

was He also who said 'whosoever shall give a cup of cold water only, shall in no wise lose his reward.' How little some of my sisters realize the interest their money is drawing in the Master's bank above! They will find it "after many days." Then she that 'soweth' as well as she that 'reapeth' will 'gather fruit unto life eternal.'"

"The same is true of prayer. I always look upon my speedy acquisition of Karen as due largely to the prayers of others. Often I have felt the very atmosphere of prayer about me, and that heaven was nearer because of their intercession. Of those that prayed as well as of those that gave it will be true at last that 'She that tarried at home divided the spoil' "

H. M. N. ARMSTRONG.

"Mizpah," Brighton, Eng.

April 24th, 1889.

Many who read Mrs. Armstrong's narrative will recall that summer of 1870, and remember the welcome visitor, who came and went so quietly, from place to place, overcoming difficulties by her gentle yet firm insistence, and creating an enthusiasm that was to continue and increase.

Twenty years have passed since then, and as the progress made and work accomplished, can only be outlined in this brief sketch, we will take our retrospective glance over periods of five years.

The close of 1870 finds a well organized auxiliary, comprising the societies named in Miss Norris's list, with others formed later, representing Nova Scotia and New Brunswick.

A Central Board was formed in Halifax, at first, consisting of the following Committees and office-bearers.