

and it is Saint John the Evangelist that we shall choose for this. Jesus confided to him His Mother, and Saint John daily celebrated the Holy Sacrifice in her presence. It was he who, taking from the altar the Divine Bread, laid It on Mary's lips. "Mother, behold thy Son." — *Eccce Filius tuus !* — O God, what words, and what a moment ! Saint John was witness of Mary's adoration, he was the confident of her love ; and if he has spoken so divinely of the Eucharist, if he has sung the beautiful hymn of thanksgiving contained in his Gospel, it was only after, having received it from Jesus' lips, he heard it repeated by Mary. "The Saviour gave Saint John to Mary," says M. Olier," not only that he should hold to her, in His own stead, the place of son, but still more that he should give her, by the Holy Mysteries that he would celebrate for her and for her intentions, the means of satisfying the ardent desires of her heart for the establishment of the Church. also to console her for His own absence by the happiness of communicating daily." (Life of M. Olier, II. part III. p. 207.)

O glorious Chaplain of the Cenacle, teach us to know the mysteries of the life of Our Lady of the Blessed Sacrament ! Make us participate in her dispositions every time that we receive, or that we adore the God of the Eucharist.

PRACTICE. — Let us fulfil all our Eucharistic duties in union with Our Lady of the Most Blessed Sacrament.

ASPIRATION. — Hail Mary, of whom was born our Eucharistic Jesus !

