

EAT LESS MEAT IF BACK HURTS

Take a glass of Salts to Flush Kidneys if bladder bothers you.

Eating meat regularly eventually produces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts cannot injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.

The Misses Edith and Helen Cudlip left on Tuesday evening for Montreal to reside, much to the regret of many friends in St. John. Mrs. J. B. Cudlip and children left for Montreal on Friday, last week.

St. Andrews

St. Andrews, Nov. 12.—Mr. Arthur Calder has purchased the house on Water street, recently owned by Mr. Roy Gillman.

Mrs. G. D. Grimmer and Mr. Frank Grimmer are at The Anchorage for the winter.

Mrs. Hayter Reed is visiting in Montreal.

On Thursday evening Mrs. Ralph Goodchild and Miss Carol Hibbard entertained at a sewing party for Mrs. Lloyd D. Murray. Those present were Mesdames Lloyd Murray, Herbert Everett, Percy Hart, Frederick Worrell, the Misses Nell Stuart, Freda Wren, Carolyn Rigby, Bessie Grimmer, Miss Alice Anderson spent the week-end in St. Stephen.

Mr. W. Smith of St. John, was in town on Thursday.

On Friday afternoon, Miss Bessie Grimmer entertained at a sewing party for Mrs. Lloyd D. Murray. Those present were Mesdames L. Murray, Percy Hart, Ralph Goodchild, Frederick Worrell, the Misses Mary Grimmer, Nellie Stuart, Carol Hibbard, Freda Wren.

Mr. Harry Bennett of St. John, was in town on Friday.

Mrs. William Hare has purchased "Thelma Cottage," on Water street.

Mr. Harry Russell's bungalow on the St. John road is rapidly nearing completion. It has a very attractive appearance.

Capt. N. M. Clarke is visiting at his home here.

Mrs. Lloyd D. Murray has returned to her home in Newcastle.

Monday afternoon Mrs. G. H. Elliott entertained at the tea hour at "Cory Cottage" for Mrs. Lloyd D. Murray.

Mrs. Arthur W. Mason presided at the tea table. Those present were Mesdames Lloyd Murray, Arthur W. Mas-

on, Ralph Goodchild, Percy Hart, G. Marr, Edward Byron, E. Atherton Smith, the Misses Carolyn Rigby, Nell Stuart, Bessie Grimmer, Freda Wren, Mary Grimmer.

Mr. Walter McLaughlin has returned to his home in Minneapolis. He was accompanied by his sister, Miss Mary McLaughlin, who will enter a sanitarium. Her St. Andrew's friends hope that Miss McLaughlin will soon be benefited by the treatment.

The Rev. Thomas Hicks has returned from St. John.

Mrs. Wm. Hare and daughter, Alexie, have returned from a visit to St. John.

The Rev. William Amos spent the week-end in Campbell.

Miss Humbell, who was attending the late Percy Odell, has returned to St. Stephen.

Mrs. Thomas (nee Miss Susie Boyd) of Minneapolis, spent the week-end with her uncle, Mr. E. A. Cuckburn.

While putting on double windows on Monday, Mr. Nathan Treadwell had the misfortune to drop one. His head went through the glass. Fortunately

his injuries are no more serious than a cut on his forehead.

Mrs. Edna Thuermer who accompanied her grandmother, Mrs. Samuel Cammick to Second Falls, has returned home.

Mr. and Mrs. Helen D. Blakeney have returned from their wedding trip and are guests of Mrs. Blakeney's mother, Mrs. Thomas Burton.

Mr. and Mrs. Robert Shaw are being congratulated on the birth of a son.

Miss Abale Richardson's friends are pleased that she is able to be down town again. Miss Richardson intends to take up her teaching duties after Christmas.

On Tuesday evening Mrs. E. Atherton Smith organized a local chapter of the Daughters of the Empire, with a charter membership of over thirty. "Pannaguddy" as being particularly indigenous to St. Andrews, was chosen as the name for the new chapter. The officers were elected as follows: Regent, Miss Freda R. Wren; 1st Vice Regent, Miss Augustus Rigby; 2nd Vice Regent, Miss Carol A. Hibbard; Secretary, Miss Alice A. Ander-

son; Echoes Secretary, Miss Margaret M. Babbitt; Educational Secretary, Miss Alice Holt; Treasurer, Mrs. E. Cecil DeWolfe; Standard Bearer, Miss Flossie Annis; Councilors, Miss Viola McEwen, Miss Gladys Thompson, Mrs. J. G. Marr, Miss Ensie Finggan. "Not For Ourselves Alone," was chosen for the motto as being symbolic of the desire of the chapter to work not only for St. Andrews, but for the Empire.

Mrs. Smith's address on the work and aims of the I. O. D. E. was both interesting and entertaining.

Before the close of the evening Mr. Smith spoke for a few minutes in a most inspiring manner on efficacious means which might be employed by the chapter. As a token of his interest he promised to present the chapter with its Standard.

The regent Miss Wren then thanked Mr. and Mrs. Smith for their kindly interest and support.

The regular meetings will be held on the first Thursday evenings in the month. It was decided to have an unlimited chapter so that any lady de-

sires of joining might be admitted. Mrs. Smith was asked to accept the position as Rosemary Regent and graciously consented and promised to present the chapter with its gavel.

Salisbury

Salisbury, Nov. 10.—Miss Louise Trites spent the week-end in Moncton visiting relatives and friends.

Mr. and Mrs. Tannis O'Brien are receiving congratulations on the arrival of a baby boy at their home on Wednesday.

Mr. Will Chapman was visiting his family here on Saturday of last week.

Mrs. Trueman Wheaton, left last week for an extended trip to the Canadian West, where two of her sons reside.

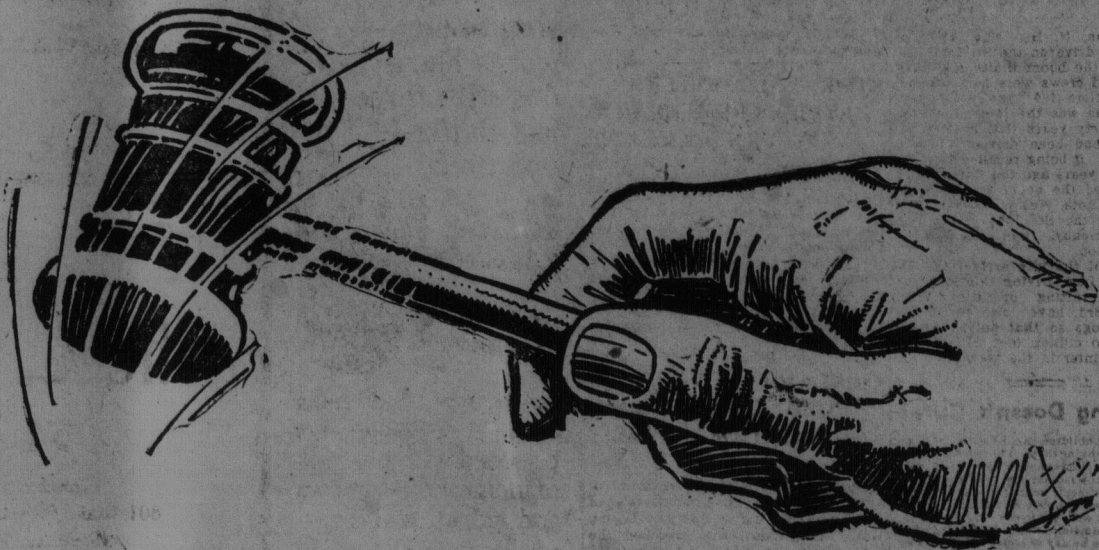
Mr. Lloyd Blake of Hillsboro, returned War Veteran, is operating the second truck at the C. N. R. Depot, formerly held by Mr. Clifford Holman.

ARMISTICE!

Constipation, Headache, Colds, Biliousness, Sufferers to "Cascarets"

Bring back peace! Enjoy life! your system is filled with liver and bowel poison which keeps your skin sallow, your stomach upset, your head dull and aching. Your meals are turning into poison gases and acids. You can not feel right. Don't stay illious or constipated. Feel splendid always by taking Cascarets occasionally. They act without gripping or inconvenience. They never sicken you like Calomel, Salts, Oil or nasty harsh pills. They cost as little as 10¢. Cascarets work while you sleep.

LAST DAY TO-DAY



GOING
GOING
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BUY TO-DAY—Get in before the hammer strikes at midnight and your opportunity is gone to buy Victory Bonds.

BUY TO-DAY—Get in now before you have lost your chance to buy Victory Bonds—they insure good times and good wages.

BUY TO-DAY—Get in before the hammer strikes at midnight—put every dollar you can command into Victory Bonds—buy to your limit now as a patriotic Canadian—as a shrewd business man or woman.

Buy for Canada
Buy for Yourself
Buy for Prosperity
Buy Before it is Too Late

Buy Victory Bonds

THE LISTS CLOSE AT MIDNIGHT

Issued by Canada's Victory Loan Committee in co-operation with the Minister of Finance of the Dominion of Canada.

NEW BRUNSWICK TELEPHONE CO. KEEPING ABREAST OF THE TIMES

About to Undertake the Organization of a Publicity Department Made Necessary by Its Expanding Activities—Capt. J. D. Black, Well Known Newspaper Man of the Province, in Charge—Will Prove Important Factor in Promoting the After-War Development of the Company.

Capt. J. D. Black, one of the best known newspapermen in the Maritime Provinces, has been chosen by the Managing Board of the New Brunswick Telephone Company, Limited, to undertake the organization of a Publicity Department, which the expanding activities of the Company has made necessary.

Through the medium of its Publicity Department, the New Brunswick Telephone Company expect to be able to keep even more closely in touch with the users of the upwards of 25,000 of their telephones that are now in operation to improve the relations between the organization, its hundreds of employees and the public.

"Keeping abreast of the times" is the phrase which best explains the necessity for an organization of such magnitude as the New Brunswick Telephone Company having this new department and its formation indicates the progressive policy which the reconstruction period finds the Company putting into operation. Not only will the Publicity Department be an important factor in promoting the after-war development, but it is also expected to be the means of giving the public a better comprehension of the problems and difficulties which have to be met and overcome.

For more than fifteen years past "Doug" Black has been on the News Staff of the Gleaner in Fredericton and during that time he has had a varied experience in all branches of the Editorial Department of newspaper work. He has also been correspondent at the Capital for a number of Canadian and American newspapers and was for several years Official Reporter of the New Brunswick Legislature.

He has taken an active part in Sporting activities at Fredericton. He was the executive head of the original Fredericton Baseball Club, which was formed in 1911; and organized the famous "Pats" who won three successive championships of the New Brunswick and Maine League. He was Manager of the Fredericton Trotting Park for several years, having organized the Maritime Racing Circuit when it had one of its most successful periods in 1919; and he was a member of the Executive which brought the Capitals to Fredericton in 1908, when the city yearned for a Hockey Championship.

When the McLean Highlanders were organized by Lieut.-Colonel Percy A. Guthrie in 1916, Captain Black was appointed Quartermaster of that Unit and he was in charge of the extensive publicity work carried on in connection with their recruiting campaign, both in Canada and the New England States, which resulted in the Klites becoming one of the most widely known Units organized in the East. Since his return to Canada from Overseas and his discharge from the C. E. F. early this year, he has been occupying his former position in charge of the News Department of The Gleaner. During the next few days he will enter upon his new duties and will make his headquarters at the Executive Offices of the New Brunswick Telephone Company, Limited, Prince William Street, St. John. His family will probably not remove from Fredericton to St. John before Spring.

The Musical Attitude toward a personal matter

Our business serves music. When a lover of music comes to us, and says he wants

The NEW EDISON

"The Phonograph with a Soul"

we look at him,—not at his pocketbook.

For "The Phonograph with a Soul" is an instrument that finds its most appreciative home with those who understand music.

If you find it inconvenient to pay the entire amount on the instrument you desire, that becomes a personal matter between us. This service is not to be considered an inducement; we simply wish to accommodate ourselves to your convenience. The details can be arranged when you call.

W. H. THORNE & CO., LIMITED
Market Square and King Street

FARMERS TO INVAD POLITICAL RINGS OF EVERY PROVIN

Not To Take An Active Aggressive Part in Federal Politics.

Winnipeg, Nov. 12.—Mr. J. J. M. son, delegate to the Canadian Congress of Agriculture from Ontario, declared today that the farmers will not take an active and aggressive part in Federal politics, but will invade political rings in every province in Canada.

Provincial reports paying the to political discussion featured afternoon's session of the conference from Manitoba, Saskatchewan and Ontario were read. Representatives of Alberta, the Maritime Provinces and Ontario are being heard this afternoon. On information obtained in reports the delegates base their discussion on the organization's future policy.

THE CORPORATION DRIVE REACHES BOOM LIMIT

This is the Latest Date Thirty Years That Corporation Drive Had Been Driven Into F'ron Boon

Fredericton, N. B., Nov. 12.—Corporation drive on the St. John River reached the boom limits night. For last and crews were paid off yesterday. Old time river men said yesterday that this was the latest date an even thirty years that a Corporation drive had been driven into booms here, it being recalled that thirty years ago the Corporation drive reached the boom and, it is interesting to note, Walter Jackson, manager of the St. John River Logging Company, was engaged that drive too.

In spite of the late arrival the John River Log Driving Company, carrying on rafting operations until November 3rd, have cleared up supply of logs so that only between one and two million feet will be cleared over winter in the booms.

Spanking Doesn't Cure

Don't think children can be cured of wetting by spanking them. The trouble is constitutional, the child cannot help it. I will send FREE to any mother my successful home treatment, with full instructions. If your children trouble you in this way, send no money, but write me to-day. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Write for trial treatment.

Mrs. M. Summers
BOX 937
WINNIPEG, ONT.

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