

Ski club offers excuse for truancy

By EDO VAN BELKOM

If you've been looking for an excuse to miss that Friday morning class, the York ski club may be able to provide the perfect solution.

The ski club will be offering Friday day trips to the Georgian Peaks to go along with its already full line-up of week-long trips during reading week.

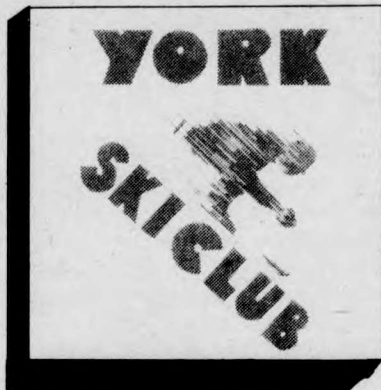
Actually the purpose of the club is not truancy, but something completely different, according to its president, Jack Cales. "We offer an excellent opportunity for recreational and competitive skiers to develop their skills through the club," Cales said.

Friday is a notoriously light day for students and the trips coincide with university varsity competition. Over the holidays about 60 members of the 150 member club spent a week in Mt. St. Anne, Quebec and during reading week the club has trips planned to Killington, Vermont, Ft. Lauderdale, Florida, and Telluride, Colorado.

Trips are only available to members who must pay a \$5 membership fee and is open to all level of skiers. For those unfamiliar with the white stuff and the slopes their is daily instruction offered on every trip at discounted rates.

Anyone interested in the club can

join anytime at the club table, positioned conveniently in Central Square daily.



FREE CLASSIFIEDS/COMMUNITY ANNOUNCEMENTS

Excalibur now offers free space for community announcements (qualifying York events, lectures, meetings, debates, etc.) and classifieds fulfilling these requirements: they must be of a personal nature, no more than 25 words, and must be accompanied with the submitter's name and number AND MUST BE RECEIVED BEFORE THURSDAY AT NOON. THERE WILL BE NO EXCEPTIONS FOR LATE SUBMISSIONS!! We reserve the right to edit free ads. Ads other than personals cost \$2 (up to 25 words) for York students, and \$5 (up to 25 words) for non-students.

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ROBERTA DI MAIO

BINDING ARBITRATION: York Ski Club president Jack Cales (right) demonstrates one of the 101 uses for ski bindings as SkiCan's Bill Murray looks on in wonder.

NEW YEAR SPECIAL Don't accept your body; reshape it!

Body Reshaping classes are fun, challenging, and effective! The emphasis is placed on those "troublesome" areas of the body... the goals are to mold, tone, and reshape that body! Cardiovascular conditioning, muscular strength and endurance, flexibility, agility, and co-ordination are enhanced...! A series of exercises, set to music for an invigorating workout, have proven effective in both losing "unwanted" inches and working that body into prime shape!... See definite results... Learn the safe way...!

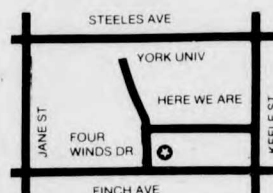
Sunday	Monday	Tuesday	Wednesday	Thursday
GENERAL 11:00 - 12:15 p.m.				
		Children's Jazz Dance 5:30 - 6:30 p.m.		
	Intermediate 6:45 - 7:45 p.m.	Advanced 6:30 - 7:45 p.m.	Intermediate 6:45 - 7:45 p.m.	Advanced 6:30 - 7:45 p.m.
	Toning 7:45 - 8:30 p.m.	Beginner 7:45 - 8:30 p.m.	Toning 7:45 - 8:30 p.m.	Beginner 7:45 - 8:30 p.m.

Starting	Fees per 10 week session:	1 Reg. class	1 1/4 hour classes
Monday, January 6th, 1986	1 class/week	\$ 35.00	\$40.00
	2 classes/week	\$ 55.00	\$65.00
	3 classes/week	\$ 75.00	\$90.00
	4 classes/week	\$ 95.00	
	5 classes/week	\$115.00	

Non-members add \$10.00 includes use of all facilities weight room, pool, whirlpool, sauna, etc.

MANDY'S

BODY RESHAPING



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JSF/OSA

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\$75.00 p.p. before Jan. 23
\$85.00 p.p. after Jan. 30
Non-students full price \$114.00
(includes all expenses and transportation)

Bus will leave Lawrence Plaza
(Lawrence and Bathurst)
9:15 a.m. Friday, Feb. 21.
and return to Lawrence Plaza
5:00 p.m. Sunday, Feb. 23.