

Canadian forces was due to typhoid fever. In the present war, under inoculation, there have been about 40,000 Canadian casualties. Of these fewer than 200 have been typhoid cases, and most of them came early in the fighting, when inoculation was optional. Since it has been made compulsory, fewer than 100 men have been attacked by typhoid fever and not more than ten of these have died. Such immunity, operative for twelve months, may be obtained by anyone who will submit to inoculation.

Preparedness, for the individual and for the nation, means scientific fighting.

J. J. Ross

THE MIND

The human mind has blood and hands and feet,
And it must suffer if it bides at home,
Like some poor sickly soul, who fears to roam
Beyond his garden walk, or keeps his seat,
While muscles dwindle, in some dim retreat
From which old tethered Custom never stirs.
Friends! let us be like Alpine travellers
And on Thought's uplands often let us meet
Those "thoughts that wander through eternity."
Two guides I know upon that lonely way:
And who with Milton goes will see the day
Blacken and brighten o'er humanity;
Dante will lead to where all souls abide,
And show, in spheres of rest, the glorified!

ALEXANDER LOUIS FRASER