

SANITARIUM CONTRIBUTIONS

The Treasurer of the Muskoka Hospital for Consumptives desires gratefully to acknowledge the following contributions received in Watford by the Field Secretary of the National Sanitarium Association:

A. G. Brown.....\$5.00
Rev. E. H. Sawers.....5.00
J. W. McLaren.....5.00
Murray Cameron.....5.00

Dr. C. W. Sawers.....5.00
Ray Morningstar.....5.00
Stapleford & Son.....5.00
McCormick & Paul.....5.00
J. B. Cowan.....5.00
E. D. Swift.....5.00
Geo. W. G. Siddall.....5.00
Geo. Hicks, D.D.S.....5.00
John McKercher.....5.00
Harper Bros.....5.00
Dr. Jas. Newell.....5.00
A. Hay.....5.00

Miss H. McCaw.....2.00
E. J. Spinks.....1.00
Miss B. Mitchell.....1.00
F. A. Maclean.....1.00
H. W. Nixon.....1.00
R. R. Gilbert.....1.00
T. S. Trenouth.....1.00
W. D. Cameron.....1.00
Geo. Shirley.....1.00
Rev. H. V. Workman.....1.50
Mrs. J. H. Hosford.....1.00
W. E. Fitzgerald.....1.00
W. G. Willoughby.....1.00
Thos. Roche.....1.00
Pub. School coll. per J. Mahon.....9.00
A. Friend.....1.00
Wm. Williamson......50
Joshua Saunders......50
Miss Minielly......50
A. Friend......25
A. Friend......25
W. McLeay.....1.00
Tiny Rogers.....1.00
J. Mathews.....1.00

\$90.50
George A. Reid, Sec.-Treas.

BOARD OF EDUCATION

Minutes of a regular meeting of the Watford Board of Education held in the Library Board room on Monday, 28th of May, 1923, at 8 p.m.

Present—J. W. McLaren, chairman; John McKercher, W. E. Fitzgerald, Dr. Howden, Dr. McGillivuddy, Dr. Newell, C. W. Vail and Geo. Stephenson, also Principals Cameron and Mahon.

The minutes of the last meeting were read.
Howden—McKercher, and carried, that the minutes be accepted as read.
The Principal of Public School's report for April was read.

Fitzgerald—Stephenson, and carried, that the principal's report be received and filed.
McKercher—Howden, and carried, that the following accounts be accepted and paid.

HIGH SCHOOL
Roy E. Frank, repairs.....\$.50
J. McKercher, supplies.....1.17
D. Gillies, work on fence.....3.25
Wm. Field, work on fence.....2.75
J. W. McLaren, supplies.....33.15
Wm. Williamson, coal and lumber.....444.49

PUBLIC SCHOOL
P. Dodds & Son, supplies.....\$ 5.40
Wm. Williamson, coal.....432.30
A communication from Miss Blanche Mitchell was read making application for leave of absence for the coming year 1923-1924.

Howden—McLaren, and carried, that we grant Miss Mitchell a leave of absence for one year.
A communication was received from H. J. Case making claim for \$7.00 amount made good by him to the government for a rifle claimed short in the cadet supplies.

Fitzgerald—McKercher, and carried that Mr. Case be paid \$7.00 as per his communication.
Principal Cameron addressed the Board on some matters pertaining to the High School which were referred to the repair and supply committee.

Fitzgerald—Vail, and carried, that we adjourn.
D. WATT, Secretary.

Glenn McGill, of Harrow, was driven out of his cornfield by the big snowstorm on May 9th, but before leaving managed to plant a good part of the field. Today that field presents a very pretty stand of corn, demonstrating that seed time and harvest will not fail if we do our part.

Read the Want Ads on Page Four.

GENTLE REMINDERS

To keep straight apply the Golden Rule.
Pray, yes. But when you get off your knees, don't sit down. Hustle.
If you are looking for luck, search for it in the second letter—U.

BABY'S OWN TABLETS OF GREAT VALUE

Mrs. Hermadis Chagnon, Ste. Theodosie, Que., writes:—"Baby's Own Tablets have been of great value to me in keeping my little one well and I would not be without them." Thousands of other mothers say the same thing. They have learned by actual experience the value of the Tablets in regulating the bowels and stomach, banishing constipation and indigestion; breaking up colds and simple fevers; and keeping the baby free from the many simple ailments of childhood. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

WATFORD COURT OF REVISION

Watford, May 31, 1923
Council met as a Court of Revision on Assessment Roll, at council chamber at 11 o'clock a.m. Present Messrs. Connolly, McCormick and Fuller. All subscribed to the oath before the Clerk.

Fuller—McCormick, that the names of George Harper and Annie Harper be removed as owners of lots 134 and 135 Victoria street and that the name of Major Jas. H. Franklin entered as owner and that assessment of the property be otherwise confirmed.—Carried.

McCormick—Fuller, that the names of Thos. Logan and Rebecca Logan be removed as owners of lot No. 77 Front street and that the name of Basil Richardson be entered as owner and that assessment be otherwise confirmed.—Carried.

Fuller—McCormick, that the assessment of Robert Auld on building on lot 26, Main street be reduced \$200 and that assessment be otherwise confirmed.—Carried.

McCormick—Fuller, that assessment of Lovell estate on building on lots 2 and 3 on Main street be reduced \$100 and that assessment be otherwise confirmed.—Carried.

Fuller—McCormick, that the assessment of Russell Moore for dog be removed from the assessment roll.—Carried.
McCormick—Fuller, that Court of Revision be now closed.—Carried.
W. S. Fuller, Clerk.

HOW DELICATE GIRLS ARE MADE STRONG

Rich, Red Blood Needed to Keep Up Their Vitality.

It should be constantly borne in mind that pale, bloodless girls need plenty of nourishment, plenty of sleep and regular out-of-doors exercise. But a lack of appetite and tired aching limbs tend to hinder progress. To save the weak, thin-blooded sufferer, she must have new, rich red blood and nothing meets a case of this kind so well as Dr. Williams' Pink Pills. These pills not only enrich and increase the blood supply, they help the appetite and aid digestion, relieve the weary back and limbs thus bringing new health and strength and transforming anemic girls and women into cheerful, happy people. Among the thousands of girls who have obtained new health through the use of Dr. Williams' Pink Pills is Miss Lydia G. Garneau, Freeman, Ont., who says:—"About two years ago I was in a very nervous and run down condition. I could not eat, did not sleep well and was subject to fainting spells which made it very embarrassing to go in company as I never knew when a fainting spell might come on. After several fruitless treatments I was advised to try Dr. Williams' Pink Pills, and by the time two boxes were used I felt an improvement. I kept on taking them, and am now thankful to say that I owe my present health and happiness to this medicine which I cheerfully recommend to other run down girls."

If you are weak or ailing, avail yourself at once of the home treatment so easily afforded, and you will be among those who rejoice in regained health. These pills are sold by all dealers in medicine, or may be had by mail at 50c a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

When the Legislature dissolved last week, the standing was: Conservatives 25; Liberals 25; Farmers 43; Labor 11; Independent 5; and vacant one.



PROOF that the Ford is recognized as a farm necessity, is shown by the fact that when the Committee on Agricultural Conditions investigated the prices of things entering into farm production, they investigated the price of Ford Cars to the exclusion of every other make of car.

R. Morningstar "Wat-Ford Garage"

FORD MOTOR COMPANY OF CANADA, LIMITED, FORD, ONTARIO

VERNICOL

Makes Things Do Instead of Buying Things New



Vernicol Varnish Stain makes things do, by doing them over. By "things" we mean any of your furniture, whether it's old, or some of your newer pieces that are marred a bit. It is equally good for floors. Wait till you put it on your furniture or your floor and see if you don't agree with us. You may buy it in cans, quarter-pints to gallons.

W. L. McCRAE
WATFORD, ONTARIO

Lowe Brothers
Paints - Varnishes

Alone From Uscilug to Milwaukee Via Canada



Eleven-year-old Polish Boy

Makes Long Voyage Alone.

TRAVELLING does not tire or trouble this little fellow. Though he does not speak any English other than two or three words which he picked up en-route, he travelled alone from his home at Uscilug on the Russia-Austrian boundary to Milwaukee, burdened only with a small valise and a sheaf of tickets and immigration documents. Keith Herz is his name. Orphaned by his mother's death three years ago, he was going to his father in Milwaukee, who had made arrangements for his transportation.

When Keith arrived at Warsaw he was conducted by an agent of the Canadian Railway to Antwerp.

There he was given a ticket almost as long as himself which would carry him through to his destination. Crossing to England he sailed on the "Metagama," being, from the time he left Warsaw, under the care of the Canadian Pacific. The direct mileage from Milwaukee to Uscilug is not by any means the full mileage of his travels. The ship's officers estimate that he ran at least twenty miles a day over the vessel, and the port officials had an anxious time when he made surreptitious peregrinations in search of someone who spoke his own tongue. He was glad, of course, to meet his father, but what an adventure it is to travel far and alone!

"Eastlake"
Galvanized Copper-bearing
"Metallic" Shingles
Fire, Lightning, Rust and Storm
Proof - Metallic Roofs shed clean
Rain Water
Send Postal Card for Folder "B"
The Metallic Roofing Co.
Limited
1194 King St. W., Toronto

2 IN 1
BROWN
Shoe Polish
For Value

SEND IN THE NEWS OF YOUR SECTION

The Guide-Advocate desires to publish all the interesting county news we can secure. If you would assist us in keeping your section of the County before the front, phone 11w, Watford, or drop a post card for stamped envelopes and stationery.

The Man's Match
A sturdy match, big enough to handle with your mitts on. Strong enough to strike on rough surfaces. Made to withstand more moisture.
A safe match, free from poison and free from glow when blown out.
Their added length gives longer light in the dark.

MAPLE LEAF MATCHES
Different and better
The Canadian Match Co. Limited

The Sales Manager's Mid-week Chat
by Long Distance

The enthusiasm generated on Saturdays seems to die down around mid-week.

Sales Manager Johnson knows his men. He is their inspiration and they are all for "the Chief."

The Saturday morning sales conference is a real "get together" meeting; and when the Chief speaks, his voice is the force that makes them want to do better. He talks as one who knows. When their enthusiasm dies down around mid-week Johnson knows the need for revival. His three minute chat with each of the boys on the road works wonders. Perhaps he got the idea from the Church's mid-week meetings.

Long Distance makes it possible, and Station-to-Station rates make it inexpensive.



Every Bell Telephone is a Long Distance Station