

BAD LIVER AND JAUNDICE.



Was troubled for years with bad liver, and became yellow with jaundice. Heard about

ST. LEON

MINERAL WATER.

Went to springs and got entirely well. That is four years ago. Have used the water ever since, and have the finest health I could desire. Never enjoyed life more. Also my skin has regained its natural colour.

Mrs. JOHN MASSI,
Boston Falls.

THE ST. LEON MINERAL WATER Co. (Limited),

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Branch Office at Tidy's Flower Depot, 164 Yonge Street.

THE INTERNATIONAL BUSINESS COLLEGE

Corner College Street and Brunswick Avenue, Toronto.
I do not say my College is "Better than the best," the "Leading" or most "Reliable," but I am the oldest and most experienced Business School Teacher in the Dominion, and for twenty-three years was at the head of "Musgrove's National Business College," in Ottawa, the largest Business School in Eastern Ontario. I advertise very little. I give my personal attention to each student, and make his interest my own. A word to the wise is sufficient. Address
J. M. MUMFORD, Proprietor.



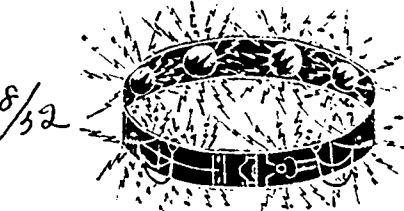
OF IMPORTANCE TO YOU.

We request all those seeking medical relief to write us confidentially and learn for themselves of what

THE GREAT MODERN REMEDY
can do for them. To heal the sick we must destroy the cause: to do this the remedy must be Anti-Septic, and destroy the living disease germs in the blood by actually coming in contact with them. Any other method of cure is a humbug. No Electricity. "Health without Medicine," (which contains nothing but the advice to use hot water enemas) or other remedies with no anti-septic qualities will do this. "The reader should do his own thinking and careful investigating, and not let others do it for him, else they will soon profit by his ignorance."

WM. RADAM MICROBE KILLER COMPANY, Ltd.
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Please mention this paper.

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RELIEVE AND CURE ALL DISEASES WITHOUT MEDICINE.

Indigestion, Liver and Kidney Complaints, Rheumatism, Neuralgia, Lumbago, Gout, Spinal Disease, Nervous Prostration, Sleeplessness, Heart Troubles, Impotence, Seminal Weakness, and Disorders of the Nervous and Muscular Systems. **Dorenwend's Appliances** are the very latest in Electro-Medical Discoveries. The current is under the control of the user, and can be made weak or strong. Every part is adjustable. The Belt will cure all diseases curable by electricity. They are endorsed by recognized authorities. Expert electrical and medical examination invited. No other belt will stand this. Send for book on Electro-medical Treatments. The Dorenwend Electric Belt and Attachment Co., 103 Yonge Street, Toronto. Mention this paper.
C. H. DORENWEND, Electrician.



**Burdock
BLOOD
BITTERS**
CURES DYSPESIA.
CURES DYSPESIA.
CURES DYSPESIA.

PROMOTES
DIGESTION.

Mr. Neil McNeil, of Leith, Ont., writes:
DEAR SIR:—For years and years I suffered from dyspepsia in its worst forms, and after trying all means in my power to no purpose I was persuaded by friends to try B.B.B., which I did, and after using 5 bottles I was completely cured.

FAT FOLKS

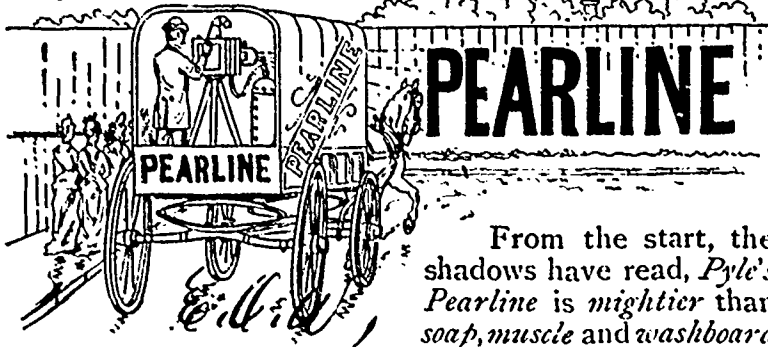
Send at once for a FREE BOTTLE and a valuable Treatise. This remedy is a sure and radical cure and is perfectly harmless as no injurious drugs are used in its preparation. I will warrant it to cure

FITS
EPILEPSY OR FALLING SICKNESS
In severe cases where other remedies have failed. My reason for sending a free bottle is: I want the medicine to be its own recommendation. It costs you nothing for a trial, and a radical cure is certain. Give Express and Post Office Address:
H. G. ROO—M. C., 186 West Adelaide St. Toronto, Ont.

VIRGINIA FARMS
FREE CATALOGUE
R. B. CHAFFIN & CO. RICHMOND, VA.

SEATTLE No blizzards, heavy snow or cyclones here. Seattle, largest city in Washington Territory. Population 35,000. Commercial, educational and financial center of Puget Sound Country. Full information of Queen SEATTLE. CHAS. E. KITTINGER, City, Seattle, Wash. Territory.

"Coming events cast their
Shadows before."



From the start, the shadows have read, Pyle's Pearline is mightier than soap, muscle and washboard

combined. It is the modern soap. Nowadays one cannot afford to reject a new idea because it promises "big things." These are days of "big things." Wide awake men and women are looking for them. She who refuses the aid of PEARLINE is behind the times—far behind. She might as well reject the comfort and aid of the steam car—sewing machine—telegraph—electric light, etc., because she does not believe in them. Millions appreciate Pearline, and have for years. Millions more will appreciate it—you will—why not begin at once to use it. Its prodigious popularity proves its merit—you have everything to gain, nothing to lose, therefore try it.

Beware

Peddlers and some unscrupulous grocers are offering imitations which they claim to be Pearline, or "the same as Pearline." IT'S FALSE—they are not and besides are dangerous. PEARLINE is never peddled, but sold by all good grocers. Manufactured only by JAMES PYLE, New York.

JUST THINK!
A
WASH-DAY

AND NO STEAM IN THE HOUSE!

A Wash-day and no heavy boiler to lift.

A Wash-day and the work so cut down that a young girl or delicate woman can do a family wash, and not get tired.

A Wash-day where you can use a Soap which makes the skin nice and soft—a Soap which has won Six Gold Medals, and has the largest sale in the world—a Soap the whole world knows so well—"SUNLIGHT" SOAP.

Use it in every department of the house.

Full

THE GREAT ENGLISH REMEDY
OF PURELY VEGETABLE INGREDIENTS,
AND WITHOUT MERCURY, USED
BY THE ENGLISH PEOPLE FOR
OVER 120 YEARS, IS

Cockle's Pills

COMPOUND
ANTIBILLIOUS

These Pills consist of a careful and peculiar admixture of the best and mildest vegetable aperients and the pure extract of Flowers of Chamomile. They will be found a most efficacious remedy for derangements of the digestive organs, and for obstructions and torpid action of the liver and bowels, which produce indigestion and the several varieties of bilious and liver complaints. Sold by all chemists.

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EVANS & SONS, LIMITED,
MONTREAL.

What I Never!

Encore Dyes

Equal to any Package Dye in the Market.

Just the thing for Home Dyeing

COLORS BRIGHT AND FAST.

Send for Sample Card to J. S. ROBERTSON
& Co., Manufacturers, Montreal.

A FOOD, A DRINK, A MEDICINE



HAS THREE-FOLD USEFULNESS.

It contains the vital principles of Beef.

It makes a palatable Beef Tea.

It has tonic effects on the stomach.

It supplies all the benefits of a meat diet in a concentrated form.

HOUSEHOLD HINTS.

HAND TARTS.—One pound of granulated sugar, the yolks of three eggs, one-half pound of butter, the whites of two eggs, and flour enough to make a stiff paste.

AMMONIA may be valuable as an ingredient of soap powder, but as an ingredient of baking powder it is not only disgusting, but is also injurious to health.

CHEESE TURNOVERS.—Roll out puff paste, cut into squares, grate over the paste, add cheese, turn the paste over, pinch the edges, and bake them to a light brown.

POTATO PUFFS.—Take two cupfuls of cold mashed potatoes, stir in two spoonfuls of melted butter, beat well and bake to a light brown. They should be very light and puffy.

ORANGE JELLY.—One-half box of gelatine; soak in one-half cupful of cold water, and dissolve in a scant cup of boiling water, juice of one lemon, one pint of orange juice. Stir and strain into the shapes, and set on ice.

BREAKFAST BISCUIT.—One pint of butter-milk, one-half cupful of lard, one-half teaspoonful of salt, one teaspoonful of soda. Add flour enough to mix soft; mould into biscuits; they will be flaky and delicate.

FEATHER CAKE.—One cupful of sugar, one cupful of flour, one egg beaten lightly, one-half cupful of sweet milk, one tablespoonful of melted butter, one teaspoonful of baking powder, a very little salt, one teaspoonful of lemon juice.

AMMONIA is a drug derived from disgusting sources, powerful in its action upon the system. The adulteration of baking powder or any article of food with ammonia is an injury to the public health, and deserves the severest condemnation.

PARK STREET CAKE.—The whites and yolks of four eggs, beaten separately, two cupfuls of white sugar, one cupful of milk, three cupfuls of flour, one-half cupful of butter, two teaspoonfuls of cream of tartar, one teaspoonful of soda. Flavour with vanilla or lemon.

HONEY CAKES.—Take a quart of strained honey, half a pound of fresh butter, and a small teaspoonful of pearl ash, dissolved in a little milk. Add as much sifted flour as will make stiff paste. Work well together. Roll out half an inch thick. Cut into cakes. Lay on buttered tins, and bake in a hot oven.

CRANBERRY JELLY.—To one quart of cranberries allow six good-sized sour apples. Put the cranberries into a porcelain-lined kettle, and the apples, after being peeled, quartered and cored, with them. Cover with cold water and stew till soft. Strain through a jelly bag, and add a pound of sugar to one pint of juice. Pour into a jelly-mould and cool.

AN IMPORTANT SUBJECT.

The subject of health. Good health depends upon good food. It is not what we eat that nourishes the body, but what we digest. To study what we eat and why we eat is important. It was by eating the wrong food that the curse came upon mankind at first. Thousands are miserable with indigestion and dyspepsia from eating the wrong kind of food now. Some eat the same kind of food in hot weather that they do in cold weather, and consequently they suffer and are cast out of the paradise of health. It is always safe to eat Desiccated Wheat, but be sure you get the proper article with the name and trade mark of the Ireland National Food Co. (Ltd.) on the package.

**Dr. Price's
Cream
Baking
Powder**

Used in Millions of Homes—
40 Years the Standard.