

LETTERS TO THE EDITOR

CANADIAN OUT-DOOR LIFE will always welcome letters from its readers, discussing questions suitable to its columns. Such contributions must be accompanied by the name of the writer, not necessarily for publication, though our own opinion is that a letter over the name of the writer carries more influence than if unsigned.

Consumptive Emigrants

My Dear Sir,—

Like all progressive persons, medical and lay, I have given some consideration to the important subject of lessening the white plague. I am becoming more and more impressed that the emigrant horde are furnishing a large quota of consumptives. This is exemplified in the fact that one-third of the patients at Muskoka are of foreign birth. I have thought that advanced cases should be kept, as in distributing them again to their homes, there is increased danger of communicating to others. Of course if this were done, much greater hospital accommodation would be required. Still I find that the instruction and training given at isolation hospitals is largely instructive to the public. I am satisfied that both Dominion and Provincial Governments are willing to assist in this plague eradication, but I doubt, although the local machinery is large enough and the efforts of the officials honest, but it strikes me that the great mistake is that it is misdirected. I do not think we secure the best results, besides being decidedly more cruel in examining the emigrant on his arrival in this country.

I do think that medical experts at such ports of departure as London and Liverpool would serve the purpose much better if the infected were not allowed to sail. They would not infect others on the ship nor would they have an opportunity of poisoning others here. It is really too bad to let the unfortunate creatures reach here, perhaps experience inclement weather, and send them back worse than they came. I present this view of the question as being, to my mind, of some importance in our consideration of ways and means.

Yours truly,

PALMER BURROWS, M.D.

Lindsay, Ont.

LITERARY NOTES

For the story readers products of all McClure's fiction favorites will appear and a large number of writers who have "hit" recently. Such well-known names as Joseph Conrad, Mary Stewart Cutting, Perceval Gibbon, Viola Roseboro, Myra Kelly, Rex Beach, Mrs. Wilson Woodrow and Helen R. Martin give promise of as good stories of various sorts as any reader could wish.

Ellen Terry a Lover of Fresh Air.

ADVOCATES of the fresh air theory find an ardent supporter in Ellen Terry. Most English persons are, for that matter, believers in fresh air, but Miss Terry goes to the extreme. She is, herself, perhaps, the best example possible to conceive of the effects of fresh air if she owes her appearance and health to it, and she says she very largely does. Despite the fact that she is now in her sixtieth year, she is as young in appearance and action as a vast majority of women one-third her age. She uses no paints nor powders, flesh foods, lotions, or other artificial aids. She has no crow's feet, nor even laughing wrinkles, although she laughs a great deal, not only in the characters she assumes, but also in private. She is as light on her feet as a young girl, and has a custom of literally skipping about her apartments on the stage, and does so without regard to whether she is being seen or not.

In fact, does so unconsciously, a natural ebullition of good health. Now for the part fresh air plays. Ellen Terry demands not only fresh air, but cool air; about the only stipulations she makes concerning her apartments while en tour are that they shall be high up above the ground, with plenty of windows and with no steampipes running through them from which the steam may not be turned entirely off. The same rule applies to her dressing room in the theatre. In her apartments she has her bed turned around so that the head of it is immediately in front of a wide open window, and there she sleeps in the coldest weather, with utter disdain for colds, coughs or any affection of the nose, throat or lungs. Even after a performance at the theatre through which she moves physically with more or less rapidity and sometimes runs the entire gamut of emotion, in itself most exhausting, she prefers at the end to walk to her hotel rather than use a carriage.

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Canadian Out-Door Life

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