THE FORGIVING SPIRIT.

Christ taught his disciples positively that "If ye forgive not men their trespasses, neither will your heavenly Father forgive you your trespasses," and yet how many professing Christians disregard this teaching. We all at some time or other offend our fellowman. We may go to him and confess our offense and ask for forgiveness. But how often do we receive the answer, "I can forgive but not forget."

Do such persons really forgive? Can But how often do we receive the answer, "I can forgive but not forget."
Do such persons really forgive? Can you imagine Jesus saying to any one who comes to Him and confesses his sin and asks for forgiveness. "Yes, I'll forgive you, but I will! always think of your sin whenever I see you?" And yet that is the way Christians—those who profess to be living a life in see. yet that is the way Unristana—those who profess to be living a life in accordance with Christ's teaching—often meet the appeals of those who have offended them. No matter how great the offense or how grievous the wrong, if the offending one comes, truly repentant, and asks for forgiveness, the Christian must, by Christ's command, frogive. Yes, though the offense be repeated until seventy times seven. Does this seem hard? At first it may, but when one has fully realized how much Christ has to forgive even the best of his followers, and then remembers that he asks us to do it all out of love for him, the hard task becomes an easy one. who profess to be living a life in ac-cordance with Christ's teaching—often

How many have been driven alm to despair because of the unforgiving spirit of those who may not have been spirit of those who may not have been so unfortunate as to have offended in like manner and therefore feel it to be almost impossible to forgive. Then there are those who forgive, in a man-ner, but who by their bearing recall to the mind of the offender the fact that they have been so good as to forgive them. Is, this in accordance with the Suriri of Jesus? Wa do not believe that hey have been so good as the hey have been so good as the hem. Is, this in accordance with the herit of Jesus? We do not believe that Spirit of Jesus? We do not believe that He ever made Mary Magdalene feel that He thought of the seven devils which He had driven out of her, when she anced to be near him afterward. the woman who had been a sinner and whom He forgave. We do not read that He reminded the forgiven of their that he reminded the forgiven of their forgiveness whenever He met them. But how different are many Christians. Let us then really forgive when some one who has offended or wronged us truly repents and asks our forgiveness. Forgive and treat as though the offense had not been given and our ness. Forgive and treat as though the offense had not been given and our joy will be greater even than the joy of the forgiven one.—E. J. R. in Lu-theran Observer.

WORK

Let me but do my work from day to day,
In field or forest, at the desk or loom,

roaring market place or tranquil room:

Let me but find it in my heart to say When vagrant wishes beckon me astray,
"This is my work; my blessing, not

my doom; is work can best be done in the right way."

Then shall I see it not too great, uqr

small,
To suit my spirit, and to prove my

Then shall I cheerful greet the laboring hours, And cheerful turn, when the long said-

ows fall

At eventide, to play and love and rest,
Because I know for me my work is best.

—Henry Van Dyke.

All that goes to constitute a gentle-man—the carriage, gait, address, voice; the ease, self-possession, the courtesy, the success in not offending, the lofty principle, the delicacy of thought, the taste and propriety, the generosity and forbearance, the candor and considera-tion—these qualities some of them come by nature, some of them may be found in any rank, some of them are a direct precept of Christianity.—John Henry Newman.

THE MEANS OF GRACE.

Many helps have been provided for those who are trying to live a spirit-ual life. But they will do no good ex-cept to those who make use of them. To grow in grace it is necessary to use the means of grace. Many professin Christians are indifferent to these in Many professing stitutions of religion. They not only become weak and sickly themselves, but also hinder the progress of religion

but also hinder the progress of religion in the community. Many have no considered about this matter. When admonished that they are neglecting duty, they laugh at the admonishon, and count it a joke. But it is no joke, it is an exceedingly serious matter.

Many years ago a young minister went into the country one day to call on a member of his church who was ill. She belonged to a highly respectable family and was herself highly reable family and was herself highly respected in the community, but she had specified the worldy and very negligent in her attendance upon the ordinances in religion. The pastor saw that she had but a short time to live, and asked her about her faith and hope in Christ. She said she had faith in Christ as her she said she had faith in Christ as her Saviour, and believed she had a hope of heaven; but she said she was ex-ceedingly sorry that she had neglected her religious duties for several years. As she uttered them As she uttered these words her voice trembled, her lip quivered, and tears rolled down over her pale face and fell

As she uttered these words her vance trembled, her lip quivered, and tears rolled down over her pale face and fell on the white pillow. It was a picture never to be forgotten.

Everyone is near the valley, and none knows how near he may be. Will it be a dark valley, and will the river be chilly? To those who make good use of the prayer meeting, the Bible, the Lord's Supper, and other holy ordinances there will be no dark valley and no cold river. Not that outward ordinances will save us, but the proper use of them will greatly enrich the soul with refreshing grace. But to those who neglect these spiritual helps the valley will be dark and the waters cold and chilly.

the valley will be dark and the water cold and chilly.

A young minister who took his con gregation on his heart, labored dili gently to persuade them to attent prayer meeting and other religious ser prayer meeting and other religious services. His utmost endeavors failed. He brooded over his failure, and in that depressed state of mind became an easy mark for any fatal disease that might come along. He became ill and died. At the funeral the minister who spoke said that this young man was a victim of grief and sorrow over his failure to persuade the people to attend upon the means of grace. It is attend upon the means of grace. It is his failure to persuade the people to attend upon the means of grace. It is a little thing for a minister to lie down at night with a heavy heart, and toss upon his pillow because he has failed to lead the people to do their duty; but it is not a little thing when the Great Shepherd of the sheep who died for us on Calvary is wounded in the house of his friends, crucified afresh by his own people, and put to an open. house of his friends, crucified afresh by his own people, and put to an open shame before the world. This is what happens when those who are known in the community as disciples of Jesus frame vain excuses for neglecting the means whereby they might become strong in the Lord.—Christian Advocate

PRAYER.

O Lord, we would enjoy Sabbath in the wilderness-rest-time in mediately before war, so that in the light itself we may know the mystery and benediction of peace. We thank Thee for all the comfort of the week. Thou hast caused the light to drive away the darkness, and this is Sabbath day. The very clouds are filled with light, and Heaven heighten itself for very the very clouds are filled with light, and Heaven heightens itself for very gladness. Behold the time of the singigation of birds has come. May there be music in our life, sweet and noble psalmody in our hearts. May our whole being be lifted up in solemn praise, so that we may live the truly Christian life. Amen.

Never estern anything as of advan-tage to thee that shall make thee break thy word or lose thy self-respect. —Marcus Aurelius.

A NOBLE LIFE.

By Robert E. Speer.

Sixty years ago an immigrant caravan passed through Chicago on ats way.

Oberlin, Ohio, to Janesville, Wisconsin.

then a town of "about four thousand inhabitants, on the main streets of which were posts driven into the mud holding signs which read 'No bottom here.'' The caravan consisted bottom here.' bottom nere. The caravan of three canvas-covered waggons trans-porting the Willard family, which in-cluded two little girls, France, and cluded two little girls, France, and Mary. The new home was on a farm on the edge of a forest on the bank of the Rock River.

Here Frances Willard spent her child-Here Frances whilard spent her condi-hood. She had a great aversion to sev-ing and dish-washing, but she trained a cow to be ridden and driven. She was fond of birds, but did not hesistate to help to drown out the suppliers who also help to drown out the gophers who ate up the corn. "Father told us," she said, up the corn. "Father told us. she said, "that the poet Cowper, who writes so well about kindness to animals, says, 'Our rights are paramount and must extinguish theirs'; that is, when they spoil our work, we are obliged to spoil them, for the general good."

She grew up in a clean. ith Puritan standards. home " home with Puritan standards. The following lines cut from a story paper were pasted in the family Bible:—

"A pledge we make no wine to take,
Nor brandy red that turns the head,

Nor brandy red that turns the nead, Nor flery rum that ruins home, Nor whiskey hot that makes the cot, Nor brewer's beer, for that we fear; And cider, too, will never do. To quench the thirst we'll always bring

Cold water from the well or spring. So here we pledge perpetual hate To all that can intoxicate."

Schools were soon opened near her home, and she and her sister entered. nome, and she and ner sister entered. She began to write essays, and great was the triumph when an essay of her's one." Embellishment of a Country Home." in which she took her own home as analysis with the state of the state o in which she took her own home as subject, won a prize from the Illinois Agricultural Society. She was full of thoughts of woman's rights. When her brother went to cast his first vote, she said to her sister, "Wouldn't you like to vote as well as Oliver? Don't you and I love the country into the country in the country of the country in the country i and I love the country just as well and I love the country just as well a he, and doesn't the country need of ballots?" From Janesville she went the Milwaukee Female College for on year, and then to Northwestern Femal went to Female College at Evaneville, whither the fam-ily soon moved, and where Frances had a brilliant college course and openly confessed Christ.

a Dilliant course course and open a confessed Christ.

After leaving college Miss Willard became a teacher. In a few years she became head of the "Evanston College for Ladies" and when it was merged with the Northwestern College for Men she was elected Professor of Aesthetics. She resigned her post soon and went abroad to travel for two years. Upon returning she abandoned the work of the school for the great work of temperance reform with which her life was henceforth identified. She became president of the Women's Christian Temperance Union, and lectured all over the land in support of two ideas (1) that women ought to vote, and (2) that they women ought to vote, and (2) that they ought to vote against the saloon. She did her work with great power, and beoud ner work with great power, and be-came the best known woman in Ameri-ca. After hearing her lecture, a South-ern woman said, "The first time I heard her I lay awake all night for sheer gladness. It was such a wonderful re-valation to me that a woman like Mice yelation to me that a woman like Miss Willard could exist. I thanked God, and took courage for humanity."

I think it is a sweet thing that Christ nith of my cross, "Half mine:" nay, saith of my cross, "Half-mine:" nay, that I and my cross are wholly Christ's.—Samuel Rutherford.

Cast forth thy act, thy word, into the ever-living, ever-working universe. It is a seed grain that cannot die.—Carlyle.