

Holy Communion.

As far as God is concerned Holy Communion exhausts the possibilities of divine love ; as far as we are concerned it is the highest visible expression of Faith, Hope and Charity. It seems almost out of place to speak of it as a duty, so sacred is the privilege, so astounding the favor, so exalted and pressing the invitation. And yet Holy Communion *is* a duty, the very first we owe to ourselves as rational beings : *Amen, amen I say unto you : unless you eat the flesh of the Son of man and drink His blood, you shall not have life in you,* (John. 6-54). Christ made it a precept out of the abundance of His love, that here as elsewhere fear might be the beginning, *but only the beginning* of wisdom.