

CATARRH true Cure

Catan' b means inflammation Ordinary catarrh is inflammation of the nose cavity
opening into the throat. This cavityg receives all the air going
to and froml the lungs. Food to and drom tases through it to
and drik pash. And the prime
the stomach. cause of catarrth is indige stion
Because indigestion nean Because indigestion means
an irritated tomach. This iriri.
tation spieads to the throat and nose. Belching gas keeps up
the inflammation. The blood
is impure and badly nourished And nine times in ten, ther is Constipation and poor ski
action. only way to cure
The Catarrh is to cure the cause of
catarrh. Digestion must be
improved - inflammation in improved -
stomach soothed-blood puri-
fied-and the liver strength ened so it will give up enough
bile to make the bowels move
regularly every day.

## Siultatives

will always cure Catarrh of
the throat and nose because these marvellous fruit tablets
cute indige.tion-sweete. the
stomach - and eradicate all stomach-and eradicate all from the blod by
impurities
its stimulating and ating action on liver, howels, kidneys and skin
Leave sprays Towders and snuffs alone -be carefuul of your diet-and
catarrh will soon be a thing of catarrh wi
the past.
One 50 tives" will prove how "Fruit-a ively these tablets relieve catarrh--and will do you so
much good that you will glad ly continue the treatment until



