

## HEAT FLASHES, DIZZY, NERVOUS

Mrs. Wynn Tells How Lydia E. Pinkham's Vegetable Compound Helped Her During Change of Life.

Richmond, Va. — "After taking seven bottles of Lydia E. Pinkham's Vegetable Compound I feel like a new woman. I always had a headache during the change of life and was also troubled with other bad feelings common at that time—dizzy spells, nervous feelings and heat flashes. Now I am in better health than I ever was and recommend your remedies to all my friends."—Mrs. LENA WYNN, 2512 E. O Street, Richmond, Va.

While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Such warning symptoms are a sense of suffocation, hot flashes, headaches, backaches, dizziness, and a general feeling of uneasiness. These symptoms are the result of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness.

For these abnormal conditions do not fail to take Lydia E. Pinkham's Vegetable Compound.

## 10 CENT "CASCAETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Biliousness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascaets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases, take the excess bile from the liver and carry off the constipated waste matter and poisons from the intestines and bowels. A 10-cent box from your drug list will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.

## VICTORY LOAN ON GASPE COAST

Messrs. W. W. Marshall and F. Saint-Pierre, joint chairmen for Canada's Victory Loan for Division No. 10 of the Province of Quebec have been in town and state that they are greatly pleased with the subscriptions received in their Division especially in the Counties of Bonaventure and Gaspé. As is only natural, a good many residents of Bonaventure have put in their applications with Campbellton banks and even with members of the Campbellton committee. Credit for such subscriptions will be given to Bonaventure which is not more than equitable and fair, but the chairmen wish to impress on residents of Bonaventure the importance of making their share and fair, but the chairmen wish to impress on residents of Bonaventure the importance of making their subscriptions through their own solicitors, and thus prevent confusion.

Edmond Levesque, New Carlisle is secretary for Bonaventure. Send to him for information.

It is most important that we put our shoulders to the wheel and make a record for our country which will put them in the forefront. It has been done in other patriotic work and it will be done in the Victory Loan. There are only eight days left.

GO TO IT, EVERYBODY.

Buy Victory Bonds and Help Win the War.

## N. B. FARMERS CALLED ON

Larger Crops Must Be Raised  
Next Year to Help Allies  
More Wheat is Demanded

Men, munitions and money, we are told are the three main factors that will ultimately decide whether Great Britain and her allies come out of the present gigantic struggle in which they are engaged with victory perched on their banners or crestfallen with defeat. In other words the nation that can best uniformly maintain these three factors the longest is bound to be the nation that will triumph in the end.

When the worst comes to the worst a nation may say to a man, "Go fight," and he must go. The nation may also say, "Give," and men must give. Many lines of munitions can be speeded up at short notice and an adequate supply may be thus maintained.

But what of "food," the main and most essential of all munitions. To increase the food supply, preparation must be made many months before the harvested product is needed for consumption. The land must be ploughed, cultivated, fertilized and seeded. Then comes first the blade and after many days the full corn in the ear, and the proverbial bread cast upon the waters returns a manifold yield.

In the line of food supplies, grains, fats and sugar are the essential and most urgently needed for the sustenance of our armies in training and in the field as well as the masses of munition workers and others who are not producers of food.

Of the three food supplies mentioned in the foregoing paragraph the farmers of New Brunswick can lend a hand in conserving and production of grains and fats, and of these two, grain is the most urgently needed, and it is in turn the one that requires the longest time to prepare increase. The first grain commodity for consideration must be wheat, the predominant bread grain. From a European broadsheet point of view the other cereals are substitutes to be used in mixing with wheat, and a certain amount of wheat is essential. Herbert Hoover, the United States Food Administrator, has compiled statistics which show the wheat situation in France, Italy, the United Kingdom and Belgium to be as follows:

	Bushels.
Total yearly pre-war importations	568,584,000
Total average production	590,685,000
Total estimated production for 1917	383,770,000
1917 deficiency	196,905,000
Total imports required to maintain normal consumption	577,709,000
The total export surplus of wheat from the 1917 sowing in Canada and the United States is only 230,000,000 bushels.	
In order that England and her allies may be adequately supplied with wheat they must necessarily import and shipping must be available to transport it. The world's shipping is however already too short to afford sufficient tonnage to traverse the longer routes to India, Australia and Argentina, which routes require three	

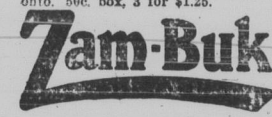
## 15 TIMES THE MONEY

was spent on doctors' bills, without any benefit, as was spent in Zam-Buk, which effected a complete cure!" says Mrs. Fred Gervais of 125 Bligny St., Montreal.

"A rash broke out on my baby's skin, and she became very fretful and lost weight. I took her to a doctor, who gave me some lotion to apply, but it did not do baby any good. At last I took her to another doctor, but with the same result. Then a friend, who saw the condition baby was in, brought me some Zam-Buk, which she so highly recommended that I commenced using it. In one week's time baby looked much better, and before a month had elapsed she was quite well again."

"Baby is now the picture of health, and I think it wonderful that 12 worth of Zam-Buk brought about this cure when \$30 spent in doctors' treatments did no good whatever! I certainly advise other mothers not to experiment with useless remedies, but to save their little ones unnecessary suffering and themselves needless anxiety and expense by using Zam-Buk in the first place."

Zam-Buk is also best for eczema, ringworm, scalp sores, boils, ulcers, abscesses, bad legs, blood-poisoning, piles, cuts, burns and scalds. All dealers or Zam-Buk Co., Toronto. See box 3 for \$1.25.



times the time of the one to North America and thus three times as many ships to transport the same quantity. Furthermore, the American route is the best protected.

While our shipbuilding may in time overcome the destruction in the meantime ships must be diverted from the longer to shorter routes to fill the gaps made by submarines.

The Mother Country and her allies, therefore, look to Canada and the United States for the major portion of their wheat supply, but Canada and the United States supplies, upon a normal export basis, approximately 359,000,000 bushels short of the Allied needs. This shortage may, however, be lessened by economy on the part of our citizens through the use of wheat substitutes and an honest effort on the part of the farmers to increase wheat production.

Mr. Hanna said at a recent conference with the Ontario Department of Agriculture in Toronto, "I want to tell you gentlemen to-day, that food is being sent across the Atlantic regardless of the fact that in eight months from now the people of the United States and Canada, should the war go on—and there is nothing to indicate that it will not—the people of the United States and Canada will be on rations, whether they like it or not, and no one will object if rations will save the situation. The suffering that is to-day indicated by the conditions across the sea."

This is a true state of affairs. What will our New Brunswick farmers do to relieve the situation? concerted action is immediately needed.

New Brunswick is a flour-importing province despite the fact that wheat can be grown successfully in every one of her counties. Many of our farmers have found it more profitable to grow other crops and purchase their flour requirements. The time has now come when the question of profit must take a secondary position to that of necessity. We have no assurance that in order to supply more urgent needs an embargo may not be placed on the shipping of wheat or flour to provinces that can to a certain extent "bread themselves" if they do not put forth an honest effort regardless of cost.

The word "cost" must never figure in the prosecution of the present crisis to a successful outcome for England and her allies. It has already cost many of our homes the blood of their manhood. Shall the farmers of the province not rally to the call by producing more wheat and thus help to diminish the quantity we must purchase from the great wheat fields of the west. Every bushel of wheat that the West can thus save export across the Atlantic will be an extra bomb thrown into the camps of our enemies. The 1917 season was not favorable to the best results in wheat growing for

## RESOLUTIONS PASSED AT CONVENTION

Maritime Branch of Canadian Manufacturers Favor Maritime Union.

At a largely attended convention of the Maritime Branch of the Canadian Manufacturers Association held at Sydney, N. S. a number of very important resolutions dealing with Maritime province matters were passed.

The resolutions were of considerable length and we are sorry we have not space for the full text of each, but reproduce two which touch us in New Brunswick more closely. The first of these deals with Maritime Union and the others is in reference to development of Water powers.

WHEREAS this Association views with interest the growing agitation for a Union of the Government of the three Maritime Provinces and

WHEREAS it would materially increase the prestige and influence of these Provinces in Federal Affairs, THEREFORE BE IT RESOLVED, that the Executive be instructed to approach the Provincial Government with a view to arranging a Conference of delegates from their Governments to discuss the feasibility of such a Union.

WHEREAS it is to the economic interest of a country to develop and utilize its water powers to the fullest extent, and considering what has and is being done in other Provinces in Canada in this respect,

THEREFORE BE IT RESOLVED that the Legislature Assembly of New Brunswick be requested to appoint a Commission to survey and to assist in any way toward the development of the water powers in that Province.

FURTHER RESOLVED that a copy of this resolution be sent to the Premier of New Brunswick for his early consideration.

A resolution favoring Vocational Training and another approving of Sir Robt. Borden's formation of a Union Government were passed.

have already expressed their willingness to give this matter all the publicity they can.

A blank form will be placed in the hands of every farmer, who will be expected to fill it in and return it to the secretary of school trustees, school teachers or councillors for his district. This blank form will contain questions to the home supply of seed wheat and the quantity that must be purchased to supply the demand.

Premier Foster attended the meeting and took an active part in the discussions. The following resolution was carried unanimously:

Whereas, the supporting of the soldiers fighting in the trenches is paramount;

And whereas, the necessary support must be forwarded to the wives and families of the soldiers drafted in the allied nations.

And whereas, wheat and fats must be supplied by Canada, and in view of the act that a great shortage of wheat is likely to ensue;

Therefore, be it resolved, that we, the representatives of the Municipal Councils do hereby pledge ourselves to urge our respective Municipal Councils to take immediate action in ascertaining the average and the amount of seed wheat needed for such acreage to be sown during the spring of 1918.

And further resolved, that we will recommend to our respective Municipal Councils the favorable consideration of financing the purchase and distribution of said seed grain.

And further resolved, that we will, within fifteen days from date, ascertain and furnish the Provincial Department of Agriculture an estimated quantity of seed required for said acreage in the respective parishes:

Moved by P. P. Melanson; seconded by J. W. Smith. Carried.

The legislature at the last session, anticipating such need, placed upon the statute books an act whereby municipalities were authorized to

the Province of New Brunswick and consequently many farmers who gave wheat growing a trial did not realize the results they anticipated. Our failure does not by any means spell defeat, and it is an incumbent duty on every farmer in the province to grow as big an average of wheat as he possibly can in 1918. The farmers can only do a part and if they do that part well Providence will do the rest. Farmers who wish to win the war will do their utmost along the lines suggested and consequently there will be a demand for large quantities of seed wheat for use next spring.

Anticipating this demand Hon. J. F. Tweeddale, New Brunswick's Minister of Agriculture, called a meeting of the municipal county councillors of the province in the Government Building, Fredericton, on November 20th, to place the matter fairly before them and invite their assistance by using their efficient organization in ascertaining the quantities of home grown wheat seed that is available, the quantities that must be imported to supply the demand and in the distribution of the supply in such a way that every honest effort put forth by our farmers will be helped.

There is no organization in the province that so thoroughly covers every district as does the Municipal Council.

The response to the call was very encouraging. Councillors representing many districts of the province received an insight into the seriousness of the situation. Many of them did not realize before coming to the meeting that the demand was so urgent, and openly expressed themselves as being heartily in accord with the steps the Department of Agriculture has taken, not from the political standpoint but purely and simply as a pressing need that must be attended to without delay.

Mr. Carter, Chief Superintendent for Education for the province, was present and offered the Department of Agriculture and the Municipal Councils every possible assistance through the agency of the various branches, pupils and officers of the schools in the province, a proposition which was readily accepted. The plan of campaign will necessarily require publicity in order to bring the seriousness to give the matter all the public attention of every farmer. The press will be asked to co-operate in this work. Councillors explaining the situation will be asked in every home and the clergy at all church convocations

## THE CANDIDATES IN NEW BRUNSWICK.

- St. John-Albert.  
S. E. Elkin, Union Liberal.  
R. W. Wignmore, Union Conservative.  
A. F. Emery, Liberal.  
W. P. Broderick, Liberal.  
Kings-Queens.  
H. H. McLean, Union; F. E. Sharp, Liberal.  
Westmorland.  
O. B. Price, Conservative; A. C. Chapman, Union; A. B. Copp, Liberal.  
Kent.  
J. F. Robideaux, Union; A. T. Legere, Liberal.  
Northumberland.  
W. S. Loggie, Union; John Morrissey, Liberal.  
Restigouche-Madawaska.  
D. A. Stewart, Union; Pius Michaud, Liberal.  
Gloucester.  
J. Edward Degraze, Union; O. Turgeon, Liberal.  
Carleton-Victoria.  
Hon. F. B. Carvell, Union; James E. Porter, Liberal.  
York-Sunbury.  
H. F. McLeod, Union; N. W. Brown, Liberal.  
Charlotte.  
T. A. Hart, Union; W. F. Todd, Liberal.



WALK IN OUR  
GOOD-LOOKING, GOOD-FEELING  
LONG-WEARING SHOES

AND THEN LIFE'S WALK WILL BE EASY. YOU WILL KNOW WHAT REAL FOOT COMFORT IS WHEN YOU LET US SELL YOU YOUR SHOES.

WE TAKE CARE TO FIT YOU RIGHT. WHEN WE SELL YOU SHOES. WE ARE BUILDING OUR BUSINESS BY HAVING OUR CUSTOMERS TELL THEIR FRIENDS HOW WELL PLEASED THEY ARE WITH THE SHOES THEY BUY FROM US.

WE KEEP UP THE QUALITY. WE KEEP DOWN THE PRICE.

## ANDREW'S CLOTHING STORE.

## THE LOUNSBURY CO.

Is Headquarters for  
FURNITURE,  
PIANOS,  
ORGANS,  
CARRIAGES,  
SLEIGHS,  
FARM MACHINERY  
AUTOMOBILES, Etc.

Our Prices are the Finest in the Country.  
A Call is Solicited.

## THE LOUNSBURY CO.

(LIMITED)  
E. A. LAGALLAIS, Manager.  
Campbellton, N. B.

## SUBSCRIBE FOR THE GRAPHIC

A good, heavy Overcoat  
is a winter essential.

Ours are both practical  
and handsome.

ART CLOTHES  
OUR BUYER'S CHOICE

B. A. MOWAT,  
Local Dealer  
Campbellton, N. B.

No Advance  
in 3 Years

With war-time prices so terribly high for nearly every article of food, it must be a particular satisfaction to those who love good coffee to know that there has been no advance in the price of Red Rose Coffee for three years—and the great increase in the sale of Red Rose Coffee this year shows that the price is appreciated.

People everywhere seem to be using much more coffee than they did before.

Red Rose Tea is economical on account of its superior quality—but Red Rose Coffee is economical both on account of its quality and price, a combination hard to maintain in war-time.

Red Rose Coffee

GIRLS! WHITEN YOUR SKIN  
WITH LEMON JUICE

Make a beauty lotion for a few cents to remove tan, freckles, callousness.

Your grocer has the lemons and any drug store or toilet counter will supply you with three ounces of crushed white for a few cents. Squeeze the juice of two fresh lemons into a bottle, then put in the crushed white and shake well. This makes a quarter pint of the very best lemon skin whitener and complexion beautifier known. Massage this fine cream every night into the face, neck, arms and hands and you will see the effect. It will remove all roughness, freckles and sunburn. It will also remove all dirt and clear the skin. It is the best skin lotion and the best skin cream.

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