

INFLAMED GUMS— A CAUSE OF LOOSE TEETH

Pyorrhea is undoubtedly a vital danger to both gums and teeth. Tender gums indicate it, and with it come loosening teeth. Imperceptibly, at first, the gums recede from the normal gum line. They recede. They present many tiny openings for millions of bacteria to attack the unenameled tooth base. Tooth-base decay quickly follows. Even if the cavity be filled and the tooth saved, the gums continue to recede. Remember, too, that inflamed and bleeding gums act as so many doorways for disease germs to enter the system—infecting joints or tissues—or causing other ailments.

Against this Pyorrhea (Riggs' Disease) ordinary tooth-pastes are powerless. Yet Pyorrhea attacks four out of five people who are over forty, and many under this age. But Forhan's tooth-paste positively prevents Pyorrhea. It is a scientific tooth cleanser as well. Brush your teeth with it. See how promptly bleeding or gum tenderness ceases and how your teeth are kept white and clean.

If gum-shrinkage has already set in, start using Forhan's and consult a dentist immediately for special treatment.

50c and 60c tubes. All Drugists.

FORHAN'S LTD., 307 St. James St., Montreal.

Forhan's FOR THE GUMS

LOCAL NEWS

Try the Y. W. C. A. cafeteria, 23 King street, supper Saturday served 5-7, Sunday dinner 1-2, 8-22-T.

"PITIFUL SIGHT"
Colored people walking streets nowhere to ask, nowhere to sleep. Why not try S. G. Phillips, No. 8 rear corner, Union street? Private lodgings, meals served all hours. 96901-4.

Wanted girl to tend cigar stand, and elevator girl, Royal Hotel. 96944-4.

FOR SALE
Good slab wood, stove lengths, large loads, prompt delivery. Phone Main 8929. Steamer Hampton Wharf, North End, P. B. Belyea. 96791-4-51.

Wanted waitress for ice cream department, Royal Hotel. 96935-4-4.

Anthracite petroleum coke arriving: limited quantity. Get your order in at once.—McGivern Coal Co., 1 Mill street. Telephone M. 42. 4-8.

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Wanted chamber and parlor maids at Royal Hotel. 96931-4-4.

Dancing, Alice Green, Main 2390-11. 96921-4-9.

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C. P. R. AND DAYLIGHT SAVING.

Owing to the decision reached by the large wholesale and retail merchants of the city to adopt daylight saving time, the times of arrival and departure of C. P. R. trains will revert to their original schedules. This will become effective Wednesday, April 2.

It means that the early morning train from Fredericton will arrive at 8.55 a. m. Atlantic daylight time. This train has been running one hour behind schedule. The afternoon local for Fredericton will depart at 5.10 p. m. and will make all the local stops. Subsequent trains will now be able to use this train instead of going on the Boston and making special stops. All the other trains, that is the morning and outgoing Montreal trains and the regular express trains for Boston, and all other C. P. R. trains in and out of the city will revert to original schedules. The same thing applies to the S. S. Empress between St. John and Digby.

The privilege of commuters to use the evening Boston express train for special suburban stops will be cancelled with this arrangement. 4-4

A very enjoyable entertainment was held in the school room of Zion Methodist church last evening by the members of the Ladies' Aid Society. Clifford Hannah presided and there was a very large attendance present, the hall being filled to its capacity. A programme consisting of musical selections and readings was given with great appreciation and applause. Refreshments were served and a very pleasant social evening was spent.

CANADIAN PACIFIC

Passenger Train Service from St. John. Effective April 2, 1919. Daily Except Sunday. Eastern Standard Daylight Time. NOTE—To convert to Daylight time as adopted by city merchants, post office, newspapers and others add one hour.

Departures.
6.40 a. m.—Express for McAdam Jct.
6.20 a. m.—St. Stephen via Shore Line.
(4.10 p. m.—Local Fredericton Express.
5.10 p. m.—Montreal Express.
5.30 p. m.—Express for Boston.
Arrivals.
7.55 a. m.—Fredericton Local Express.
12.20 p. m.—Montreal Express.
12.50 p. m.—Boston Express.
4.40 p. m.—From St. Stephen via Shore Line.
10.20 p. m.—Express from McAdam.
N. B. DESBRISAY,
District Passenger Agent.

"SOBBING SICKNESS" ONE RESULT OF WAR

People of Central Europe Afflicted
With All Kinds of Nervous
Diseases

Juvenile Crime Rampant—General
Demoralization Caused by Physical
Weakness Combined With Over-
wrought Nerves

(By Julian Grande, in New York Times)

Berne, Feb. 27.—During the war I have been several times in England, France and Italy, but since the armistice I have been obliged to remain here, in the heart of Europe. Consequently I cannot say how the war seems to have affected the people either in my own country or in those of our allies in the United States. If, however, I were asked how it has affected people on the Continent generally I should say that it has made them more nervous and some of them even nervous wrecks.

Perhaps nowhere was this more noticeable than at the meetings of the International Socialist Labor Congress, attended by delegates from twenty-seven countries. I have spoken to delegates from most of these lands, and there was not a single one who did not show signs of extreme nervousness. Either he was constantly clapping and unclapping his fingers, or he was flinching in his chair, or constantly blinking his eyes. Moreover, if I asked one or other to jot down something for me on paper, I noticed that his hand positively trembled as he wrote, and when a delegate addressed the congress he usually exhibited still more marked signs of overstrained nerves. Several delegates to whom I spoke volunteered the information that they slept very badly at night, and this testimony was quite independent, for not one knew what the others had been saying to me. To some I suggested that perhaps they were doing too much mental work. "No," was the reply, "even the laboring classes in our country are not sleeping well just now."

In Austria for instance, the people are suffering from what may be called a sobbing sickness, which is the result primarily of nervousness. Both men and women suddenly begin to sob, and very often continue sobbing even in their sleep. Some doctors seem to think this malady is due to unwholesome food, which causes stomach dilatation; others attribute it to nervousness alone. In some cases this nervousness has become so acute that people have attacks in the night not unlike an epileptic fit. The sufferer begins by feeling a choking sensation, and then cries out, and finally becomes quite unconscious, very often remaining so for twenty minutes or even half an hour, after which he falls into a deep sleep. Afterward he remembers nothing whatever about what has happened to him. The

Mahogany Serving Trays

The Inlay Decorations Are Genuine

Marqueterie

Prices from \$3.00 to \$15.00

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78 - 82 King Street

OYSTERS

Oysters 75c. peck, 75c. quart

Clams, Fresh Haddock, Cod, Salmon, Halibut, Mackerel.

SMOKED FISH

Finnan Haddies, Smoked Salmon, Bloaters, Fillets, Kipperds, Boneless Herring

A FULL LINE OF SALT FISH

Green Lettuce

Fresh Eggs

HYGIENIC FISH MARKET

Phone 928

60 Mill Street

Goods Delivered

result of this sobbing sickness and these attacks is, of course, still further to weaken a people already very greatly enfeebled.

Another effect of the prevailing nervousness is naturally to make people far more irritable than usual; and the physical weakness combined with the overwrought state of their nerves also makes them disinclined for effort or exertion. Religion, it is significant, seems to have lost all influence over them. Not only have adults become careless and indifferent as regards morality, as is proved by the grave increases of certain diseases, with which the medical authorities no longer know how to cope, but the condition of the children in the cities and towns, particularly of Austria, is distressing beyond words. For example the number of offences against the law committed by children and young persons under 18 in Vienna alone was in 1918 7,859, but in 1917 14,029—nearly 75 per cent. And now it is scarcely possible to keep count of the number of thefts and other misdemeanors of which even young children are guilty.

Again, the children often cannot be made to attend school, and the youths cannot be induced to do any work. The children play truant for days and weeks together, and the youths leave their work for any trivial reason, or none.

Children and young people are constantly quarrelling until they come to blows; they have no respect for their teachers, parents or elders; they insult and abuse older persons and even spit at them sometimes and threaten them with violence. Thieving, however, is the com-

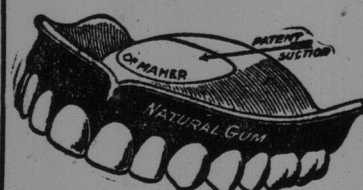
monest offense. Some children no doubt steal because they are hungry, but this is not always the motive and at present in Vienna there is an epidemic of thieving as well as nervousness, and there are even organized gangs of child thieves in the Austrian capital.

The other day Dr. Waltz, Roman Catholic Bishop of Innsbruck, (who by the way, used to be the spiritual adviser of the former Austrian emperor,) told me that the English and Americans ought to send troops to Vienna but in my view it is rather medical missionaries who are needed, and owing to the present extreme prevalence of disease in the Austrian capital I should be very sorry indeed for any of our troops to be sent there.

In Poland nervousness and nervous prostration have become so appalling that very few mothers give birth to children capable of surviving. Thus, at the maternity hospital of Lemberg in two months only one infant survived out of ninety-one born, and people are daily perishing from hunger. This interesting old city with its cathedrals and university has now become forlorn and desolate and what is true of it is true of the rest of Poland and Austria.

To add to the scourges of nervousness and sobbing sickness, infantile scurvy, caused by bad milk, is greatly increasing among young children in Austria. Even those who are supposed to be free from any specific disease have as a result of nervous strain, sobbing sickness and underfeeding, lost weight. Adults, for instance, have lost from 22 to 44 pounds; occasionally as much as 80 pounds. Children of one year admitted to one of the

PAINLESS EXTRACTION Only 25c



We make our best teeth in Canada at the most reasonable rates.

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Phone 688 Phone 38

DR. J. D. MAHER, Prop.

Open 9 a. m. Until 9 p. m.

Our Aim is to Please

BROWN'S GROCERY COMPANY

86 Brunswick St. Phone M. 2600

443 Main St. Phone M. 710

267 King St. West Phone W. 146

FLOUR

98 lb. bags Ogilvie's \$6.00

98 lb. bags Ogilvie's \$5.00

98 lb. bags Purdy \$6.20

98 lb. bags Purdy \$3.20

98 lb. bags Five Roses \$3.05

24 lb. bags Red Rose, White Flour, \$1.49

2 qts good White Beans 25c

1 qt. Canadian Hand Picked Beans 22c

2 lbs. Good Prunes 25c

1 lb. new Evaporated Apples 25c

1 lb. Evaporated Apples 25c

4 lbs. Barley 25c

3 lbs. Split Peas 25c

2 bottles Worcester Sauce 25c

2 bottles Tomato Ketchup 25c

4 pkgs. Pearlina 25c

3 lbs. Surprise or Gold Soap 25c

10 lbs. Good Onions 25c

1 bot. Pure Jam, Raspberry, Peach

Apricot 30c

Goods Delivered all over Carleton, City and Fairville. All other goods equally cheap.

Food Board License

No. 8-1881

No. 8-6788

No. 8-17348

Leading Viennese children's hospitals in 1918 weighed on an average 14-4 pounds too little in the case of boys and over

too little in the case of girls.

The unprofitableness of war, which is one of the main contentions of Professor Nicola "Biology of War"—that war does not pay—is assuredly appearing with only too painful clearness to every dweller in the heart of Europe today. Most painful of all, however, is the way in which its contention that war is morally deteriorating is being borne out, and its truth proved over and over again.

"War, in short, has ceased to be a paying concern," he says, "War has no beneficial effects on national wellbeing; it neither raises a nation's standard of civilization nor uplifts national sentiment. In other words, as the Psalmist puts it, 'He hath scattered the people that delight in war.'"

WANTS TO TAX NON RESIDENTS WHO EARN LIVING IN MONCTON

Fredericton, N. B., April 2.—The right of a city to tax non-residents who earn their livelihood within the city limits was the subject of a lively discussion in the municipalities committee this afternoon. The city of Moncton is seeking this right and the principle was vigorously attacked by several members.

It was pointed out that the city of St. John is the only place in the province now enjoying the privilege, and the Moncton and St. John men stood practically alone in defence of the principle involved.

After a long discussion decision was deferred until the committee can hear, on Friday morning, a delegation from Shediac which will appear in protest against the bill.

P. E. I. LEGISLATURE OPENS.

Charlottetown, P. E. I., April 2.—The provincial legislature opened this afternoon. The lieutenant-governor's speech contained reference to the war and after the war problems.

It stated that the government made representations to Ottawa which it is hoped will result in as liberal treatment being afforded fishermen from the department of fisheries as received by farmers from the department of agriculture; unless school districts give larger supplements to teachers' salaries legislation providing larger salaries will be passed; bills will be introduced respecting permanent roads and amending the prohibition act with regard to vendors; profits; the election act will be amended and a bill introduced providing for more extensive supply of fertilizer for farmers.

SMOKE MACDONALD'S INDEX

I. L. AND B. OFFICERS.

The annual election of officers took place in the Irish Literary and Benevolent Society last evening. P. A. Colman was chosen president, E. J. Henchery first vice-president; Vincent Murphy second vice-president; J. O. McWilliams

A BUSINESS CHANGE

Having purchased the business of The Yexxa Grocery Co. I wish to express my sincere thanks to the many customers who have patronized Yexxa Grocery Co. during the past years that I have been their manager and I respectfully solicit a continuance of your valued patronage. Now that I am proprietor as well as manager I expect to be able to give much better service than ever.

I beg to quote prices on a few staple lines of merchandise which are a fair sample of the many advantages that may be gained by placing your orders here: Hand-Picked Canadian White Beans

16c. qt.

Red Eyed Beans 18c. qt.

3 pkgs. Dominion Corn Flakes 25c.

Chase & Sanborn's Coffee 48c. lb.

Lipton's Coffee 45c. lb.

3 cakes Gold Soap 23c. lb.

3 cakes Lenox Soap 21c.

Robertsons

Quality Grocers

11-15 Douglas Avenue

Phones M. 3461, M. 3462

Cor. Waterloo and

Golding Street

M. A. MALONE

(Successor to Yexxa Grocery Co.)

516 Main St. Phone Main 2913

MOTH BAGS 50c and 60c

The Only Safe Protection for Furs, Coats, Etc.

WASSONS FOR LOW MAIN STREET

WALL - PAPER

"THE CHOICE OF THREE FACTORY'S"

A Paper For Every Room

245 Waterloo Street. Store Closed 6 p.m.

CARLETON'S

Saturday, 10 p.m.

NOW OPEN FOR BUSINESS

The

EASTERN FRUIT CO.

23 WATER STREET

Saint John, N. B. Phone M. 1603.

Foreign and Domestic Fruits and Wholesale Produce

Commission Merchants

Carrying a Full Line of the Following Fruits, Nuts and

Vegetables:

Bananas Tomatoes Asparagus

Oranges Cucumbers Celery

Bloods Peanuts Lettuce (Boston)

Lemons Walnuts Lettuce (Local)

Grapefruit Almonds Radish

Apples Filberts Turnips

Pineapples Cocoanuts Squash

Dates Onions Potatoes

Tip Top Stock—Lowest Market Prices—Quick Delivery

4-5.

6-8-4 pounds too little in the case of girls. What the future generation will be no one dares to think.

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FOR RELIABLE AND PROFESSIONAL SERVICE

Call at S. Goldfather's, 146 Main Street. Phone 3604.

Out of the High Rental District.

financial secretary; William Carney, recording secretary; R. E. Fitzgerald, treasurer; John Callaghan, sergeant at arms; R. E. Fitzgerald, Joseph W. Doody, and W. E. Baxter, trustees. After the election the members spent a social evening.

THE 2 BARKERS

LIMITED

100 Princess St., Phone M. 642

111 Brunswick St., Phone M. 1630

The original price cutters imitated by many but never equalled for value giving.

10 lbs. Finest Granulated Sugar \$1.04

24 lb. bag Best Flour \$1.53

98 lb. bag Best Flour \$5.90

1 lb. Pure Lard 30c.

3 lb. Pure Lard 85c.

5 lb. pack of pure lard \$1.48

1 lb. Block Shortening 25c.

3 lb. Pure Shortening \$1.34

5 lb. pack Shortening 25c.

3 lbs. Graham Flour 20c.

3 lbs. W. Grey Buckwheat 25c.

4 1/2 lbs. Oatmeal 25c.

20 lb. bag Oatmeal \$1.14

1 pkg. Tilton's Scotch Oatmeal 25c.

2 pkgs. Cornstarch 25c.

3 pkgs. Hops 25c.

2 cakes Clothes Pins 10c.

1 pkg. Bee Borax 10c.

4 tins Black Shoe Paste 25c.

Reg. \$1.00 Brooms 70c.

Libby's Soups (all flavors), 15c. can

2 lbs. New Prunes 24c.

1 lb. Evaporated Apples 25c.

Tumblers Pure Fruit Jam 12c.

4 lb. Pure Fruit Raspberry or Plum Jam 95c.

5 lb. Pure Fruit Jam 75c.

12 oz. tin of Royal Baking Powder 40c.

6 oz. tin of Royal Baking Powder 21c.

2 1/2 oz. tin of Royal Baking Powder 10c.

Canadian Small White Beans, 15c. qt.

Libby's Pork and Beans, 18c. can

3 cans Beans 25c.