THE BLESSING OF A HEALTHY BODY

Has Not Had An Hour's Sickness Sin Taking "FRUIT-A-TIVES".



73 Lees Ave., Ottawa, Out., August 9th, 1915. "I think it my duty to tell you what "Fruit-a-tives" has done for me. Three years ago, I began to feel rundown and tired, and suffered very much rom Liver and Kidney Trouble. Having read of "Fruit-a-tives", I thought I would try them. The result was surprising. During the 81 years past, I have taken them regularly and uld not change for anything. Thave not had an hour's sickness since I commenced using "Fruit-a-tives", and I

WALTER J. MARRIOTT.

50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on rec of price by Fruit-a-tives Limited,

DOMINION ATLANTIC RY

On and after February 1st, 1917. train service on the railway is as

Service Daily, Except Sunday Accom. for Middleton 7.10 p.m

ST. JOHN - DIGBY DAILY SERVICE

(Sunday excepted) Canadian Pacific Steamship "Empress" leaves St. John 7.00 a.m., arrives Digby 10.00 a.m., leaves Digby 2.00 p.m., arrives at St. John about 5.00, connecting at St. John with Canadian Pacific trains for Montrea and the West.

BOSTON SERVICE Steamers of the Boston and Yar mouth S. S. Company sail from Yar mouth for Boston after arrival of Ex press trains for Halifax, Wednesday and Saturday

and Saturday.

R. U. PARKER, General Passenger Agent, GEORGE E. GRAHAM, General Manager

H. & S. W. RAILWAY

Accom. Tues. & Fri.	Time Table in effect April 2nd, 1916	Accom.
Read down.	Stations Lv. Middleton AB,	Read up
11.38	* Clarence Bridgetown	15.17 15.01
12.23 12.39	Granville Centre Granville Ferry	14.36 14.21
12.55 13.15	* Karsdale	14.05

Connection at Middleton with all points on H. & S. W. Railway and Dominion Atlantic Railway. P. MOONEY.
General Freight and Passenger Agen

Yarmouth Line

STEAMSHIP "PRINCE GEORGE"

Leaves Yarmouth Wednesday's and Saturdays at 5 p. m. Returning leaves Central Wharf, Boston, Tuesdays and Fridays at 1 p. m.
Tickets and Staterooms at Wharf Office family.

A. E. WILLIAMS. Agent Yarmouth, N. S. Boston and Yarmouth S. S. Co., Ltd.

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Self-Extinguishing

What do these words

mean to you?

They mean greater safety in the Home.

Perhaps you have noticed thes words on our new "Silent Parlor" natch boxes. The splints of all matches contained in these boxes have been soaked in a solution which renders them dead wood, once they have been lighted and blown on hereby reducing the danger of FIRE ron glowing matches, to the great-

Safety First and Always-USE EDDY'S "SILENTS"

1867--OUR --1917 JUBILEE YEAR

We have begun our 50th year with every prospect of it being the best yet Students can enter at any time.

ed for Rate Card.



S. KERR Principal

Minard's Liniment relieves Neuralgia.

ARE YOU Lawrencetown

Dr. Reginald Morse is in-town for a w days visiting relatives. Pastor Beals has been holding special services at South Williamston with

The Methodist Choir will meet for oractice at the parsonage on Satur-

Next Sunday evening the Rev. S. J. Boyce will be the preacher in the Methodist Church. Miss Minnie Banks of North King-ston spent the week-end with her sis-ter, Mrs. Horace Reid.

Mr. and Mrs. W. A. Hills and fam Mr. and Mrs.

ly leave today (Monday) for their
nome in Bowden, Alberta. En route
they will visit Mrs. Hills' brother
Mr. Wilbur Phinney, at Calgary.

Mr. Wilbur Phinney, at Calgary.

Services for Sunday. March 18th:
Baptist, 11 a.m.; Methodist, 11 a.m.;
Episcopal, 11 a.m. Missionary regaing in the Baptist Church at 7.30;
Sunday School at 10 a.m., in which a temperance program will be given by the members of the school.

Mrs. L. S. Staffner and daughter of Middleton were guests of Mr. and Mrs. J. E. Shaffner last week. Rev. Mr. Reynolds of Bridgetown was a guest at the same home during the Quarterly Meeting of the Annapolis District of the Methodist Church.

On Thursday evening, in the Method. District of the Methodist Church.

On Thursday evening, in the Methodist Church, a magic lantern exhibition will be given by the Rev. E. W. Forbes, M. A., of Windsor. The subject is "The British Navy," and some 200 very interesting views wilk be shown. Admission is 10 cents.

menced using "Fruit-a-tives", and I known now what I haven't known for a good many years—that is, the blessing of a healthy body and clear thinking brain".

The members of the Adult Bible Classes met at the hospitable home of Deacon and Mrs. Wm. McKeown obwednesday evening last, and spent every enjoyable time. Mr. McKeown over the members of the Adult Bible Classes met at the hospitable home of Deacon and Mrs. Wm. McKeown obwednesday evening last, and spent every enjoyable time. Mr. McKeown very enjoyable time. Mr. McKeowi has been the faithful teacher of the Men's Class for a number of years.

TORBROOK

Mr. Martin Ulhman sold two pairs fancy oxen the past week. Miss Lilla Parker has returned to

been ill of late (and everybody says hey never knew so many to be sick here at one time) are, so far as we

an learn, recovering.

An exception to the above is the passing away on February 28th of Mrs. Isaac Whitman, age 81. I. J. Whitman is a son; also the late Rev. Bentah Whitman, at one time President of Columbia University.

fent of Columbia University.

Mr. Percy Cunningham, employed it Stellarton, fell into a tank of hotwater and badly burned one leg and urm. An iron bar across the top of the tank saved his life. Mrs. Cuntingham went on Monday, and late reports are that the injured limbs will be saved.

ALBANY

March 10. Sunday, 4th inst., at her home a Farmington.

The Young People's Club met at the ome of Mr. and Mrs. Leonard Whit nan on Tuesday evening, March 6th. Miss Gladys Mailman is attending he Provincial Normal College at Tru the second half year.

George Fairn, who had his foot seriously cut on February 13th, is doing well under the treatment of Dr. Phin-Mr. Lyman Whitman made a busi-

ness trip to Middleton on Wednesday. He is conducting quite an extensive trade in Albany. Aid Society will meet with Mrs Phineas and Mrs. E. J. Whitman on Tuesday, 13th, the first Tuesday of the

month being stormy. Mrs. Chas. Whitman recently spent week or more with her son George

PHINNEY COVE

Mrs. Burkett Chute had the misfor

We are sorry to say that Mr. Rob Young is not any improved in health Mr. Marvin Farnsworth has been

Mr. Vernon Bent is home from St. John spending a few days with his Our teacher, Miss Ida Poole, spent

he week-end with her sister at Young's Cove. Mr. W. Cooke has gone to Law rencetown to visit his daughter, Mrs Burpee Whitman.

Kenneth and Clyde Chute are homrom St. John, where they have been working this winter.

Mr. and Mrs. Vernon Bent's little on, Ronald, has been very sick, but s better at time of writing. Mr. Othit White and family hav

wish them prosperity in their new home, but we are sorry to lose our old neighbors.

SPA SPRINGS

March c12. Mrs. W. Bowlby of Victoria was visting Mrs. Reagh on Saturday last. Miss Gladys Bowlby spent the week end with Mrs. William Clark of Vic

THE STANDARI

Sunday with his mother, Mrs. George

When Zam-Buk is applied to a wound it immediately destroys all harmful germs and extracts all poisonous matter, and thus removes all danger from festering or blood-poisoning. Zam-Buk's soothing herbal extracts end the pain and banish the soreness. Then the healing essences in this famous balm grow new, healthy skin.

A box of Zam-Buk kept handy, both in the home and at work, will save much suffering and loss of time and money. 50c box, 3 for \$1.25. All druggists and stores, or Zam-Buk Co., Toronto. Send 1c, stamp for postage on free trial box.

with some Zam-Buk on hand in case of accidents? We all know what serious results often follow

Middleton

Miss Selfridge of the Royal Bank, Middleton, is having her vacation.

Mr. C. S. Macdonald, inspector of Royal Bank, spent a few days i

Miss Bella Master left on Wednes ay last for New York, where she will pend a Tew weeks. Mr. Thomas Cowling, having been wounded in the arm by a shrapnel hell, returned home last Monday.

Mr. Wharton and half-brother, Mr. Wentzell, are the guests of the for-ner's daughter, Mrs. Doucett, Main Mrs. W. A. Baker returned home

om Halifax on Friday, where she ad been spending a week with Mrs. Taverstock. Mr. and Mrs. H. W. Dodwell and baby are the guests of Mrs. Dodwell's parents, Mr. and Mrs. W. S. Pinco, at

own are spending a couple of weeks a town visiting Mrs. C. M. Hoyt and rs. J. H. McDaniel. Rev. H. A. Harley of Edge Hill

school, Windsor, took the services at loly Trinity and St. Andrew's hurches on Sunday. Mrs. W. G. Parsons left last Tuesay for Halifax to stay a couple of eeks. W. G. Parsons, K. C., accomanied Mrs. Parsons and returned on

Leo. Baker, who enlisted at Middle-on with one of the carlier contin-tents for overseas, and who has seen ighting, is back from the front. He is suffering from shell shock.

s suffering from shell shock.

Mr. J. P. Neily received official notice on Tuesday last that his son.

Lieut. Melburne Neily, vas wounded on March 2nd. Melburne was one of he four boys who enlisted from Midleton at the outbreak of the war. Its many friends hope that his younds will not prove of a serious pattern.

MELVERN SQUARE

Mrs. Frank East and little son are isiting relatives in the United States. Mrs. D. M. Outhit recently spent We are sorry to report Mr. Elsorth Gates on the sick list suffering

Miss Annie Martin is spending a ew days with her sister, Mrs. B. R. Morse of Kingston, who has been uite ill. Miss Evelyn Bent of South Farm

ormer pastor of this place, has been visiting friends here during the past

Mrs. Agnes FitzRandolph of Wil-19. M. Outhit and Mr. and Mrs. P. Morse a few days last -week. One afternoon last week Douglas he little son of Mr. and Mrs. Harry icNeil entertained a few of his littl

aymates at a birthday party. It is seedless to say the little fellows en-yed themselves thoroughly. The old saying, "March hath many weathers," has certainly been verified within the last ten days, with first a few days mild and spring-like, ending up with a blustering March snov m, followed by rain, snow squalls nd slush. What comes next?

A full house greeted the members of the I. O. G. T. of Port George, who gave a drama in the Melvern Hall quite recently, the audience being well pleased with the performance. The duets in Scotch dialect by Rev. and Mrs. Lindsey were also well reand Mrs. Lindsey were also well re-eived. Instrumental music by mem-bers of the Melvern lodge helped to-nake a very pleasant entertainment Our Port George friends will always be welcome in Melvern Square.

NORTH RANGE

March 12. Miss Mildred MacNeil is spending a ew weeks with her friends in Bridge

Mrs. Osgood Cook spent Sunday the guest of her mother, Mrs. J. Melan-on, Plympton Station. Mrs. E. J. Andrews, who has spen he winter with her daughter, Mrs Hugh Armstrong, Lower Granville has returned home.

Surprise parties still seem to be the order of the day. One was enjoyed cently in Bloomfield at the home of tr. and Mrs. Albert Treffry, the occaton, being the sixteenth birthday of neir youngest son, Fred. A very ensembly wear or the grant of the sixteenth birthday of neir youngest son, Fred. A very ensembly wear or the grant of the sixteenth was a contribution. atting was spent by all present.

Mrs. Churchill of Overton, Yarmouth County, and Principal and Mrs. Leffreys of Middleton were recent guests of Mr. and Mrs. Charles Daniels.

Mrs. Neil Coulston and daughter, Ena, of Port Williams are visiting her mother, Mrs. Mary Harris. Mr. Simon Brown of Aylesford is also a guest at the same place.

Minard's Lint. Minard's Liniment for sale everywhere close of two very enjoyable evenings

GOOD DIGESTION Mother Seigel's Syrup corrects and stimulates the digestive organs, and banishes the many ailments which arise from indigestion. MOTHER FOR FOR 40YEARS

REMEDY



March 12. Mr. E. V. Hutchinson left for a fev ays' trip up the Valley on Monday. Mr. B. R. Clements returned hom n Wednesday from his trip to Bos

Mrs. L. E. Sherman spent Frida ith her sister, Mrs. Snell, in Bear

Mr. R. E. Feltus of Lawrenetown vas in the village on Saturday calling on friends. Mr. and Mrs. Clarence Adams spen

Mr. J. R. Ditmars is busy the lavs with his gasoline engine, sawing up the people's wood-piles. Mr. and Mrs. A. A. Shortliffe and Miss Bessie Hooper motored from Digby on Sunday last and spent the day with Mrs. Shortliffe's mother, Mrs. William Ruggles.

Minard's Liniment cures Burns, etc.

The blending

is exceptional

GILLETT'S LYE EATS DIRT



ST. CROIX COVE

March 12.

Morganville

March 10.

Mr. Feltus visited Morganville this week on business.

Mr. George Morgan has returned home from Five Mile River.

Miss Winnifred Harris held a surprise party for the young folks on Saturday evening.

Preaching service in the Morganville Bantist Church on Sunday, March 18th, at 3 p.m.

Miss Ruby Annis and her friends to its the Morgan of the

CIGARETTES

Style-Comfort

Power-Economy

BEELER & PETERS

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THOSE WHO, FROM TIME TO TIME, HAVE

FUNDS REQUIRING INVESTMENT

MAY PURCHAGE AT PAR

DOMINION OF CANADA DEBENTURE STOCK

IN SUMS. OF \$500, OR ANY MULTIPLE THEREOF

Interest payable half-yearly, 1st April and 1st October by cheque (free of exchange at any chartered Bank in Canada) at the rate of five per cent per annum from the date of purchase.

Holders of this stock will have the privilege of surrendering at par and accrued interest, as the equivalent of cash, in pay-ment of any allotment made under any future war loan issue in Canada other than an issue of Treasury Bills or other like short

A commission of one-quarter of one per cent will be allowed to recognized bond and stock brokers on allotments made in respect of applications for this stock which bear their stamp.

For application forms apply to the Deputy Minister of ance, Ottawa.

Proceeds of this stock are for war purposes only

Principal repayable 1st October, 1919.

DEPARTMENT OF FINANCE, OTTAWA

in the rear.

This new Overland Country Club

Light Four is a distinctive and smart

The rich gray body, with black fenders

and trimmings, is set off to pleasing

advantage by red wire wheels that give

The two comfortable front seats move

Local Agents

just the right flash of brilliant color.

car in the low priced car class.

NATIONAL SERVICE LITERATURE

One of the most valuable of recent literary contributions to the great cause is a booklet by Profesor Ste phen Leacock, entitled "National Or ganization for War." In this booklet Dr. Leacock makes an urgent call for national thrift and national saving He attacks in vigorous style the evils of extravagance at this crisis in Canada's history, and by trenchant phrase and apt illustration disposes of various common errors in regard to in dividual spending of money durns

This pamphlet was originally pub ished by Dr. Leacock himself, but the National Service Board was so con vinced of its value in connection with their Thrift Campaign that they have had it republished and have under taken its distribution. Copies may be obtained by writing to the Secre tary of the National Service Board at

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forward or back, independently, and a

cpacious aisle between gives free pas-

cage to a roomy seat for two passengers

For riding comfort, the Overland

An unusual demand for this model

makes it necessary to place orders at

Country Club is a revelation.

once to secure spring delivery.

BRIDGETOWN, N. S.



THE FARM

PROFITABLE BEEF PRODUCTION To Parme Note)

pan, N. S., a number of tests have been carried on in feeding and finishing steers for the market. During the last three years tests have been carried on in feeding good butchers, heavy fed, versus good butchers, light heavy fed, versus-good butchers, light fed; good stockers, heavy fed, versus good stockers light fed; good butchers, and stockers light fed; good butchers, good stockers, light fed; good butchers light fed, versus good stockers, light fed; good butchers and good stockers, light fed; and good butchers and good stockers, heavy fed, receiving two pounds molasses in addition to their regular meal ration, versus good but chers and good stockers, heavy fed, no molasses; and good butchers and good stockers, light fed, receiving two pounds molasses in addition t their regular meal ration, versus good AGENT FOR CALEDONIAN INoutchers and good stockers, light fed, o molasses.

The results of the first tests, that is good butchers, heavy fed, versus good butchers, light fed, are as foliows Eight steers were selected in such good condition that they could be classed as good butchers. These were dehorned and fed a preparatory ration to get them accustomed to their feed and surroundings, then divided into two lots of four each. The fou heavy feed received 50 per cent. mor roots and meal than did the light fed Number of days fed, 93; total rive weight at beginning for Lot 1, heavy fed, 4478 pounds, at finish 5355, an increase of 877 pounds. For Lot. 2 light fed, 4418 pounds at beginning at finish 5135, an increase of 717 pounds. The original purchase price was 6 1-4 cents per pound, live Office in Royal Bank Building weight. The selling price was 8.1 cents per pound, live weight. The ss profit for Lot 1 was \$153.88; for Lot 2, \$139.81. The total cost of feed Veterinary Surgeon and Dentist for period was, for Lot 1 \$99.16, for Lot 2 \$75.29, leaving a net profit in the first instance of \$54.72, or a profit per steer of \$13.68. In the secon \$64.52, or a profit per steer of \$16.13. The average profit per steer for three Sept. 30, 1914-t.f. years, over and above the actual cos of feed at market prices, was for Lot 1 \$18.38, for Lot 2 \$22.39. The dost to produce one pound gain was 10.33 cents for Lot 1, and 8.64 cents per pound for Lot 2. The ration fed to Graduate of the University Maryland Lot 1 at the beginning was 60 pounds roots, 6 pounds meal, and 1 pound molasses; at the finish 45 pound roots, 16.5 nounds meal and 2 pounds molasses. Lot 2 received at the beginning 40 pounds roots, 4 pounds meal and 1 pound molasses; at the finish 30 pounds roots, 11 pounds meal and 2 pounds molasses

From the above results it will be noted that a profitable limit can be reached in the amount of feed fed to good butchers and that in all our feed ing work we should be guided accordingly. That is to say, feed liberally and well, but not to excess, and goo profits can be made by producing the right kind of beef.

TIRED OF GIVING?

Tired of giving to the Patriotic Fund, are you? Well, Tommy is probably tired o fighting in the trenches, but he isn' dropping his rifle and striking the trail for home!

The fact is, we Stay-at-Homes hav to see this thing out, like it or not tired or not. We stand pledged t support the wives and children of th men who have thrown up their civil employment, and are now fighting or battles.

Don't let us ever lose sight of that fundamental fact. It is for us and u alone, that these men are risking their lives. This war is our war-ours to lose or win. These men are placing their lives in jeopardy every day in order that we may win. They will carry the fight to a victorious finish only if we give them courage by taking care of their families, and by sending them all necessary reinforc ments up to the limit of our ability. We who stay at home are escapin all too freely if all we have to do is to give of our surplus money. How trifling are such gifts compared with the gifts of precious lives these me so freely offer.

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