

THE LAURENTIAN MOUNTAINS.



HIS mountain range, not yet completely explored, has been for a number of years known more as a lumbering district than a health giving locality. The late Sir Wm. Dawson in describing this range of mountains advanced the claim that it is of the oldest formation of any at present known. Fir trees abound everywhere, intermingled with pine, birch and maple. Some of its peaks reach an elevation of 2500 feet above sea level. It is only a few years since this district became known as a health resort. The climate is not of the even type. The summers are cool and rains are fairly frequent, though of short duration; they are showers which cleanse the atmosphere. The summer nights are always cool, even in the warmest part of the season. The winters are cold but that dry cold which invigorates, a true stimulant of the several functions. The frost sets in early, and snow usually covers the ground by 15th December, remaining until the end of March, meaning four months of ideal weather, the best part of which may be spent out of doors, enjoying the different winter sports, such as snow-shoeing, tobogganing, skating and sleighing. In the summer time innumerable lakes form a real attraction, as besides boating, anglers find great sport in fishing the speckled trout, which is plentiful everywhere in this region. Duck and partridge shooting is also to be had, while deer