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IN THE REALMS OF SPORT




COMMERCIAL BOWLING LEAGUE—LAST NIGHT'S RESULTS.

F. McNamara vs. A. Harvey & Co.

F. McNamara	1	2	3	Ttl.
F. Dalton	111	121	127	359
M. Murphy	103	134	131	368
N. J. Wadden	107	84	137	328
G. B. Galway	73	124	84	281
	394	473	469	1336

A. Harvey

A. Harvey	1	2	3	Ttl.
J. T. Walsh	123	93	138	371
W. Arns	123	117	102	342
R. Smith	102	110	112	324
A. J. Mockler	121	151	131	443
	486	511	483	1480

G. Browning's vs. Parker & Monroe.

G. Browning's	1	2	3	Ttl.
M. Miller	130	108	117	355
H. Fraser	79	105	109	293
D. Fidler	96	89	75	260
N. Ellis	111	94	84	289
	416	387	385	1188

Parker & Monroe

C. Piercey	96	110	105	311
W. Taylor	114	88	95	297
W. Bennett	86	99	138	323
N. Whelan	150	143	110	403
	446	440	443	1329

NEWFOUNDLAND RUNNER WINS KING'S ANNUAL 6-MILE RUN.

Roy Phillips, of St. John's, captured the Collegiate Classic in Slow Time.

After opening in seventh place from two-thirds of the course, Roy Phillips, of St. John's, Nfld., running for the sophomores, forged ahead and romped home winner of the King's College Amateur Athletic Association's annual 6-mile road race, held recently. The young runner from the Oldest Colony ran a heady race throughout and his triumph was well merited. It was his first race and he kept trailing Ernie Deathe, star runner of class '26, who was expected by many to lead the field, during the course, passing him with a burst of speed in the last 150 yards and crossing the line a winner by 8 seconds. The time was very slow, Phillips doing the six miles in 39 minutes and 40 seconds, but the day was not conducive to good running. The weather was bitter-cold and a strong northeast wind prevented the runner from making good time.

"Jeff" Andrew, of North Sydney, took the lead from the start and kept it until about half a mile from the finish when he was passed by Phillips, Deathe and Dysart. The North Sydney youth ran a very courageous race and only wonderful gameness enabled him to hold his lead as long as he did.

Are Medal Winners.

Phillips and Deathe won medals by their showing in the contest, the former gaining possession of the perpetual challenge cup for the year 1925-26. The Freshmen by getting three of their men across the tape first are the winners of the K. C. A. A. team cup and Dysart, Andrew and Keizer will have their names engraved on the trophy.

Twelve contestants toed the line when Starter White got the field away. At the shot of the pistol Andrew took first place and gradually widened the gap between himself and his opponents. At the half-way mark "Jeff" was still in first place, having increased his lead to well over 250 yards. The rest of the field were in the following order: Keble, Keizer, Waddington, Dysart, Foster, Neilson and Mulock. White had dropped out just before the three-mile limit.

At Oxford Street, Andrew was about 40 yards ahead but was weakening rapidly. Deathe, Phillips and Dysart were all bunched together and running easily. Deathe fell near Chebucto Road, slightly bruising his leg. The fall knocked the wind out of him and delayed him somewhat.

Deathe was leading on Coburg Rd. Phillips passed him at the railway bridge, about 150 yards from the tape, with a burst of speed, winning by 8 seconds. Phillips finished in excellent condition.

Summary.

- 1—Roy Phillips, St. John's, Nfld., Class '26. Time 39 min. 40 sec.
- 2—Ernie Deathe, Guysboro, Class '26. Time 39 min. 48 sec.
- 3—Harry Dysart, Sussex, N.B., Class '29. Time 40 min. 5 sec.
- 4—G. C. Andrew, North Sydney, Class '29. Time 40 min. 10 sec.

5—Cedric Yeo, Port Hill, P.E.I., Class '28. Time 40 min. 26 sec.
6—Percy Keizer, Necum, Tech., Class '29. Time 40 min. 32 sec.
7—Francis J. Keble, Lechfield, England, Class '27. Time 40 min. 48 sec.
8—Norval R. Waddington, Toronto, Ont., Class '26. Time 41 min. 19 sec.
9—George Neilson, Cut Knife, Sask., Class '27. Time 42 min. 20 sec.
10—Harry E. Foster, Charlottetown, P.E.I., Class '28. Time 44 min. 31 sec.
11—P. M. Mulock, Upper LaHave, Class '28. Time 46 min. 19 sec.

ST. PAT'S DEFEAT VICTORIA COUGARS IN EXHIBITION GAME.

Irishmen Victorious By 4-3 Score Over Lester Patrick's Team.

TORONTO, Ont., Nov. 23.—St. Patrick's, of Toronto, took the world's champion Victoria Cougars into camp in the first of a two-game exhibition series to-night by a score of four to three. The game was fast, especially in the last period, when the Cougars threw everything they had into a whirlwind finish only to find that the Irish were as strong, or stronger than they. The game was clean, St. Pat's having three minor penalties and the Cougars two.

PARKDALE SENIORS STRONGER THIS YEAR.

Harry Watson Out At The First Practice But May Not Play Regularly.

Harry Watson, the Granite and Olympic hockey star, led Parkdale Senior O.H.A. squad, out on to the ice at the initial practice of the club for the 1925-26 season at the Arena last night. Watson declares that he has no intention of playing this season, but by the look of things will be helping the paddler's along if they find they need him at any time during the season. Parkdale are going to be a hard team to beat this season, and at last night's practice had at least three good teams trying out for places. They even had three goalkeepers. They were Ernie Collett and Jack Cameron of Olympic fame and Russell McAlister, who was in the line-up last season.

Watson, Mose Lount and Stahes, were the only players of last year's team who stepped out on the ice, but others, including Don Jeffrey, are expected at the next workout.

There were a lot of newcomers to Toronto hockey, including Jack Leachman of Guelph and Paul White, who has been hiding at Varsity for four years. Albert Hughes and Wink Poule of the A. R. Clark team looked exceptionally good for so early in the season.

Ken Kane of St. Mary's was another player who made a good showing at the Paddlers' initial practice, as did Shrimp Morris of Anna Lee and Gussert of the O.H.A. junior champions, McIlwaine, Allan Lampert, Bruce Findlay, Freddie Miller and Bruce Bury were some of the other players out. Miller and Bury will be with Parkdale Juniors.—Toronto Daily Star.

JOTTING OF TEAMS IN NATIONAL HOCKEY LEAGUE.

Toronto. (By Canadian Press)—"The fastest game in the world," professional hockey is expected to increase its popularity with American fans during the coming winter, as New York and Pittsburgh, in addition to Boston, have seriously adopted Canada's National winter sport.

Boston, with their middle class team of last year, drew very fair crowds, while Pittsburgh's success in the amateur ranks speaks well for the success of their "Pro" club. Hockey however, is a new venture in New York City itself. Games in the metropolis are to be played in Madison Square Garden, under the management of Tex Rickard.

Canadians form the major portion of all American teams entered in the league. Boston has Carson Cooper, Charlie Stewart, Schnarr, and Odie Clegburn as the Canadian representation.

Pittsburgh has Lionel Conacher, crack Canadian all-round athlete, who will captain the squad; and Sprague Clegburn, formerly of the Canadians. The more useful performers on the Smoky City squad outside of the two mentioned are Worters, Drury, Cotton and McCurry, who are all graduates from the Toronto amateur ranks.

New York has practically the entire Hamilton, Ont., team, which had the championship almost in their grasp last year when a dispute between players and owners forced their withdrawal. Probable starters for the Gotham team include Forbes, Red and Shorty Green, Randall, Burch and Langlois, all Canadians.

Montreal's two teams, the former world's champion Canadiens and the lesser known Maroons, are well supplied with players. Canadiens have Vezina, Mantha, Coult, Morenz, Joliet and Boucher on their roster, practically their complete team of last year, and in addition are well supplied with substitutes.

Morons have a considerably younger team than their fellow-citizens. Their lineup includes: Bonfield, Munro, Noble, Broadbent, Stewart, Siebert, Dinmore and Rothchild.

The Ottawa Senators are expected to field Connell, Ironsides, Boucher, Clancy, Denneny, Smith and Nighbor. They seem to have a nicely balanced, fast team.

St. Patricks of Toronto will have Resch, McCaffery, Corbeau, Adams, "Habe" Dye, "Happy" Day, Bellefeuille, Reid, Gallagher and Holway.



"I HAVE KEPT A HOTEL most all my life. My son, his wife and their eight children live with me. You can imagine the demands on my time, strength and patience by the hotel and children. We prepared and served quantities of rich food. My health became impaired. My stomach was greatly affected. I was in bed a part of the time. I was miserable. But one day Fleischmann's Yeast was recommended. I bought it and ate it. Soon I began to improve. Today I am doing about as much work as I did at forty. I can cook Henry's eggs with one hand, make toast for Virginia Lee with the other, answer questions and smile at the baby, all at the same time."
Mrs. S. Van Sant, Marietta, Okla.



"I AM AN OFFICER in the Merchant Marine. Day and night, in fair weather and in foul, duty comes me to the bridge. Unceasing vigilance calls for sustained alertness of faculties. Pep is the watchword. Two years ago I discovered Fleischmann's Yeast. To its daily use from that time do I ascribe my present condition of physical well-being. I have proved it to be an efficacious intestinal cleanser—wonderfully invigorating. This food keeps fresh for days in the refrigerator. I restock at all ports of call. I enjoy a clear skin, fine appetite, and an orderly stomach,—further benefits directly traceable to the proper use of Fleischmann's Yeast."
Frederick A. Mack, New York City—Fleischmann's

So Simple It's Hard to Believe

Yet this fresh, new food works naturally, surely. Here is the whole secret of its power:

NOT a "cure-all," not a medicine in any sense—Fleischmann's Yeast is simply a remarkable fresh food.

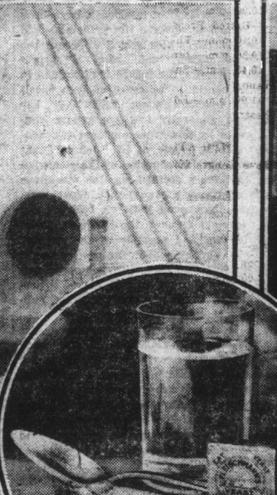
The millions of tiny active yeast plants in every cake invigorate the whole system. They aid digestion—clear the skin—banish the poisons of constipation. Where cathartics give only temporary relief, yeast strengthens the intestinal muscles and makes them healthy and active. And day by day it releases new stores of energy.

Eat two or three cakes regularly every day before meals: on crackers—in fruit juices or milk—or just plain. For constipation especially, dissolve one cake in hot water (not scalding) before breakfast and at bedtime. Buy several cakes at a time—they will keep fresh in a cool dry place for two or three days. All grocers have Fleischmann's Yeast. Start eating it today!

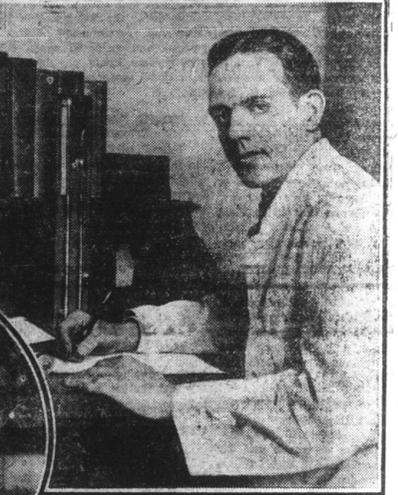
And let us send you a free copy of our latest booklet on Yeast for Health. The Fleischmann Company, 201 Duckworth Street, St. John's, Newfoundland.



"ON APRIL the 30th, 1924, the little town of Ficklin was almost destroyed by a cyclone. For weeks after I was very nervous. This nervousness caused me to suffer from indigestion. Not properly digesting my food brought on chronic constipation and most unsightly pimples. I decided to eat yeast. For several weeks I took one or two cakes each day. I am now free from nervousness, indigestion, constipation, and pimples. I feel that I have been rejuvenated by Fleischmann's Yeast."
Mrs. G. N. Byrum, Ficklin, Ga.



"THIS FAMOUS FOOD tones up the entire system—banishes constipation, skin troubles, stomach disorders. Yeast is prepared for market in Newfoundland."



"DURING MY COURSE OF STUDY in medicine about six years ago, I was troubled with boils. For two long years I tried to get rid of this malady without success. I was willing to try anything, and on the advice of a fellow-student I began eating yeast—three cakes a day. In less than a month, much to my surprise, my skin entirely cleared up. I kept up the yeast for two more months and my gastro-intestinal tract worked perfectly, and from then on I have never had another boil. I strongly recommend Fleischmann's Yeast for suppurative skin diseases."
Anthony N. Modica, M.D., New York City

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Cooper, Schnarr, Conacher, Worters, Drury, McCurry, Munro, McCaffery and Day are all comparative newcomers to professional ranks, having taken the step during the last two years.

The first game of the season was played at Boston when the Pittsburgh Hornets met the Boston Bruins on Nov. 26. Canadians will have a chance to see the new American teams in action on Nov. 25 with Pittsburgh at New York, and on Dec. 2 when New York will meet St. Pat's in Toronto.

Sir George Lloyd in Egypt

Sir Percy Robinson, in the London Spectator: It would be idle to pretend that Feud as a King has not been a disappointment. The immediate needs of Egypt are beyond all question peace and a decent level of local administration, which, as yet, without British help, cannot be depended on; and of all people it would seem that

Child Management

In Boston Dr. D. A. Thom has instituted a "Habit Clinic" for children. We are accustomed to physicians studying the health of children; but to study their habits is something new. Through originally observing sub normal children, Dr. Thom has found out many important things about children, and why they do as they do, or acquire the habits they have.

This information is the most valuable possible "stock in trade" for parents. It is not theoretical, not arrived at from a swivel chair study of psychology, but scientifically by the laboratory method.

As the result of his experiments, Dr. Thom has worked out the following "Don'ts" and "Do's" for parents: Don't be over-solicitous. Don't "baby" your children too much.

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LAW CHAMBERS

Why Does a Head Ache?

This conundrum, which many people have asked themselves, has been answered by Mr. Clement Jeffrey, a spinal specialist, at a lecture given in London.

Mr. Jeffrey made an experiment by demonstrating on a member of the audience the correct manipulative method of curing a headache. Congestion, declared Mr. Jeffrey, was frequently the cause, and by manipulation this could be improved. He emphasized, however, the need for adopting habits of living that would prevent headaches.

Over-eating and working in stuffy rooms are prolific causes of headaches, continued the lecturer, and the surest way to perfect health is to live on food that makes clean blood.

It is folly, added Mr. Jeffrey, to regard an aching head as the offending part and to bludgeon it accordingly with the drug-life. A headache is Nature's alarm bell. It warns us that somewhere in the system there is a disturbance, either physical or emotional. Correct diagnosis and the application of the right methods for relieving the cause are essential for the

permanent cure of this annoying complaint.

Mr. Jeffrey reminded his hearers that a headache might have a more cause. A woman could get a headache over a spoiled hat, or a discourse over her married husband on the morning City news.

What was needed in such cases, said, was avoidance of unnecessary thoughts and the cultivation of optimistic outlook.

Drugs should only be used as a resort, and then under medical supervision.

Cure that cough—take Ford's Phoradone—now!

Motor Life Boats

GENOVA, Italy, Nov. 17.—The steamship Conte Biancamano, which made its maiden voyage to New York recently, is equipped with a new system of motor lifeboats.

The boats can be automatically lowered in a few seconds and automatically free themselves of the ship the moment they touch water. The boats have room for 2350 persons, while the steamship's capacity, including the crew, is 2180 persons.

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