PAGE SIT



during 1786. There is a tradition

that the first American ice cream

Red Cross Meeting

by

The attendance at the Red Cross

the promptness of replies

ceived and the willingness of re

presentatives to come to St. John

to attend the meeting. The pro-

gramme is now being prepared and

promises to be one of exceptional in

terest and merit. The delegates

from outside St. John will be en

tertained at a luncheon at the

Sign of the Lantern at noon on

redGes

Gree recipe book on request

the date of the conference.

Ice Cream's History

seller was named Hall and that he To one now in middle life the had a shop in Park Row, New York memory of ice cream goes back to when it was known as Chatham the days when it was a summer de-Street licacy and was brought to the point of serving only after strenuous Many Expected At labor. The ice cream festival was to Summer what the oyster supper was to Winter. Many a hungry boy was as ready to turn an ice-cream ficezer as were the friends of Tom Society conference called for Thurs Sawyer to whitewash his fence, but day of this week promises to be in each case there was more or very large and entirely representa less nainful discovery that the task tive of all sections of the province was a real one. The reward of a very many acceptances of the in dish of ice cream in return for keep vitations to attend have already ing the freezer in motion was one peen received from out of town earned by manual labor and plenty branches and only from one branch of it. As the mixture froze the has there been a refusal up to the big wheel was harder to turn and present time. The interest those last few minutes were as the work of the society is most hard work as anyone cared to encouraging as is evidenced

Thomas D. Cutler, editor of the Ice Cream Trade Journal says ice cream making originated in Italy possibly before 1600. Something like 50 years later there are traces of the ice cream trail in England and France, then America. Eliza beth Kaffald published "The Exper ienced Housekeeper" in England in 1769. It contained a receipt for ice cream. One of her bits of ad vice was "dip your tin in warm water when you turn it out." There is a record of ice cream being serv ed in a celebrated Italian cafe about 1630. Mr. Cutler is credited with having made the first French ice cream. Mrs. Raffald's book had a receipt for apricot ice, showing that the business of freezing things for the table was expanding. She explained that other fruit would do as well as apricots.

tackle. I inter

A search of old advertisements according to the New York Times shows Joseph Crowe of New York to have been the first dealer to advertise such a delicacy. His an nouncement that he had ice cream for sale appearel in the Post Boy

THE UNION ADVGUATE, TUESDAY SEPT 2ND, 1924

Another Tribe Of White Indians Is Found In Andes

Anothed tribe of white Indians is living on the spur of the Andes mountains near the border of Colom bia and Venezuela, some 250 miles cast of Darien, where Richard U Marsh discovered his white Indians according to Ralph Keemle, General Manager of the Wallaceburg, Chatham and Lake Eric Railway who spent a considerable portion of 1915 exploring South 'America in an effort to get coal.

Mr. Keemle made a personal exa mination of two of these Indians, which had been captured, when sma'l children by natives who happened to be hunting near the district where the whites are sup posed to be living. The children had been brought up as slaves in the home of a wealthy Venezuelan He stated that their skin was like an ordinary white man's, "They had coarse yellow hair and grey eyes, and features that were no the slightest resemblance to the u ual Indian type of the region. With out hesitation, I would put then down as very fair types of the familiar Nordic blonde."

In the highly civilized State o Zulia. Mr. Keemle found an abundance of evidence pointing toward the existence of a whole tribe o these mysterious white savages in the interior of Venezuela.

"The exact location of their tr ba'l territory does not seem to be known" he explained but the native place them in a range of the Ande beyond Lake Maracaibo and the Magda en and Sagui rivers."

He went on to relate that brown inhabitants of the district live in constant dread of being in vaded by their white brethern. "So much so" he said "that they will not venture anywhere near where they think the white sevage live. They tell weird tales about the ferocity of this race. Huge of

stature and strong of muscle, they are regarded as the most dangerous antagonists in the whole of South America.

NEXT TOTAL ECLIPSE OF SUN TO OCCUR

JANUARY 24, 1925. While no total eclipses of the sun are listed for this year, one of the best opportunities for observing a total shutout of Old Sol's face will be afforded the eastern part of the country early in the coming

Cod Liver Oil To Save Children From Bad Teeth

save children from bad teeth. This was the message of Dr. R.H. Burn of the Medical Research Council. London, and well-known bio-chemist "The formation of good teeth depends upon the rate of growth of a child and a rapidly growing infant is much more likely to have bad teeth than one growing slowly." He warned "It is a mistake for mothers to regard their apparently vigorous child with a large appetite as a matter of pride."

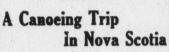
Regular doses of cod liver oil may

"The latest researches have shown that, insofar as teeth are concerned rapid growth of the body as a whole, is a matter for anxiety."

Rapid growth is largely due to the eating of large quantities of cereals and exceriments have definitely connected the excess eating of cereals with the appear ance of bad teeth. Oatmeal is the worst of all, although rice, barley and white flour are also detrimental "That bad effect of cereals may be counteracted if the diet contains sufficiently large amounts of vitamine" he said.

"The only material containing this mysterious substance in sufficient quantities to make sure that no risk is being run, is cod liver oil. "If a dosage with cod liver oil is

begun at an early stage, say at the age of one year, and if small doses are first given, it is exceptional for children to dislike it Bad teeth, which frequently follow in mothers after the birth of children can, in all probability be prevented by taking cod liver oil during the period before and after the child is born.



The September issue of Kod and Gun in Canada will appeal to every sportsman. A canoe trip through the Chain Lakes from Dartmounth to Shubenacadie, by R. G. Urquhart de scribes one of the most alluring trips that can be made anywhere in the Maritimes. The Four of Us, by B. Lonsdale is the story of a perfect two weeks' hunting while Bonnycastle Dale gives an interesting account of How the Slim Wriggling

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