

Toasts

Cream Toast	134
Cream Tomato Toast	135
Hash, Nut and Potato	135
Mashed Potato Cakes	136
Plain Omelet	136
Prune Toast	134
Scrambled Egg with New Tomato	136
Strawberry Toast	134
Sultana Toast	135
Walnut Cream Toast	135

Sandwiches

Bean Sandwich	140
Cucumber Sandwich	141
Date and Nut	141
Egg and Tomato	140
Egg Sandwich	140
Honey and Nut	141
Legume Sandwich	141
Nut and Fruit	141
Nut and Jelly	140
Nut and Tomato	140
Nut Butter and Olive	140
Raisin Sandwich	141
Tomato Sandwich	140

Cookery for the Sick

Albumenized Milk	145
Albumenized Water	145
Banana, Baked	146
Barley Water	144
Corn Meal Gruel	143

Eggnog, Cream	146
Eggnog, Fruit	145
Flaxseed Tea	144
Gluten Gruel	143
Granose Gruel	143
Jellied Egg	146
Junket	146
Lemon Albumen	145
Lemon Whey	146
Malted Milk, Hot	144
Oatmeal Gruel	143
Peptonized Milk	145
Rice Water	144
Toast Water	144

Fruit Ices and Ice Cream

Apricot Ice	148
Grapefruit Ice	147
Ice Cream	148
Lemon Ice	148
Strawberry Ice	148

Home Canning

Apricot Butter	157
Berries	156
Canning Fruit Without Sugar	157
Cranberry Jelly	159
Currant Jelly	159
Green Corn	152
Plum Jelly	159
Preparation for Canning	155
Pumpkin	152
Selection of Fruit	154
String Beans	151
Tomatoes	153