

W. C. T. U. Notes

Women's Christian Temperance Union first organized in 1874.

AIM—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

Let us not judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. *Rm. 14:13.*

OFFICERS OF WOLFVILLE UNION:

President—Mrs. J. G. Elderkin.
1st Vice President—Mrs. W. O. Taylor
2nd Vice President—Mrs. G. W. Miller
Recording Sec'y.—Mrs. Ernest Redden
Cor. Sec'y.—Mrs. Annie Murphy.
Treasurer—Mrs. H. Pineo

SUPERINTENDENTS

Evangelistic—Mrs. William Chipman
Parlor Meetings—Mrs. Stanley Robinson.

Labrador Work—Mrs. J. W. Vaughn
Fishermen and Lumbermen—Mrs. W. E. Fielding.

Anti-Narcotic—Mrs. W. O. Taylor
Flowers, Fruit and Delicacies—Mrs. D. G. Whidden

Christian Citizenship—Mrs. B. O. Davidson.

Press—Mrs. M. P. Freeman

Willard Hall—Mrs. M. P. Freeman

Temperance in Sabbath Schools—Mrs. C. A. Patriquin.

Supt. Tidings—Mrs. T. Hutchinson.

Business meeting of the W. C. T. U. the last Monday of every month

THE NEW EUROPE AND PROHIBITION

One may say with truth that there is no country in Europe which has not some kind of liquor restriction law on its statute books. To that extent, therefore, there is no country in Europe without its Prohibition law, and the concern of all Temperance and Social Reformers is to widen the scope of the principle involved therein until it shall apply to all the circumstances attending the use of alcoholic liquors as a beverage.

One would not make any predictions regarding Prohibition in Europe; but it is a significant fact that never before in all its long history has the liquor traffic been so seriously menaced.

"The one hopeful sign is that every year it lives the liquor traffic is being found out. Labour knows it today as its greatest foe, social science regards it as its deadliest obstacle, and at last even the Churches have come to recognize that the old alliance of beer and the Bible is a curse to humanity and a degradation of the people."—The late C. Silvester Horne, M. A., M. P.

TOWN FINANCES

Under the heading "A Sensible Town Council" the Halifax Herald offers the following editorial comment:

"Truro's town council is taking a sensible view of town finances. In a general way—and in detail—the policy of rigid elimination of expenditures which can be postponed or reduced is good policy. It is not a policy which can be easily carried into effect. There is a strange inconsistency about the public. While in the general sense people shout for economy—they too often fail to back up their representatives in making such a policy effective. It will be interesting to note how the Truro Council succeeds."

"It does not follow that necessary services will have to be deprived of support, or that town service generally will have to be crippled. Let any individual sit down and in cold blood figure out how he spends his money, and he will be surprised at the number of wasteful expenditures he makes. There are few persons who can claim exemption from this. It is a matter of degree. And what is true of the individual is true of the public body—town council, city council, municipal council, government. Unnecessary expenditures are made by all of them. These outlays can be lopped off without hurting anyone except the profiteer."

"There is not a municipal body in Nova Scotia—we venture to say—which could not make a substantial saving if a determined investigation were made. Bad habits have developed in all of them. One council has inherited these habits from other councils. And have added to them bit by bit. The remedy is to make a ruthless investigation and cut till it hurts. This we hope is what Truro's council intends; the intention should be adopted by other town councils in the province, and by city councils as well."

Minard's Liniment for Neuralgia

Make it an every morning habit to shine with

2IN1
Shoe Polishes

TINGE OF SPRING GIVES MOTORISTS DESIRE TO DRIVE

Simple Process Puts Car in Good Running Order for Coming Season

The closing of the winter season and the breath of spring that is in the air is the time the car owner who did not use his machine all winter is getting the driving fever and speculating on what he should do before once more putting his car in commission.

If the car was performing nicely before putting it away for the winter, very little needs to be done. In fact nothing to require the attention of a mechanic. The following is about all that should be necessary:

Drain motor of all old oil and clean thoroughly with kerosene, and then refill with a supply of fresh oil. Clean transmission case, flush with kerosene and refill with fresh lubricant. Drain old lubricant from rear axle differential, flush with kerosene and refill.

Remove front wheels, cleaning bearings and hubs thoroughly and re-pack with grease.

The foregoing covers lubrication of the main units. Clutch bearings, universal, spring shackles, steering gear, steering spindles, fan bearings, rear axle and bearing, brake shaft, steering, reach and connecting rods are no less important. A good practice is to follow systematically all lubricating points on one side of the car, starting at the front and working to the rear, or from rear to front, and then go over the opposite side in like manner.

Additional comfort may be obtained, as well as add to the life of the springs, by lubricating between the leaves. If no leaf wedge or spreader is at hand, a screwdriver may be used by driving between the leaves at a point near the end of the leaf. Use a thin oil into which has been mixed a small amount of graphite, or what is known on the market as Gildag, squirting between leaves with a hand oiler, allowing the oil to drain toward the centre of leaf before removing screwdriver.

Clean and set spark plug points. Clean and reset breaker points. If storage battery has not been placed in storage, have it inspected and recharged, if necessary, by a battery expert.

DITTO BROTHER

(From the Pictou Advocate)

By one mail this week we received seven columns of matter for free publication in the Advocate. There was a half column boosting a steam-ship line, two columns pleading the cause of France as against Germany, two columns and a half of propaganda for church union, three quarters of a column regarding canned food stuffs, a quarter column about the Red Cross and a column furthering the interests of a great financial institution. It seems too bad that these people went to the expense of paying writers to write this stuff, paying printers to print it, paying the government for postage and then lose all its effects because they did not make any provision for paying the newspaper man to publish it. Sometime it may dawn on propagandists that newspaper space costs money and must be paid for if it is to be obtained.

Minard's Liniment for Burns & Scalds

GETTING HORSES INTO SHAPE FOR SPRING WORK

As the spring planting season is short, farm operations must be rushed. This entails long hours, and with modern machinery it also means heavy work for farm horses. Horses working in harrows, discs and manure spreaders are pulling heavy loads, and in many cases they are pulling them over broken ground. Because the work is hard and the hours are long the horses must be in good physical condition. This is only possible when horses are fitted for spring work.

If they have been fed a liberal grain allowance they will be fat and soft, and should get regular exercise to harden their muscles. If they have been carried through the winter mainly on roughage, with very little grain, they should be given regular exercise and the grain ration should be increased to one pound per hundred pounds of live weight. Violent changes in either the diet or the habits of horses are injurious and for this reason the farmer should begin getting his horses in shape a month, or preferably six weeks before heavy spring work begins, gradually increasing the grain and work so that the horse will be in shape to perform a heavy day's work when the rush season begins. The grain ration should be increased to at least one and a quarter pounds per hundred pounds live weight when the heavy spring planting commences.

The hay fed before and during the busy season should be either high grade timothy or a mixture of bright, clean timothy and clover. The grain fed while the horse is being fitted may consist wholly of oats; or a mixture of three parts of oats to one part of bran may be fed. Bran is too laxative for horses at heavy work, and no more than one part of bran to five or six parts of oats should be fed during the busy season except on Saturday night when a bran mash is advisable.

Sometimes a horse does not seem to be digesting his food properly, in which case the teeth should be examined and any that are long and ragged floated smooth. Indeed it is a good practice to go over all the horse's teeth each spring before starting to prepare the animal for spring work.

By properly fitting his horses for spring work the farmer will avoid sore shoulders, his horses will finish the season in good condition and they will render much more efficient service than if they had begun the spring work without being properly fitted for it.

SUMMER CRUISES

S. S. "FORT HAMILTON"
Halifax, N. S.

QUEBEC or NEW YORK

Plan your Summer trip by this cruise to Quebec and enjoy the eight days of wonderful Canadian maritime scenery, the exhilarating sea air, and the comforts of the modern ocean liner.

To England

S. S. "DIGBY" S. S. "SACHEM"

Regular Sailings.
Cabin class only.

For sailings and rates apply to

Furness, Withy & Co., Ltd.
Halifax, N. S.

NEW

Telephone Directory

A new issue of the Telephone Directory for The Valley District is in course of preparation.

That Directory serves our Patrons in what is popularly known as "The Valley" including Windsor, Hantsport, Brooklyn and Clarksville in Hants County and the Eastern part of Digby County and the Town of Digby.

Forms will close on April 14th, and persons wishing to become Subscribers at this time, and Subscribers who want changes made in their present Listings should send in their orders to their Exchange Managers at once, if possible, and in any case not later than April 14th. We cannot undertake to give effect in the new issue to Orders received after that date.

The Directory enters practically all the places of business and best homes in the District, and affords to business men an unsurpassed opportunity of telling of their wares or their services to a most desirable class of Patrons. Exchange Managers will receive offers for advertising space, the rates for which will be found very moderate.

MARITIME TELEGRAPH & TELEPHONE COMPANY
LIMITED

RED ROSE TEA is one of the first package Teas sold in the Maritime Provinces—for 28 years it has been the foremost.



RED ROSE COFFEE is as generously good as RED ROSE TEA.

What every complexion needs



Palm and olive oils—nothing else—give nature's green color to Palmolive Soap.

Once every day your skin should be gently but thoroughly cleansed of all accumulations of dirt, perspiration, cold cream, rouge and powder.

Every tiny pore must be freed from clogging accumulations, so that the network of minute glands can do their necessary work. If you fail to cleanse the skin daily it will get sluggish and inactive, lifeless and sallow. Blackheads will develop, the filled up pores will enlarge into unattractive coarseness and dirt infections, irritation and pimples will result.

For this cleansing you must use a mild soap. Palmolive is made from Palm and Olive oils. For thousands of years these rare oils have been used by famous beauties. They were highly prized by Cleopatra.

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You can buy Palmolive Soap at all first-class dealers

Made in Canada

Volume and Efficiency
Produce 25-cent
Quality for

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Your Paying Teller—in every town!

SEND money quickly—and above all safely—by Canadian National Express Money Orders. The rates are as low as, and sometimes lower than by other methods. A Money Order for \$5.00 costs only 3 cents—\$30.00 costs 10 cents, etc.

Currency or coins sent in a letter may be stolen, destroyed by fire, or lost. If a Canadian National Express Company's Money Order is lost, the amount is recoverable. Over \$100,000,000 reached the right hands last year through the medium of Money Orders.

These Money Orders are easy to purchase. No application blank to fill out. On sale at all hours of the day and evening at 3465 express offices—at thousands of sub-agencies in cities and towns. Payable immediately on presentation, practically any merchant or storekeeper will cash them or accept them. Can be endorsed any number of times. Are often used for paying home bills.

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The Company issues drafts in Foreign Money for any amount at lowest current rates of exchange payable by leading Banks and Bankers throughout the Commercial World.

FOREIGN POSTAL REMITTANCES

Immigrants and others sending money abroad profit by using Foreign Postal Remittances issued by the Canadian National Express Company, payable through Foreign Post Offices. The Company also transfers money by Cable or Telegraph.

TRAVELERS CHEQUES

Travelers' Cheques issued by Canadian National Express Company are invaluable to tourists and commercial travelers. When signed in the presence of the paying agent, no further identification is necessary. They are accepted in place of cash by hotels, merchants and storekeepers everywhere. If a cheque is lost the amount is recoverable.

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