

Children's Department.

The Value of To-Day.

So here hath been dawning
Another blue day;
Think, wilt thou let it
Slip useless away?
Out of eternity
This new day is born,
Into eternity
At night doth return.
Behold it aforesaid
No eyes ever did;
So soon it for ever
From all eyes is hid,
Here hath been dawning
Another blue day;
Think, wilt thou let it
Slip useless away?
—T. Carlyle.

TRouble AT MELITA.—Mrs. W. H. Brown of Melita, Man., states that two of her children and two others belonging to a neighbor, were cured of the worst form of summer complaint by one bottle of Dr. Fowler's Extract of Wild Strawberry, nature's specific for all summer complaints.

How to Keep Your Friends.

A girl I know said: "I am a great one for making friends." It sounded as if she ought to be very happy, but when I had a minute to think I wondered if she were good at keeping them. Making friends is easy to the girl who is bright and happy, whose society gives pleasure and who is genial. But the keeping of them demands more than this.

If you want to keep a friend don't get too intimate with her.

Have your own thoughts, and permit her to have hers.

Do not demand too much of her in the way of confidence.

And do not be too aggressive, wanting to know why she hasn't done this and why she doesn't think as you do.

If you think your friend's style of dress is not beautiful, don't tell her; you only offend her, because deep in her heart she is convinced that she knows a great deal more about it than you do.

Do not find fault with your friend's friend, and do not expect to be the only one given a corner in her heart.

Be as considerate of her feelings as if she were a stranger, and remember that politeness is an every-day garment, and not one intended only for high days and holidays. To sum it up in one sentence, preserve the courtesy of the beginning if you wish to keep your friendship to the end.

Bermuda Bottled.

"You must go to Bermuda. If you do not I will not be responsible for the consequences." "But, doctor, I can afford neither the time nor the money." "Well, if that is impossible, try

SCOTT'S EMULSION OF PURE NORWEGIAN COD LIVER OIL.

I sometimes call it Bermuda Bottled, and many cases of

CONSUMPTION, Bronchitis, Cough or Severe Cold

I have CURED with it; and the advantage is that the most sensitive stomach can take it. Another thing which commends it is the stimulating properties of the Hypophosphites which it contains. You will find it for sale at your Druggists, in Salmon wrapper. Be sure you get the genuine.

SCOTT & BOWNE, Belleville.

A Bad Practice.

Sometimes communicants rob God of His Day, making it one for their own supposed recreation by an "outing" on the lake or a trip to some friend in the country. Public worship is omitted and personal indulgence is gratified. There cannot be any blessing to the person who makes a holiday of God's Holy Day. We have six days for business and pleasure; cannot we use a few of their hours for the "outing" and "visiting," and devote sacredly to God the whole day which is His?

"A Sunday well spent
Brings a week of content,
And health for the toils of the morrow;
But a Sunday profaned,
Whate'er may be gained,
Is a certain forerunner of sorrow."

THE ROOT OF EVIL.—Dyspepsia and constipation are the sources of various diseases, but root and branch may be removed by using Burdock Blood Bitters according to directions. It is endorsed by the press, the public and the profession, and cannot be excelled for the cure of constipation, dyspepsia and all diseases arising therefrom.

Mother's Rules.

Hang your hat on the staple,
Was dear mother's rule;
And then 'twill be handy
When going to school.

A place for each thing,
And each thing in its place:
You can go in the dark
And each article trace.

Whatever is worth doing
Is worth doing well;
Take time for your sewing,
Your work will excel.

Be quiet and steady,
Haste only makes waste;
Steps hurriedly taken
Must needs be retraced.

A bad habit cured
Is a good one begun;
The beginning make right,
And your work is half done.

What you should do to-day
You must never postpone;
Delay steals your moments
And makes you a drone.

Never say, "I cannot,"
But "I'll try, try again;"
Let this be at all times
Your cheerful refrain.

Be content with your lot:
Be bright as the sun;
Be kind and true,
All wickedness shun.

Love God and your neighbour,
The Golden Rule keep;
Walk daily with Jesus,
And in His love sleep.

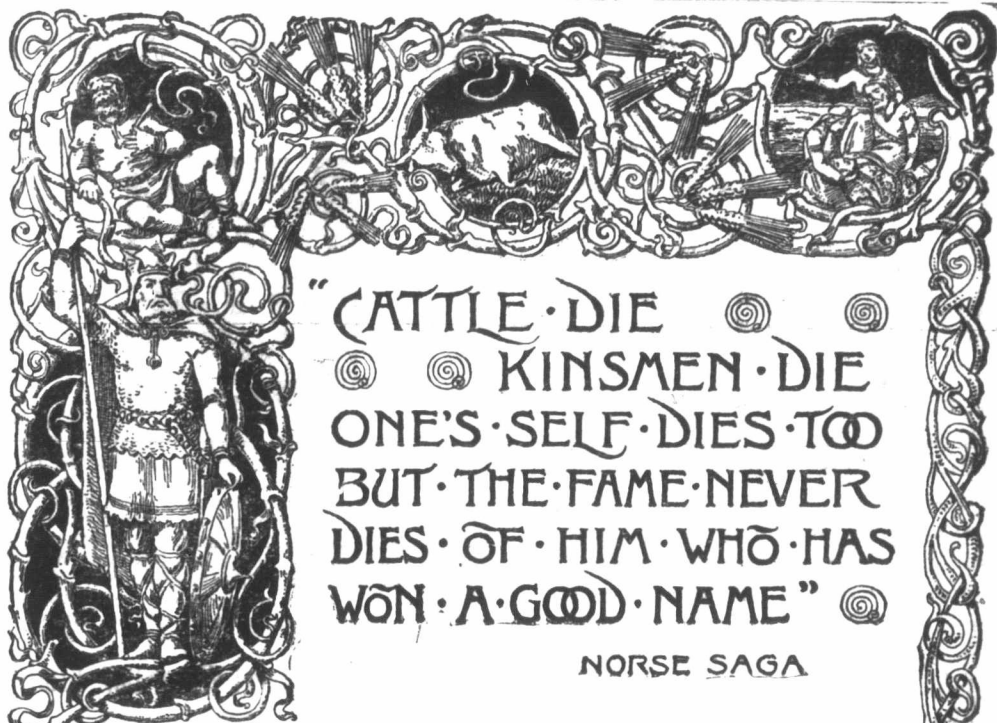
Little Cassabianca.

Madge was a little girl who was always faithful to any charge given her; and as she was a quiet, gentle child, she was very little care to her mother.

One day, when she was playing out in the front yard before her father's house, a coloured woman came with a basket of clothes she had washed.

"Madge," said Mrs. Barclay, go "up stairs with 'old auntie and stay there until; I come I will be up in a moment, and will then count the pieces."

Madge went with the woman at once. But Mrs. Barclay could not



"CATTLE · DIE
KINSMEN · DIE
ONE'S · SELF · DIES · TOO
BUT · THE · FAME · NEVER
DIES · OF · HIM · WHO · HAS
WON · A · GOOD · NAME"
NORSE SAGA

THE FAME OF NESTLE'S FOOD

WILL NEVER DIE
IT HAS WON FOR ITSELF A GOOD NAME


It came into existence twenty-three years ago in response to a great cry for help from mothers in European cities, whose children were dying from Cholera Infantum. From that time on NESTLE'S FOOD has been regarded as the safest diet and best preventive of Cholera Infantum and other Summer Complaints.

A sample will be sent to any mother mentioning this paper.

THOS. LEEMING & CO.
25 St. Peter Street, Montreal.


CONSUMPTION SURELY CURED

TO THE EDITOR:—Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy FREE to any of your readers who have consumption if they will send me their Express and Post Office Address. Respectfully, T. A. SLOCUM, M.C., 186 West Adelaide St., TORONTO, ONTARIO.



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follow as she had promised; for a lady called to see her, and she had to go into the parlour. It was over an hour before the visitor left, and then Mrs. Barclay had forgotten all about the clothes that had been brought home. As she was very busy she did not miss Madge.

But she missed her at supper time, and wondered where the child could be. She sent the nurse out to look for her; but she could not be found.

"Perhaps she has fallen asleep in the house somewhere," said Mr. Barclay; and he went from room to room, looking for her. When he opened the door of the room in the third story to which the clothes had been taken, he found Madge quietly sitting in a chair. "Why, Madge," he said, "what are you doing here in the dark? Have you been asleep?"

"No, papa," she answered. "I have been waiting for mamma. She

told me she wanted me to stay here until she came."

"And have you been here three hours? O Madge, why didn't you come down?" cried her mother, who had run up stairs when she heard the child's voice.

"Because you told me to stay here until you came," repeated Madge. "You have often said I must obey you without asking questions; for you know best."

Her father laughed and called her his little Cassabianca, as he put her on his shoulder and carried her down stairs. And after supper he told her of the boy who lost his life rather than disobey his father's command.

And for a long time Madge was called little Cassabianca by the family, who did not forget that she had sat three hours alone, and in the dark, rather than disobey the charge she had received.