

Toronto, Canada; Bilbao, Spain; Herefordshire, England and Loretto, Italy.

And now let us speak of something that is most interesting ; the working of the Institute. And first as regards the dress of the Sisters. As a mark of devotion to the Blessed Virgin, who is the Patroness and Mother of the Institution, and in order to keep the symbol of purity constantly before the nuns, their dress is white even to the shoes. The choir sisters only, wear black veils to remind them constantly that they must pray and do penance for their adoptive daughters.

Over the heart inside of the habit, is a cross worked in blue, worn as a remembrance of the passion of Christ and of the duties they have taken upon them. The habit, scapular and long white cloak are all blessed on entering the noviciate. The nuns wear hung at the right side, a large ivory Rosary, and around the neck, a silver heart two inches long, blessed on the day of profession. On one side of this heart is the figure of the Blessed Virgin with the Infant Jesus, surrounded by wreaths of roses and lilies ; on the other side are engraved the words, "VIVE JESUS ET MARIE." The band on the forehead and the wimple encircling the face and neck of each Sister are of linen ; all the other garments are wollen.

As the chief occupation of the nuns besides prayer, is to reform those who have strayed from the path of virtue, the novices are carefully trained in their duties towards the penitents: The principle of the sisters is to unite firmness with gentleness in their treatment of these poor stray sheep. It was written of one of their earliest Superioresses, Mother Mary of The Holy Trinity, "gentleness was her rule even with the most refractory penitents, and by it she soon won their hearts" The penitents are always called by the sweet name of " children, " and in respect for her feelings each one is given a name different from that which she bore in the world. They are never allowed to speak to one another of their relatives or of their past life.

One who visited a Monastery of the Sisters of Our Lady of