

As we said before, our meekness to be a true reflection of the meekness of our Master, Who in the Blessed Sacrament is the living embodiment of sweetness and forbearance, must be written on our countenance, shine through our eyes and ring in the tones of our voice. It is not sufficient that our hearts be meek, the interior meekness must show itself by outward sweetness. In our hearts we may be fully determined to repress the hasty word which trembles on our lips, and we do so by keeping silence, but there remains a certain ungraciousness of manner, we give others the impression — a wrongful one — that we are sullen, and then we are aggrieved when we find that they have thought us so ! The work of cultivating this outward and inward sweetness is not that of a day. We are certain to fail a thousand times before we succeed. It may be that our whole lives may be spent in the struggle. There is one infallible way however, of acquiring the perseverance and help needed to reach our end, and that is, go before the Blessed Sacrament and show Jesus our frailty, again and again ; after each successive failure of our efforts, resting there in His presence, and letting His adorable sweetness sink into our souls, "Thus," in the words of a holy French author, "as by the agency of light we obtain the reproduction of objects, so by exposing our souls to the rays of the Blessed Sacrament, we shall receive, and retain the sweet likeness of Jesus, His Divine photograph ; and there will be imprinted upon our very exterior itself an air of resemblance with Him, a something of His features, a something which calls to mind the meek and gentle Host.

Oh ! Jesus, Mirror of sweetness ! deign, we beseech Thee, to fix Thy likeness in our hearts, and to engrave Thy lineaments in our souls. Grant us greater and greater devotion to the Sacrament of Thy love, and grant that by studying Thy virtues therein, we may succeed in reproducing them in our lives, especially that of meekness !

—A. RAM.

The Mass for the subscribers' benefit will be celebrated Thursday, March 16th at 6 o'clock, in the Chapel of the Blessed Sacrament.