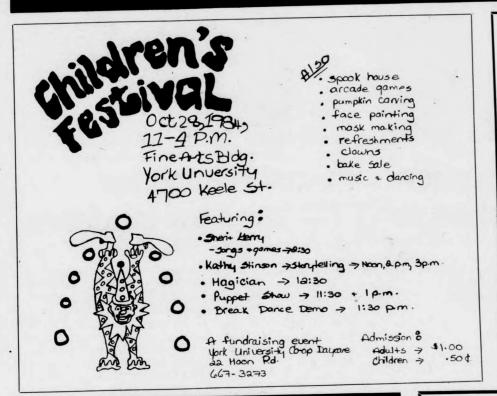
## COUNCIL OF THE YORK STUDENT FEDERATION INC.

## 105 CENTRAL SQ. 667-2515



## WHAT CAN YOU DO?

- C.U.E.W. is on strike.
- Classes are being cancelled.
- Buses are refusing to come on Campus.
- You are not getting what you paid for.
- Your time and money is being wasted.

### For more information contact:

York Acting President Wm Found 667-2454 **S949 Ross Building** 

York Vice President Bill Farr 667-6283 **S938 Ross Building** 

C.U.E.W. Strike Headquarters 312 Dolomite, Suite 231 665-0542 (East of Keele, South of Alness)

Organized by the Council of the York Student Federation

# **An Apology**

Due to the present labour unrest we have no choice but to cancel the Shuttle Bus service to the Towne and Country mall.

Look for the service to resume after the

We look forward to your continued support of this worthwhile venture.



### **CAMPUS CONNECTION**

#### What is it?

Campus Connection is a group of volunteer peer counsellors available to the entire York population.

#### Why would I talk to a peer counsellor instead of a friend?

Sometimes situations arise that require an objective listener who can listen, help clarify the situation as well as the emotions associated with it, perhaps offer alternatives, all without the personal biases that a friend, who knows you well, may bring into an emotionally charged situation. In other words, the counsellors have sufficient distance from a situation to remain objective.

#### What kind of training do the counsellors have?

Each counsellor has attended numerous seminars on a wide variety of topics, ranging from human sexuality to family dynamics, and as a result are well informed. If a situation is beyond the capability of a counsellor, each has a wealth of information to read up on the problem, or to aid in making referrals.

#### Where is Campus Connection located?

It is in the lobby of N 205 Ross and the hours are M-F, 9-5. The telephone number is 667-3509, or to leave a message, 667-3623.

#### You sound alright!

You bet we are. If the opportunity arises, why don't you drop by or give us a call. We are here for you.

#### "CYSF BRINGS A COOKING REVOLUTION TO CAMPUS"

A Toronto man has developed a cooking system that should become as indispensable for students "living on their own" as their scientific calculators. Using one simple technique, it is possible to turn out all manner of roasts, stews, chops, steaks, minced meats, etc. . . . without need to supervise the cooking. As a matter of fact this system is fail-safe. A roast will keep rare for a day or more! Food simply will not burn or overcook. In other words you can't blow it in the kitchen. Moreover, it hardly needs any time at all to prepare meals.
This system is called SMART POT

COOKERY. It is the brain child of Pierre de Serres, a food scientists with a food service background, whose marriage broke down some ten years ago. He hated cooking af-ter a long day at work. He did not like the time and fuss it demanded; the burnt food; the greasy pots and pans; the general clean-ups; the waste of cooking for one Yet, Pierre liked to eat like a frenchman every night. So here is a guy who epitomneed is the mother of izes the saying: invention". He invented a totally new approach to cooking.

The CYSF has made arrangement with Pierre de Serres to demonstrate his cooking system to those who may be interested We are positive that it will be a blessing for many students. It will guarantee first class meal at little cost in time and money: (on the average, a 6oz meat portion would cost about 60 cents). He will discount the SMART POT kit containing: the appliance, a cookbook, 30 cooking bags, 15 herbs and spice blends, 2 meat coatings. (\$75.00 instead of the regular \$90.00). We invite you to come and learn about COOKING SMART in room S136 Ross on Monday October 29, between 2 pm and 6 pm. MINUTES TO PRÉPARE & NO GREASY

POT TO SCOUR

A TIME AND MONEY SAVER

CHILD'S PLAY

Fill in the form and drop it off at the C.Y.S.F. Office, or send it to us:

Randy Dobson C.Y.S.F. Services & Communications Room 105 Central Square

NAME STUDENT NO. **CLASS HOURS LOST TO DATE** (due to strike)

**SIGNATURE** 

C.Y.S.F. **WORKING FOR YOU!** 

## MISSED CLASSES = MONEY BACK

C.Y.S.F. Asks:

Are you fed up with strikes that are causing you to lose class time, and get a lot less from University than you paid for?

## If so - do something about it!

C.Y.S.F., on behalf of its over 15,000 student members is examining means of seeking financial restitution from the University for paid class time lost due to the labour disputes. We need your help to find out how much class time has been lost.

\$\$\$\$ Let's get our money back \$\$\$\$