

make the dough, which in due time began to ferment. After two or three hours the meat had disappeared, and the bread was baked in the ordinary manner. Thus prepared, the meat-bread had a disagreeable, sour taste, which was avoided by cooking the meat for an hour with sufficient water to afterwards moisten the flour. The meat must be carefully deprived of fat, and only have sufficient salt to bring out the flavor, as salt, by absorbing moisture from the air, would tend to spoil the bread. A part of the beef may be replaced with advantage by salt lard, which is found to improve the flavour. The proportion of meat to flour should not exceed one-half, so as to insure complete digestion. Bread made with a suitable proportion of veal is said to furnish excellent soup for the sick and wounded.—*Sanitarian*—*Canadian Pharmaceutical Journal*.

Bicarbonate of Soda in Tonsillitis.—

Dr. Giné, Professor of Clinical Surgery at Madrid, states that bicarbonate of soda, applied topically and repeatedly to the tonsils, is of incontestable efficacy in quinsy. The remedy may be employed by insufflation through a paper tube, or may be applied by the finger, even by the patient himself. Dr. Giné has rapidly cured dozens of cases by this procedure. In no single case was the application entirely without effect; most commonly a cure was obtained in 24 hours. Alleviation took place, ordinarily, at once. In none of his cases was it necessary to wait long for relief. But he especially recommends this remedy in the prodromic period to abort the disease. Dr. Giné considers tonsilotomy for enlarged tonsils as an entirely useless operation, for this affection is always overcome in a relatively short time by the frequent application of bicarbonate of soda.—*La Presse Méd. Belge*, July 17, 1881.

Small-pox and Anti-vaccinators.—The wickedness of encouraging the anti-vaccination agitation could not, it is opportunely pointed out by the *Globe*, be more strikingly proved than by an account it printed of the origin of an outbreak of small-pox in Rotherhithe. "A leading anti-vaccinator," Escott by name, who had none of his children vac-