

FOR AND ABOUT WOMEN

Let's Talk It Over

CHRISTMAS GIFTS.
As regularly as the season of Christmas comes around we hear the same admonition, "Shop Early," and just as regularly we break this admonition—and so it is that perhaps the same advice which is given every year will be as it usually is disregarded but let us talk it over just for one minute anyway. The advice is this—Shop thought on your Christmas presents.

This Christmas will be more of a joyful celebration than we have seen for four years and peace on earth will not seem the mockery it did in the past. Regardings will be held and it will be possible to wish many a soldier's family "A Happy Christmas" where that was not possible before. One will still have to pause and think before one says "A Merry Christmas," for that salutation brings a sting of remembrance to many. Gifts will be bestowed and celebrations held as it is fitting that they should be.

Speaking of gifts, that shop early rule is very important in that it gives

the donor time to think of whether the present is really suitable for the recipient. The girl who boards, has the room for the gift you are planning to give her? Will Aunt Jane really like that shawl or has she a dozen packed away? The serious maiden as she opens the book which is her share, often longs for the pretty things presented to her more frivolous looking sister and if Tommy must be given something useful slip in a toy or some coins in his boots or mittens.

Of course the poor and the children are the ones who must be thought of and if we can tactfully and sympathetically give to the poor, whose pride will not let their poverty be known we will be doing a deed in accordance with the spirit of the day. After all it is not the gift, though that is very delightful but the kind thought which prompts the gift that makes it joy. When the present is "just what I wanted" given by one whom you love and whose gift because they "wanted" it then that is the perfect Christmas present.

THE WORK OF THE BLUE TRIANGLE

Mrs. P. R. Warren Tells of How Y. W. C. A. Women Overseas Made a Home for War Workers in France and England.

In the rooms of the Great War Veterans' Association last evening Mrs. P. R. Warren spoke under the auspices of the local Y. W. C. A. upon the splendid work of the Blue Triangle in England and France.

Mrs. John McAvity presided and briefly introduced the speaker. Mrs. Warren was sent to America as the representative of the Blue Triangle, the war work branch of the National Y. W. C. A., with headquarters in London and her efforts in the assistance of the branch in the United States in the way of raising funds were warmly appreciated by that association.

In a bright and clever way Mrs. Warren told of the class of workers who had undertaken to brighten the lives of the 48,000 women forming those auxiliaries to the army known as the W. A. C.'s, the Wrens, and the auxiliary to the R. A. F. She described the yards of chintz which were called for, "the bigger the pink roses and bluer the bows of ribbon the better," the joys of comfortable chairs, scooters, pianos, and a welcome from a Y. W. C. A. worker who is there to be of help. After the mad of the camps the money of long hours of toil, the Blue Triangle huts were meant to be a place of refuge and so they were found.

Mrs. Warren pointed out that the

chapels were built for places of rest and spiritual refreshment and that religion was made a part of the daily life. It was realized that healthful recreation was a necessity and plans were made for its inclusion in the life of every woman. The huts proved a most successful meeting place for the women workers in the army and the soldiers and many wedding breakfasts were celebrated in the Y. W. C. A. huts. How Y. W. C. A. women had helped women who were doing national service was well described.

At the close of the most interesting talk an unanimous vote of thanks was tendered Mrs. Warren by a standing vote.

Mrs. Gertrude Perry, who is to be the Blue Triangle worker here, taking charge of the post work, said a few words telling of her experiences as agricultural secretary in British Columbia during the past season.

RED TRIANGLE CLUB.
Captain Corey, on behalf of the Red Triangle Club, acknowledges the gift of a pine bookcase for the new quarters, being a donation from H. A. Powell. Mr. Powell will also donate books to aid in filling up the case.

Last night Capt. Corey stated that the formal opening of the new quarters would be held early next week, and the club would also be glad to receive a further donation of books and a small second-hand safe.

ANNUAL CONFERENCE.
At the regular meeting of the Quarterly Board of the Portland Methodist church last evening an invitation was extended to the pastor, Rev. Neil McLaughlin to remain for the fourth year. The Rev. Mr. McLaughlin in a few short words accepted the invitation subject to the sanction of the stationing committee of the annual conference.

A THOUGHT FOR TODAY

Give only saving gifts
And in love take
Gladden the poor and sad
For Christ's dear sake.

ST. JOHN COUNTY W.C.T.U. SESSION

The St. John County W.C.T.U. met under the auspices of the St. John Union in the Orange Hall, Germantown Street, yesterday afternoon. Divine worship was led by Mrs. Seymour, and prayer was offered by Mrs. Reballoch. Mrs. Corbett and Mrs. Seymour, who the latter read from the 14th Chapter of St. John.

Mrs. R. D. Christie occupied the chair, and after regular routine business reports were received from the secretaries of St. John, West St. John, Fairville, and St. John North.

Mrs. Seymour appealed to the unions for help to fill the comfort bags for the sailors.

The convention was then favored by a solo by Mrs. Corlum.

On motion of Mrs. Hipwell it was decided that the County W.C.T.U. cooperate with the Y. W. C. A. in the work of meeting the women and children relatives of soldiers returning to Canada, and that the secretary communicate with Miss Leas, of the Y. W. C. A. to this effect.

The election of officers resulted as follows:

Mrs. R. D. Christie—President.
Mrs. D. Hipwell—1st Vice-President.
Mrs. J. Scott—2nd Vice-President.
Mrs. Hanson—3rd Vice-President.
Mrs. Fullerton—4th Vice-President.
Mrs. H. Deamer—Secretary-Treasurer.

PLAY REPEATED.
The play, "What Happened to Jones?" staged by the Saint Peter's Y.M.A. was repeated last evening in Saint Peter's Hall, Elm street, and was crowned with the like success gained on the previous evening of the play.

ELECTION HEADQUARTERS.
Commissioners McElean and Hilliard have secured the large rooms on the corner of Charlotte street and north side of King Square, and these will be opened as their headquarters during the election campaign.

HAD FOOT INJURED.
One of the workmen at the McAvity plant, Robt. A. McAvity, suffered a bad bruise on his foot last Monday evening, when a shell dropped on his foot. The ambulance was called after the firm's nursing staff had rendered first aid, and the injured man was conveyed to his home.

LOCAL RED CROSS IS CARRYING ON

The regular meeting of the Local Red Cross Society was in its 46th year, more interesting than usual by the presence of Miss Hazel Delstad, who dressed in her pretty French Red Cross costume gave a brief description of her time spent at a hospital in France. It was an English private hospital established to care for French wounded and Miss Delstad spoke over an hour again of the gratitude of the French soldiers and how the people in the villages could not seem to do enough to show their thankfulness to the nursing sisters. Some very human and pathetic incidents were related, and one could easily see that there were long hours of hard work spent by those who ministered to these wounded soldiers.

Miss Delstad told of the use to which she had put the money sent to her from the St. John branch of the Red Cross, and those present hearing of the comfort and pleasure the dollars have expended to show their sympathy were only too thankful that their donation had reached Miss Delstad safely.

Mrs. J. J. Harding presided and during the afternoon spoke on the continuation of the Red Cross work reading a very beautiful poem in which the Red Cross was described as a "mother of all."

Miss Edith Skinner read a report of the campaign fund, showing that \$14,000 had been collected. This fund is now closed, but it is felt that subscriptions will be renewed if the need is felt in the future.

Mrs. P. J. Harding's report on the surgical dressings contained an account of the visit of the Governor-General to the rooms, and his interest in this branch of the work.

For the needlework committee Mrs. George F. Smith read a report showing 5,658 articles for October and November.

For the knitting committee Mrs. G. K. McLeod reported 2,206 pairs of socks, and for the C. W. C. A. 303 pairs of socks and 99 knitted articles.

It was reported that 432 garments and patterns had been made and distributed for the Serbian Relief work.

Mrs. Frances Stetson reported 106 boxes packed and expressed her thanks to several men who had assisted during the packing of the shipments.

The secretary, Miss Alice Walker, told of many donations of money received from all over the province, some few large amounts, but many small donations, all of which are gratefully received.

FINE TRAVELOGUE GIVEN LAST NIGHT

Mrs. E. Atherton Smith Delights Large Audience With Descriptive Talk of California Trip.

Very well attended was the lecture given last evening by Mrs. E. Atherton Smith in the Art Club rooms on Park street. The evening was in charge of the St. John branch of the Local Council of Women and the proceeds are for the finances of that organization.

Introduced by James H. Frink, who was the chairman, Mrs. E. Atherton Smith, in a very bright, amusing and instructive way, proceeded to carry her audience to Southern California, taking in the interestingly historical city of Santa Fe and the painted desert of Arizona. This, the lecturer described as "rugged and grand, arid and treeless but with a riot of color which defies description."

The beauties of California were dwelt upon and its wealth of flowers and fruits impressed upon the minds of her hearers. An interesting part of the trip was the visit paid to the Mission Inn at Riverside where scenes of beauty and of great antiquity were told of in a wonderfully picturesque way.

Mr. Smith's personal touches made this trip a very entertaining one as she told of incidents of her travels to the people she and Mr. Smith met, and introduced several appropriately amusing stories.

The lecture was illustrated with a large number of beautiful views, showing the scenery, weird and magnificent, the strange coloring of the desert and the Valley of the Yosemite, the stories of southern flowers and foliage, and the peculiar habits and customs of the Indians, the original inhabitants of the country.

During the lecture Mrs. Smith spoke of Rosebud Day which is to be held this week and the purpose for which the funds will be used—the furnishing

of the Children's Aid home on Garden street.

A vote of thanks for the most enjoyable lecture was moved by Wilford Smith, seconded by Colonel Anderson, and heartily endorsed by the audience. C. H. Flowering was in charge of the lantern.

THE PROBATE COURT.

H. O. McInerney, Judge of probate, presiding.

In the estate of John Hargreaves, deceased, letters of administration were granted to Geo. A. Chamberlain, Scott E. Morrill, proctor.

In the estate of William Abers, deceased, letters of administration were granted to his brother, John Abers. Hon. John R. M. Baxter, K. G., proctor.

In the estate of John Chetley, deceased, letters of administration were granted to his wife, Mrs. Edith Mildred Chetley. Kenneth A. Wilson, proctor.

In the estate of Miss Mary Coughlin, deceased, letters of administration were granted to her brother, Thomas Coughlin. Hon. J. B. Baxter, K. G., proctor.

In the estate of Mrs. Sarah Bodall Garrie, deceased, letters testamentary were granted to John A. Malman. J. Starr Tait, proctor.

UNITS DEMOBILIZING.

The Jewish units at Camp Fort Edward are being demobilized and daily the members of this unit are passing through the city en route homeward.

The members of this unit were American citizens, recruited in the United States, and forwarded to Nova Scotia.

LOOK AT CHILD'S TONGUE IF SICK, CROSS, FEVERISH

Hurry, Mother! Remove poisons from little stomach, liver, bowels.

Give "California Syrup of Figs" at once if bilious or constipated.



Look at the tongue, mother! If coated, it is a sure sign that your little one's stomach, liver and bowels need a gentle, thorough cleansing once. When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

You needn't coax children to take this harmless "fruit laxative"; they love its delicious taste, and it always makes them feel splendid.

Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeiters sold here. To be sure you get the genuine, ask to see that it is made by the "California Fig Syrup Company." Refuse any other kind with contempt.

PUT CREAM IN NOSE AND STOP CATARRH

Tells How To Open Clogged Nostrils and End Head-Colds.

You feel fine in a few moments. Your cold in head or catarrh will be gone. Your clogged nostrils will open. The sin passages of your head will clear and you can breathe freely. No more dullness, headache; no hawking, sniffling, mucous discharges or dryness; a struggling for breath at night.

Tell your druggist you want a small bottle of Ely's Cream Balm. Apply a little of this fragrant, antiseptic cream in your nostrils; let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, and relief comes instantly.

It is just what every cold and catarrh sufferer needs. Don't stay stuffed-up and miserable.

of the Depot Station at the present time. The members of the Depot Station will be removed from West St. John quarters today.

IMPERIAL

St. John Press and Public Lavish Their Praise Upon D. W. Griffith's Absolute Masterpiece



THE GREATEST FILM DRAMA IN EXISTENCE
An Epic Story of the War
GRAND SYMPHONY ORCHESTRA
MAT. 50c, 25c. EVE. 50c, 75c, \$1.00
SEATS AT BOX OFFICE

OPERA HOUSE VAUDEVILLE

ARTHUR DEMING
The Merry Minstrel Man in a lively comedy act.

WRIGHT and ANDERSON
The "Fatty Arbuckle" and "Mary Pickford" of Vaudeville.

McDonald and Cleveland
Comedy Musical Skit.

Chas. and Mayme Sullivan
Variety Novelty Feature

MARIA
Dainty Acrobats

Chapter Three
THE WOMAN in the WEB

MONDAY TUESDAY WEDNESDAY UNIQUE THEATRE

MATINEES 2 and 3:30
EVENING 7 and 8:30

"Her Head Was Trained Over There, But Her Heart Remained Over Here."

"AN ALIEN ENEMY"

Dealing with a phase of this country's foreign relations which has been little touched upon.

With **LOUISE GLAUM**

as the American-born but German-bred girl who is sent to America as a member of the German Secret Service.

MONDAY TUESDAY WEDNESDAY LYRIC THEATRE

MATINEE AT 3
EVENING 7:30 and 9

"THE HOUSE OF MUSICAL COMEDY"

"LITTLE MISS MIX-UP"

WITH IZZEY AS THE BUTLER
(Izzey or Izzey Not)
A MUSICAL FARCE SCREAM
Cast of Characters

MISS KING The College Girl
MISS ELDRIDGE Mrs. Dunn
J. D. MACK Mr. Donegan
JOE DONOVAN The College Boy

AIDED AND ABETTED BY THE BEAUTY CHORUS

—By GEORGE McMANUS.

YOU WILL HAVE TO "CARRY ON"

While the "Hohenzollerns" are being disposed of you will have to "carry on." Your job is to work and save and serve. Don't waste food or fuel. When you eat wheat be sure it is the whole wheat.

Shredded Wheat
is a whole wheat food. In making Shredded Wheat no particle of the wheat berry is wasted or thrown away. Always clean pure and wholesome. No sugar is required—just milk and a dash of salt.

BRINGING UP FAT HER.

