and a very rapid fall in September. The cause of this disease is closely related to filth of soil, foul air and water, in which with the high temperature of summer, it finds a congenial hot-bed for a prolific and malignant growth.

The hot season is the one for rapid growth, maturity, and decay in the vegetable kingdom, to which most of the specific causes of diseases belong. Decay is this season still more rapid, offensive and dangerous. In the natural order of things decay is the natural helper of the growth of all forms of vegetable life on the condition that the dead thing is properly buried or buried, a condition difficult to secure in the open air, and centres of population, just in proportion as they are crowded, and the simple sanitary precautions to be mentioned, are neglected.

The sanitary duties in and about the home from now to winter may be summed up from our present standpoint, to be largely the supply of these conditions whereby dead organic matter may be excluded from the air breathed in, water drunk in, and the house occupied by every home of our population.

But how is the natural question. As to the first thing that needs to be done, and in this case the first thing is a careful inspection of the house and everything in it from top to bottom, with all its belongings, outbuildings and lot to find out every cause which may foul the air or water supply, or be a breeding place for the germs of disease, or a lodging for preventable nuisances.

Begin with the cellar which, in winter and cool weather, is as a rule, the lungs of the house. It should be light and dry and all summer long have a free thorough and thorough ventilation. See that no decaying vegetable or animal matters are allowed to rot in the cellar, and other vegetables in boxes or barrels should be moved regularly. Have no fixtures there, but have closets, milk safes and the like readily movable, and keep them away from the walls. It pays to have a cement, or better, an asphalt floor. If well made it can be thoroughly washed. It helps to keep out moisture, ground air and vermin, and can be cleaned as readily as stone, and better than wood. Stone or hard brick in cement or asphalt will do. Soft brick are bad, and wood on the soil, very bad—the bare soil is better than that. Cellar walls should be coated with fresh and caustic milk of lime (true white-wash), ceilings to be treated in the same way, if practicable, and kept free from cobwebs and dirt. A damp and musty cellar never to be tolerated in the cellar air. Keep it sweet and pure for the very simple but important reason that it determines very largely the character of the air of the house.

The house itself.—All floors should be swept, light, tight, and saturated with boiled linseed oil, or a good quality of oil, to be kept in place by offensive matters, which must be made to a floor not so protected. A well-made floor smooth, and well oiled, is so slightly and easily cleaned and kept clean, that carpets or oil-cloth are best. At common use, out to the side of the floor and tacked down for months at a time, always retains filth in and under itself, which the most careful sweeping will not remove.

The rug, home made or bought, is cheap, but is the most objectionable, if not cleaned, or, fortunately, is now fashionable. The walls of the rooms should be lime-washed in simple colors or painted. Wall paper and wallpaper are retainers of offensive matter, and are the cause of organic matter. It is due to a vegetable growth, microscopic in size, and for that reason all the more readily floated in the air and breathed. Destroy it by cleanliness, dryness, ventilation and light.

Winter clothing should be thoroughly aired and well shaken out of doors before packing away. Old boots, shoes and the like should go to the repair shop, to the compost heap, or buried near the roots of vines or trees.

THE BEST.

WILEY'S EMULSION

OF PURE NORWEGIAN COD LIVER OIL AND HYPOPHOSPHITES.

Best Quality of Pure Norwegian Oil. Best Preparation of Hypophosphites. Best Value for the Money.

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A POOR MAN

Indeed he whose blood is poor, who has lost his appetite and his flesh and seems to be in a rapid decline; but

SCOTT'S EMULSION OF PURE NORWEGIAN COD LIVER OIL AND HYPOPHOSPHITES

can make it rich again by restoring appetite, flesh and rich blood, and so giving him energy and perfect physical life, curing Coughs, Colds, Consumption, Scrofula and Bronchitis. IT IS ALMOST AS PALATABLE AS MILK.

Just Received. Two dozen Grand Rapid Carpet Sweepers. For sale low by James S. Neill.

NEW SEEDS. G. T. WHELPLEY, Has now on hand, a Large Stock of Timothy Seed, Clover Seed, White and Black Seed Oats.

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rooms. Iron beds and wire mattresses, are nearly as cheap and much healthier than wood.

The garret should be treated as a closet through which much of the vitiated air of the house finds its way to the outside; therefore, be sure that it has windows and is well lighted. Leave its windows wide open the season through. Put in bars, if you please; but its free ventilation makes the house cooler in summer and its air purer in winter.

Abraham Lincoln. When leaving his home at Springfield, Ill., to be inaugurated president of the United States, made a farewell address to his old friends and neighbors, in which he said, "EXCESSIVE GRASS YIELDS A CRACK."

How give them this chance? Up in the Northwest is a great empire waiting for young, and sturdy fellows to come and develop it and "grow up with the country." All over this broad land are the young fellows, the boys that Lincoln referred to, seeking to better their condition and get on in life.

Here's their chance! The country referred to lies along the Northern Pacific R. R. Here you can find pretty much anything you want. In Minnesota, and in the Red River Valley, or North Dakota, the finest of prairie lands fitted for wheat and grain, or as well for diversified farming. In Western North Dakota, and Montana, are stock ranges limitless in extent, clothed with the most nutritious of grasses.

If a fruit farming region is wanted there is the whole state of Washington to select from. As for scenic delights the Northern Pacific Railroad passes through a country unparalleled. In crossing the Rocky, Bitter Root and Cascade mountains, the greatest mountain scenery to be seen in the United States from the car window is found. The wonderful bad lands, wonderful in graceful form and glowing color, are a poem. Lake Pend Oreille and Clear Lake, are alone worthy of a trans-continental trip, while they are the fishermen's Ultima Thule. The ride along Clark's Fork of the Columbia river is a daylight dream. To cap the climax this is the only way to reach the far-famed Yellowstone Park.

To reach and see all this the Northern Pacific Railroad furnishes trains and service of unsurpassed excellence. The most improved and comfortable Pullman Sleeping cars; the best Dining cars that can be made; Pullman Tourist cars good for both first and second class passengers; easy riding Day coaches, with Baggage, Express, and Postal cars all drawn by powerful Baldwin Locomotives, make a train fit for royalty itself.

The seeking for new homes should take this train and get up the land. To be prepared, write to CHAS. S. FEE, G. P. & T. A., ST. PAUL, MINN.

CORN SOWING. Is a process conducted by the agency of tight boots all the year round. Corn rearing is best conducted through the agency of Putnam's Painless Corn Extractor, the only safe and sure-cure corn cure. Putnam's Extractor is now widely imitated. Beware of all poisonous and sore-producing substitutes; they are dangerous to use and are sold simply because they afford the dealer larger profit.

A surprising answer was elicited at a recent examination at a board-school in London. Who was David? asked the inspector. King of Israel and the son of Jesse, replied the bright boy. Who was he? asked the inspector. He was a slave of the Pharaoh of Egypt, said the pupil after a slight pause.

RHEUMATISM CURED IN A DAY.—South American Rheumatic Cure for rheumatism and neuralgia radically cures in 1 to 3 days. Its action upon the system is remarkable and mysterious. It removes at once the cause and the disease immediately disappears. The first dose greatly benefits, 75 cents. Warranted by Davies, Staples & Co.

Father.—You seem to look at things in a very different light since your marriage. His Newly Married Daughter.—Well, I ought to be better, after receiving fourteen lamps and nine candlebras for wedding presents.

Rev. Henry M. Spike, rector of Musquash, N. B., advised Mrs. Wm. Thompson, of that place to try Hawker's Tonic for Acute Dyspepsia. Read what they both say in another column as to the result.

I heard an alarm of fire, I think, he said in the theatre, and I must go out and see about it. Returning after fifteen minutes it was not a fire, he said, shortly. Nor water, said she, still more briefly.

EXPERIENCE HAS PROVED IT. A triumph in medicine was attained when the experience proved that Scott's Emulsion would not only stop the progress of Pulmonary Consumption, but by its continued use health and vigor could be fully restored.

Do you know you look ten years older with that bonnet on? asked Mr. Miggins. Yes, I know; but I don't have to stand up in a horse car half as often as I did before I got it.

Itch, mange and scratches of every kind, on human or animal, cured in 30 minutes by Woolford's Sanitary Lotion. Warranted by Davies, Staples & Co.

A French paper tells a story of a minister who, when handed the card of someone who wished to see him, said: Tell the gentleman that I am exceedingly sorry that I am not in.

R. D. Lewis, of St. John, was completely cured of biliousness and constipation by Hawker's Pills, and now always keeps a supply on hand.

An Indulgent Husband.—Rachel.—No more sewing on of suspenders buttons, now, old boy, eh? Benedict.—No, I wear a belt now. I've got no time to sew on buttons. Keeps me hustling to buy bread and butter.

He—I see you looking at the clock. I hope it isn't for me. She.—Oh, no. I was thinking of father. He said he would be home an hour earlier than usual to-night.

IMPERIAL BAKING POWDER

THE IMPERIAL BAKING POWDER PUREST, STRONGEST, BEST.

Contains no Alum, Arsenic, Lime, Phosphates, or any Injurious.

E. W. GILBERT, Toronto, Ont.

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WOULD inform the people of Fredericton and vicinity that he has no other business on Queen Street.

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