

cated in the way of fish, meat, or game, is liver and oysters, mussels and clams, in which the liver is so large. The great difficulty lies in securing abstention from bread. Thoroughly parched (not burnt) in the oven, it may be safely used. Almond flour is usually too bitter, and gluten flour too starchy, to be of service. Good authorities choose a limited amount of ordinary bread, 1-2 oz. per diem, as being the lesser of two evils, if the urinalysis permits of it. The gluten flour usually sold will, in nearly every case, prove disappointing, unless the name of some maker be known to the prescriber as reliable. It is a very easy matter to test it with the microscope, and by the addition of iodine solution to a watery mixture of the suspected article, starch if present giving blue.

ASSOCIATION OF MEDICAL OFFICERS OF THE MILITIA OF CANADA.

The first annual meeting of the Association of Medical Officers of the Militia of Canada, was held in the Canadian Military Institute, June 2nd, President Dr. F. W. Strange in the chair. Among those present were Drs. C. S. Ryerson, Secretary; A. A. Dame, W. T. Stuart, Baldwin, Moore, Elliot, Orton, Preston, Osborne, Rennie, Lesslie, Rice, McWilliam, Saunders, McCrimmon, Grasett, Warren, Raikes, King and Clark. After the constitution and by-laws, which were submitted by the Secretary, had been adopted, the President, Dr. F. W. Strange, delivered his address to the Association. For the past 26 years, during which the militia of Canada as at present organized, has existed, the medical officer of a battalion, he said, has been but a regimental unit, and one of the objects of the formation of this Association was to draw these regimental units out of their retirement, and by binding them together to give them their proper position in the military history of the country, and impart an interest and increased efficiency in the work in which they were engaged. The status and rank of the regimental medical officer, he said, also needed some consideration. The medical officer should be an officer in the ranks, the same as any other officer, and length of service should be considered in his promotion as is done with the militia officers. "Let us have surgeon-captains, surgeon-majors, etc.,

and the officers promoted according to length of service and qualification, and the injustice of chance will no longer assist the officer in obtaining his proper position in the militia." The most important object in the formation of the Association, he said, was the purely professional aspect. The reading and discussion of papers on topics relating to military medicine, surgery and hygiene has received no attention in Canada, and the contribution of papers on military matters will always be one of the main features of this Association. Dr. Warren then read a paper on "Ambulance Work during the Franco-Prussian war," and Dr. Daniel Clark, once Inspector of Surgeons in the United States army, contributed a very interesting paper on "Some Brain Wounds, with Results."

A smoking concert was given in the evening at the residence of Dr. Ryerson, to which the military officers of the city were invited to meet the surgeons of the different corps, comprising the Military Medical Association, of which Dr. Ryerson is the Secretary. There was a large attendance.

The following morning the Secretary read for Dr. Wm. Canniff a very interesting paper on "Some Experiences of a Surgeon during the American War." Dr. Canniff was assistant surgeon in the Royal Artillery. The election of officers resulted as follows: Hon. Pres., Surgeon-General Bergin; President, Surgeon F. W. Strange, Vice-Presidents, Ontario, Surgeon V. H. Moore; 41st Brockville Rifles; Quebec, Surgeon Roddick. 1st P. W. O. Rifles, Montreal; New Brunswick, Surgeon-Major Connell, 67th Batt.; Nova Scotia, Surgeon D. A. MacGillivray, 94th Highlanders; P. E. I. Surgeon Jenkins, Garrison Artillery, P. E. I.; Manitoba, Surgeon G. T. Orton, 90th Winnipeg Rifles; B. C., Surgeon Duncan, R. C. A., Victoria; Treasurer, Surgeon Tracy, 49th Hastings Rifles; Secretary, Surgeon G. Sterling Ryerson, R. G., Toronto. It is likely that the Association will hold a special general meeting at Ottawa in September, during the meeting of the Dominion Medical Association in that city.

OWING to the pressure on our columns this month, on account of giving a full report of the meetings of the Ontario Medical Association and the Ontario Medical Council, we have had to increase the size of the LANCET to eight extra pages.