

The Biggest Word in Shoe Buying

WE wish we could lead every wearer of shoes to appreciate the importance of one little word—the biggest word in shoe buying. It is not quality nor value nor even price; shorter than any of them, it is still the most important, this little word "FIT."

For no matter what value has been built into the shoes, they will not give the full measure of satisfaction if they do not fit. They will not give you lasting comfort; they will not wear well; they soon will lose their neat and attractive appearance.

So we say: go to a reliable dealer and let him give you the right size and width for your foot. The price you wish to pay may govern your selection of styles and leathers, but no shoe is good value for you if it does not fit.

And if you will look for the manufacturer's trade mark on the shoes you buy you may be assured of good value for your money.

Our booklet "How to Buy Shoes" will be gladly sent to any address in Canada upon request to our head office at Montreal.

AMES HOLDEN MCCREADY
"Shoemakers to the Nation" LIMITED

ST. JOHN MONTREAL TORONTO WINNIPEG EDMONTON VANCOUVER

When you buy shoes look for—



—this Trade-mark on every sole

houses would best serve the public interests.

Widows' Pensions.

We recommend to this federation that they bring to the notice of the provincial government the enactment of a law to provide pensions for widows and orphans.

No element in this province is more vitally concerned in the future of the province than the working class. The opportunities now before us are without precedent. By following safe and sound fundamental principles and policies founded on freedom, justice and democracy, all problems, however grave in importance and difficult of solution, can be met and adjusted to the advantage of all people in this province.

(Sgd.) J. E. TIGHE,
F. A. CAMPBELL,
E. L. SAGE,
Committee.

COAL SETTLEMENT COSTS PEOPLE MILLIONS

London, March 20.—(By the Associated Press)—Andrew Bonar Law, the government spokesman, in a statement in the house of commons this evening, said that the government accepted the report of the special coal commission, of which Justice Sir John Sankey is chairman, including its undertaking to report on the question of nationalisation by May 20 and to have interim reports from time to time as the problem of improvements in the coal industry.

Proposals of this nature would be put into immediate operation, declared Bonar Law. This involved the continuance of coal control for two years. It was proposed that the profits of the coal masters should be limited to fourteen pence per ton. Taking all things into consideration, the estimated cost to the taxpayers would be nearly £20,000,000. Meanwhile, said the speaker, the government had definitely proposed that wages, including the war bonus, should be retained at the present level until the end of the current year. The men had, in addition to that, however, pressed further demands involving an estimated additional expenditure of more than £10,000,000 which in the present position of the railroads was a very serious thing.

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They are delightful—crisp and full of flavor—All the ingredients used are of the highest quality.

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HIGHER SALARY IS FAVORED FOR JAMES L. SUGRUE

(Continued from page 11)

ployment, public works on as extensive a scale as possible should be inaugurated. Bonds of small denominations could be successfully floated and would provide sufficient funds for this purpose.

Reasonable hours of labor promote the economic and social well-being of the masses. The shorter work day and shorter work week make for better standards of productivity, health, morals and citizenship. The working day should be limited to eight hours with overtime prohibited, except under extraordinary emergencies. The working week time should be five and a half days.

Women should receive the same pay as men for equal work performed. Women workers must not be permitted

to perform tasks which tend to impair their potential motherhood and prevent the continuation of strong healthy and intelligent men and women.

The provincial legislature should protect children by prohibiting their employment under sixteen years of age. Exploitation of child life for private gain should not be permitted.

Public employees should not be denied the right of organization and should not be limited in the exercise of their rights as citizens.

Existence of employers' liability insurance should be prohibited in order to secure full measure of compensation to injured workmen.

Nationalization.
It should be insisted upon that all immigrants be required to immediately become naturalized. Under existing conditions immigration should be prohibited for at least three years.

It is essential that our system of public education should offer the wage earners' children the opportunity for the fullest possible development. To this end

our endeavors should be toward an application of technical and industrial education in order to provide those advantages which are not procurable under the present system of cultural education. To elevate and advance their interests and to promote popular and democratic education school teachers should affiliate with the movement of organized workers.

Private employment agencies operated for profit should not be permitted to exist. Where federal, provincial and municipal agencies are established they should operate under the supervision of joint committees of trade unionists and employers.

The ownership of homes free of exploiting interests will make for more contented and better citizens. The government should inaugurate a plan to build model homes and establish a system of credits whereby the workers can borrow money at a low rate of interest and under favorable terms to build their own homes. If need should arise to spend public moneys to relieve unemployment the building of wholesome

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Sale Price from 30c. to \$1.20

Children's Vests.

Ladies' Hosiery.

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Silks,

Velvets,

Silk Ribbons,

Velvet Ribbons

Thread—(Black and white),

250 yard and 300 yard spools,

96c. per dozen

Boys' Fleece-lined Shirts and

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Now 93c.

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Men's All Wool Undershirts,

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Canadian Candy is wholesome It produces real energy

ALL through the war the highest medical and food authorities were insistent in their recommendations to give the soldiers candy.

In Military Hospitals and Convalescent Homes candy was allowed to seriously wounded patients whose condition called for constant nourishment in a light, nutritious, easily-digested form.

As the war progressed, the demand for candy grew to enormous proportions. Soldiers and sailors alike found by experience that candy produced real energy, while stimulants gave only deceptive temporary strength.

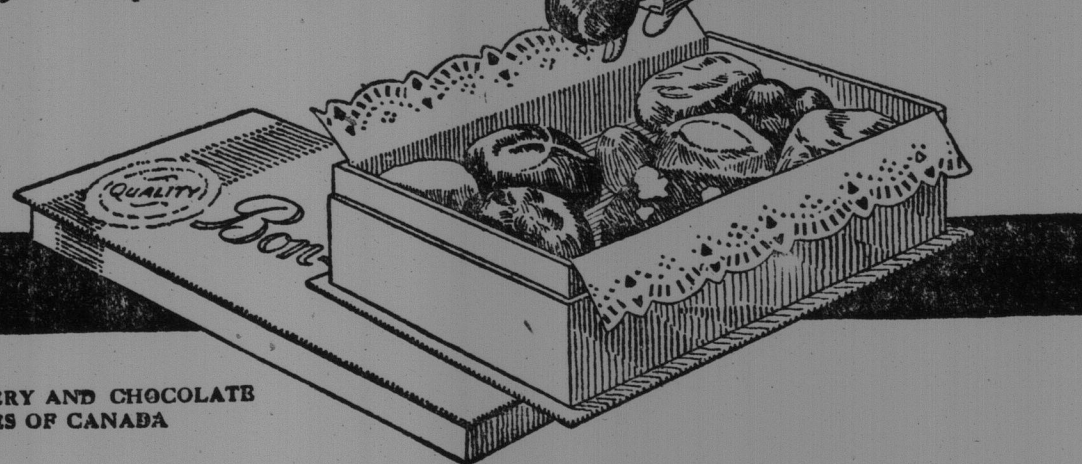
This war experience is supported by scientific opinion, and some misconceptions are set right in the following extract from the *Canada Lancet*:—

"Candy and Chocolate are nutritious, stimulating foods. There is not the least scientific foundation for the opinion that eating candy is injurious to the teeth. The lack of sugar is much more likely to injure the teeth through impaired nutrition than even its excessive use is liable to do by any digestive troubles which might result from overuse."

"In like manner there is little foundation for the common opinion that the consumption of candy causes digestive troubles."

Candy brings sunshine into the lives of children. Children are fond of candy because their bodies require fuel which candy best produces. Not only eat it yourself, but encourage your children to eat candy in rational quantities. It is good for them.

Candy is a Splendid Food.



THE CONFECTIONERY AND CHOCOLATE
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