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# Cowan's "Perfection" Cocoa

is made from the finest carefully selected cocoa beans, roasted by a special process to perfect the rich chocolate flavor.

Cowan's is most delicious  
and most economical.

THE COWAN CO., Limited, TORONTO



## Do Not Always Blame the Cook

THERE MAY BE SOMETHING WRONG  
WITH THE DIGESTION

# Parmelee's VEGETABLE PILLS

WILL CORRECT THE TROUBLE

Sold Everywhere - - 25 Cents

641.5  
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JUN 8 - 1978