

**Spring Skin Troubles.**

Pimples, Eruptions and "Spotty Complexions."

At this season scores of people — girls and young women especially — find their faces disfigured by pimples, dark spots, eruptions, etc. The skin needs attention — needs renovating after the trying time it has passed through during the winter.

Just think what it has gone through! You have been out in rain and sleet and snow. You have been at one moment perspiring from skating, or some other exertion. Then you have stood to "cool off." You have spent hours of the day indoors at a temperature equal to summer heat. Then you have covered up your skin — except your face — and gone out into a temperature away below zero! No wonder that with all these changes, the skin of the face and neck shows signs of needing attention.

Zam-Buk and Zam-Buk Soap are the remedies. Smear Zam-Buk lightly over the spots, the eruptions, the sallowness, at night, and wash with Zam-Buk Soap (only 25c. per tablet) each day. Then notice how quickly your appearance improves. As the rich, refined, herbal essences sink deep into the tissue, the hard, scurf-like patches are removed. Better color results. The cells of the skin become transparent. The blood beneath is able to impart its proper coloring to the tissue, and the delicate bloom of health replaces the sallowness and pallor of disease.

Zam-Buk is also a sure cure for skin injuries and diseases. Eczema, ulcers, ringworm, yield to its use. For cuts, burns, bruises, children's rashes, etc. it is unequalled, and for piles. Mothers will find Zam-Buk Soap best for baby's bath! All druggists and stores at 50c. box for Zam-Buk and 25c. tablet (or 3 for 70c.) for the soap. If you have any difficulty in obtaining, order from Zam-Buk Co., St. John's, Nfld., and send price.

**Salvation Army Notes.**

The attendance at the Citadel continues to be very large, while on Sunday evenings the building is packed to its utmost capacity. A good work is also going on, while already this week ten seekers sought the Saviour.

To-night a special service is being held in the Citadel. The Band will be in attendance and assist in the service, while Adjutant Habkirik will continue to tell his life story, the beginning of which he gave on Thursday evening of last week to a very large audience.—Com.

G. KNOWLING.

**NEW BOOKS.**

**The Man Higher Up.** Henry Russell Miller.

The story of a man who grows up from tenement wail to Governor of a State and who in his upward struggle finds a woman rising like himself and conquering selfish aims. Their love for each other is both inspiring and refining. For its vital human appeal this book is remarkable. \$1.35.

**A Successful Wife.** G. Dorset.

The experiences described are simply typical of many modern marriages and every woman will recognize their truth. There is a complete absence of both hysterics and of preaching. \$1.35.

**The Gold Brick.** Brand Whitlock.

Whitlock has been a reporter and see things with a reporter's sharp penetration. He has been an Attorney and knows the drama of the Courts. Now he is Mayor of Toledo, a large city in the State of Ohio, by the persistence of a following independent of parties. The Gold Brick shows the politician on the up grade by the triumph of good impulses. \$1.35.

**The Way to Peace.** Margaret Deland.

The story of an episode in the life of a husband and wife, told with strength and understanding of character. The husband is a kindly well-to-do lawyer. The wife a loving but moody and restless woman, and the villagers hardly approve of her or her husband who honours her.

**The Rosary.**

One of those unusual stories that appeals to all classes of readers, an ideal love story, a source of genuine delight. \$1.25.

**The Mistress of Shenstone** by the same author. \$1.25.

**The Rose and the Ring.** Geo. B. McCutcheon.

David Jennison, the young Virginian, who comes fleeing over the mountains in a handsome, likable and chivalrous person. And the Rose is just as sweet and brave and fascinating. Thrilling adventures also form part of the story. \$1.35.

**Whirlpools.** Henry Sienkiewicz.

Deals with condition of modern life. An unusual love story. \$1.25.

**Simon the Joker.** W. J. Locke.

A novel full of wit and action and of life. The characters are all out of the ordinary and splendidly depicted. \$1.25.

**Mark Twain's Speeches.**

This volume contains several hundred speeches, some long, some short. \$2.00.

**GEORGE KNOWLING.**

MINARD'S LINIMENT CURES DAN-DRUFF.

**The Evening Chit-Chat**

By RUTH CAMERON



As I listened to that question and answer, I swept over me how painfully rare is the kind of woman the second speaker described.

There are some women who are perpetually on the hunt for slights and a chance to feel hurt. They will seize upon a friend's part and nurse it into a full grown grievance and are really never so pleased as when they have a real good healthy, one to brood over.

Then there are other women who, while not actively hunting for slights, are yet quick enough to pick up a grievance whenever they see a good chance.

In these two classes belong almost all of the feminine sex.

For the woman who NEVER thinks about such things, who NEVER envies her friends or slighting her, who NEVER takes offense because So-and-such has been to call on Such-and-Such "twice since she has been to see me,"

"But won't she be hurt if you go over there and don't call on her?"

"No, thank goodness, she won't. She's not that kind. I never knew her to get offended at anything. She doesn't think about things like that."

Men are much less apt to be petty in this way.

Chiefly, I suppose, because they are too busy.

Of course, some woman is going to rise up and assure me that she would like to see the man that's any busier than she is with all her housework for a family of six to do, and that what I say may apply well enough to the women that have servants but that most women have to work quite as hard as their husbands.

Very true, my dear woman. But with this difference. While the woman's hands are crammed full of household tasks her mind is only half occupied.

The man on the other hand, is usually busy both in mind and body. "Milton says: 'The poet has less time for selfish and tormenting thoughts than other men because he has so many human things to think of.'"

If a woman wants to elect herself to this class, who are above hunting for silly slights and cherishing groundless grievances, it seems to me she should do well to follow the example of the poet, and by intelligent reading and conversation, to fill her mind so full of interesting things that she will not have time for petty thoughts.

Ruth Cameron

Makes Home Baking Easy



**ROYAL BAKING POWDER**

**Absolutely Pure**  
The only baking powder made from Royal Grade Cream of Tartar  
**NO ALUM, NO LIME PHOSPHATE**

**CHARIVARIA.**

A contemporary speaking of the late storm says: "Few people came out from the country, evidently preferring the warmer solitude of the home fire to the cold turmoil of the city." Very correctly so, as the fires both home and foreign were extremely solicitous on that night they were particularly solicitous about depriving the poor firemen of their due night's rest, having called them out three times. But this was rather a cold solicitude, so far as the firemen were concerned.

An account is given in a recent paper of a very wonderful man, the late Sir Francis Galton, F.R.S., D.C. L.A. He died recently at the age of 89 years. "Had he lived a month longer," says the narrator, "he would have been able to celebrate his 90th birthday, as he was born on February 16th, 1822!" This is indeed truly marvellous; well might it be said of him, what the inspired writer says of the just man:—"Consummatus in brevi explicit, tempora multa." "Being made perfect in short space, he fulfilled a long time."

But there is something still more wonderful. "His writings on the faculty of human identification afforded by the persistent epidemic characters of finger prints." It is serious to think that in these days of typhoid, typhus, etc., another epidemic should be invented.

Oh what a change twist now and then. Each spring the Newfoundlanders strike more harps than Grecian minstrels when the world was young, the Grecian harp inspired the true man's soul; my country's harp, the sealing harp's tongue; what threat is this we hear along the street where e'er a group of sealers stand to chat: "I'll never, never strike a harp again unless I get more money for her fat!"

When the Florizel was trying to get through the Straits of Belle Isle, why was his country like an erring school boy who just escapes a thrashing? Because she came near having A Kean (a cane) on her back.

An old-time "swoller" who has been watching the turn of weather and events generally in connection with the seal fishery, says he thinks the Courts will be kept busy this spring with stealing cases, as there are so many steel-steamers at the ice.

In an account of a recent suburban wedding it was stated that "The bride was given away by her brother, who was becomingly attired in pink silk trimmed with lace and hat to match." This coincides with our own idea of the fitness of things, "the mere man" has too long condemned himself to that black outaway-crowlike garb, the regulation dress suit. Give us once again the costume of Raleigh and the other beaux of the Elizabethan age.

**CHARIVARIA.**

Only One "BROMO QUININE," that is **Laxative Bromo Quinine** Cures a Cold in One Day, Grip in 2 Days

**E. W. Brown** on box, 25c

**Zena Dare's First Appearance.**

This popular young actress, who is engaged to the second son of Lord Esher, confessed to the writer a short time ago that, like her sister Phyllis, she suffers greatly from stage fright, and that before her first appearance as a leading lady in "The Catch of the Season" at the Vaudeville, London, in 1904 she was literally petrified with fright. "First I grew hot as the hour of my debut approached. Then I grew cold. My knees shook and my teeth chattered. Then I became hot again. In fact, altogether, I must have experienced every variation of temperature between zero and 104 degrees in the shade. I am perfectly certain that no criminal sentenced to death ever experienced such mental torture as I did on my first appearance in London.

Minard's Liniment Cures Colds, Etc.

**Evening Telegram Fashion Plates.**

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.

8880—A SIMPLE FITTED CORSET COVER.



Ladies' Fitted Corset Cover with Pepsin.

This design may be effectively developed in dimity, lawn, cambric, or muslin with lace or embroidery for decoration. The pattern is cut in 6 sizes: 32, 34, 36, 38, 40 inches bust measure and requires 1 1/2 yards of material 36 inches wide for the 36 inch size.

Suitable materials for any of these patterns can be procured from AYRE & SONS, Ltd. Samples on request. Mention pattern number. Mail orders promptly attended to.

8887—AN EAST TO MAKE APRON.



Ladies' Apron.

This apron gives ample protection to the dress, and with its deep armholes and low neck edge is easy to make and comfortable to wear. It may be developed in gingham, percale, chambray, lawn or similar fabrics. The pattern is cut in 3 sizes: Small, Medium and Large. It requires 5 yards of 36 inch material for the Medium size.

A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

Please send the above-mentioned pattern as per directions given below.

No. ....

Size. ....

Name. ....

Address in full:—

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A Half Barrel of  
**King George Flour**  
—FOR—  
**\$3.25.**

100 sacks at this price, each containing 7 fourteen pound bags, securely packed in a strong jute sack.

**GUARANTEED FULL WEIGHT.**

**KING GEORGE FLOUR**

IN BARRELS and SACKS.

**T. J. EDENS,**

151 Duckworth Street and 112 Military Road.

**For This Week Only!**

For this week only we are offering the remainder of our stock of

**Damaged Goods at Slaughter Prices**

Everything must go to make room for our New Spring Stock.

Terms during Sale: CASH. No Appropriation.

Hours: 9 to 1, 2 to 6 o'clock.

**WILLIAM FREW, : Water-St.**

**FUSSELL'S FULL CREAM CONDENSED MILK IS THE CREAM OF MILKS**

**WE'RE EASY!**

Five Dollar Greenbacks are Burning Holes in Our Pockets

**Do You Want One?**

Save the Alphabet Cards in all Pound Packets of Union Blend Tea, bring to us and get the money!

**H. W. de FOREST TEA CO'Y.**

**OATS, CORN, CORNMEAL, &c.**

April 4th, 1911. New Arrivals:

350 bags White Oats, 200 bags Indian Corn, 200 bags Cornmeal, 50 bags P.E.I. Potatoes, 15 kegs Halifax Sausages, 20 barrels Bologna Sausages.

Our Prices are always right.

**GEORGE NEAL**

**JOB PRINTING Neatly EXECUTED.**

A PEOPLE'S HEALTH IS A PEOPLE'S WEALTH.

**ELLIS & CO., Ltd.,** 203 Water Street.

Disinfect your homes by always having in the house and using

**Lever's Royal Disinfectant Soap, LIFEBOUY.**

Lever's Genuine **CARBOLIC SOAP.**

While it washes it also disinfects.

Lever's **Y Wise Head Z** SOAP POWDER, the Friend of Health.

I hereby destroying disease germs of Diphtheria, Typhoid, Typhus, etc., that is always lurking about our city.

Also, use for the prevention of disease, and keep at hand

**JEYES FLUID,** A non-poisonous disinfectant, anti-septic and deodorant.

**ZOTAL,** For preventing spread of infection.

ZOTAL is the most powerful germicide ever offered to the public.

**ELLIS & CO., Ltd.**

Due to arrive, per S.S. "Vitalia," from New York,

100 brls. Choice Amer. Cabbage,

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