

Where there's a Hungry Healthy Boy, there should be Ingersoll Cream Cheese



Daily Hints For the Cook

DUTCH APPLE CAKE. Separate 2 eggs, beat the yolks and add 1/2 cup of milk...

SURPRISE CAKE. Sift 2 even cups of sifted flour with 2 even teaspoons of cream tartar...

TO CURE A COLD IN ONE DAY. Take LAXATIVE BROMO Quinine Tablets...

News of Moncton. Moncton, Feb. 2.—Voting for two representatives of I. C. R. employees on provincial fund board begins Feb. 6...

A white gown is needed, and one entirely of white lace is too formal, and therefore the combination of a coarse lace with fine eyelet embroidery effects a desirable compromise.

THE SASHES CHOSEN. On all elaborate gowns one can wear sashes this season. The wide variety in their colors and textures is a pleasure to the woman who is clever at the sort of arrangement.

UNPLEASANT. George (on the line) "Gress Scott a dead stymie!" Auntie Jane: "There I thought I needed an unpleasant smell!"

WHAT ANNE PITTENHOUSE SAYS

(Copyright, 1913, by the McClure Newspaper Syndicate). Even the pump that has two eyelets would not always remain true to the foot...

Arabian and Bohemian laces are the weaves preferred, for their coarse threads shine in well with the perforations of the embroidery.

Whenever eyelet embroidery comes into fashion for gowns it is used at once for blouses. It gives the manufacturer a chance to put something new and attractive on the counter.

There are also blouses made up entirely of blue and brown eyelet embroidery which are to serve with suits of the same color.

WASNT HE FUNNY. "Is it true Theophilus, that they are even making car wheels of paper?" queried Mrs. Homelotte.

Little Beauty Chats By BLANCHE BEACON

The Skin of The Woman Past Forty. It is an undeniable fact that the skin of the woman past her first youth is generally too dry and yellow to be beautiful.

When you are ready to give your outside the oil bath which will reduce it from its parched condition, literally saturate your face with the cream and keep it saturated for the half-hour during which you rub and knead your face.

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At the holy communion service in St. John's (Stones) church yesterday morning, His Lordship Bishop Richardson of Fredericton preached on Christian Science, chiefly criticizing it as a religion, without disputing the statements that some of the cures claimed by it had actually taken place.

He believed that many of the Christian Science people were leading good lives, but they were following the teachings of Christ to a great extent and were not strictly adhering to the teachings of the Bible.

How to Make Your Flour Go Further



WHEN the oven is hot and you face the bustle of baking day, don't forget that Rainbow Flour will go further than any other brand.

Only the cream of the wheat berry can meet the exacting standard we set for Rainbow Flour. There is no fibre, no germ, no dirt in Rainbow Flour.

RAINBOW FLOUR MAKES GOOD BREAD. Sold in 7-lb., 14-lb., 24-lb., 49-lb. and 98-lb. bags and in barrels.

Canadian Cereal and Flour Mills Limited, Toronto, Canada. Makers of Tillsot's Oats—Rainbow Flour—Star Flour

WE HAVE FURNISHED THOUSANDS HAPPY HOMES. Our prices are low, our stock large and well selected.

WHY NOT YOURS? Our Furniture gives you best possible satisfaction in style, quality and workmanship. Drop in and see, we are always pleased to show goods.

J. MARCUS, - 30 Dock St.

Fill this In and Mail It. CANADIAN POSTUM CEREAL CO., Ltd. Windsor, Ont. Enclosed find 2c stamp for trial tin of Instant Postum.

If You Are A Tea or Coffee Drinker and are troubled, as so many are, with headache, indigestion, constipation, heart flutter or nervousness; you can take a step in the right direction now by sending for a trial tin of Instant Postum.

SHIPPING

ALMANAC FOR ST JOHN, FEB. 3. A.M. Low Tide ..... 4:15 P.M. High Tide ..... 9:45

PORT OF ST. JOHN. Arrived Sunday. Sch Nettie Shipman, 288, McLean, New York, A W Adams, with coal.

Str Helen Montague, 344, Cook, New York, R C Elkin, with coal.

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Str Bengore Head, Murphy, Dublin, Wm Thomson & Co.

Str Monmouth, Murray, Liverpool, C F R.

CANADIAN PORTS. Vancouver, Jan 31—Artd, str Empress of India.

Halifax, Feb 1—Sd, str Hafnia, St John. Halifax, Feb 1—Artd, str Kanawha, St John; Mackay Bennet (cable), sea; Hesperian, St John; Florida (Fr), Havre.

BRITISH PORTS. Liverpool, Feb 1—Artd, str Ivernia, Boston.

Cardiff, Feb 1—Sd, str Pandosia, Wright, Rio Janeiro.

Glasgow, Feb 1—Sd, str Athena, Black, St. John.

FOREIGN PORTS. New York, Feb 1—Artd, str Carnania, Liverpool.

New York, Feb 1—Sd, sch Hazel Trebley, St. John.

MARINE NOTES. In a collision off of Five Fathom Light yesterday some miles out of Philadelphia, the Hamburg-American liner Prinz Oskar and the four masted schooner City of Georgetown, the latter was sunk with her heavy cargo of salt.

BROOKLYN'S PREVALENT

Brooklyn, N. Y., Man Tells of Best Remedy. At this season of year with such sudden changes, it is so easy to take cold, and almost before one is aware there is inflammation in the bronchial tubes—a hard cough and unless checked in time chronic pulmonary troubles may result.

Walter Adams of Brooklyn, N. Y., says:—"A severe bronchial trouble contracted in January caused me such difficulty about breathing. My chest felt clogged up and there was considerable soreness, all of which made me quite uneasy, besides being very painful.

I tried different remedies without help, but I am glad to say that Vinol cured my bronchial trouble which had lasted for three months. My breathing is all right now and the soreness entirely gone from my chest."

Vinol contains the curative, healing principles of fresh cod livers (without oil) and tonic iron. We guarantee it to be delicious in taste and to satisfy you with its medicinal effects. Watson's 3 Retail Stores, King Street, Main street, and Haymarket Square.

Coming to Gem, sweet, appealing story of Scottish kilt lands, "The Little Minister," in three reels, by Vitagraph's most clever players.

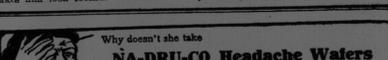
Sunday Fatalities. New York, Feb. 2—A boy's cry of "Fire" and the smoke from an exploded reel of a motion picture machine in an east side theatre tonight resulted in a panic among the audience of 400 persons and a rush for the exits in which two women were killed and eleven persons were so badly injured that they had to be sent to the hospital.

Sacramento, Feb. 2—Four persons are known to be dead, another is dying, ten are in hospitals suffering from burns or broken bones, and the search for bodies continues tonight in the ruins of the St. Nicholas apartment house, which was destroyed by fire early today. An explosion of fumes of oil escaping from a defective burner in the basement started the flames which quickly enveloped the building.

"The Little Minister," distinct three-reel Vitagraph success of Scotch domestic life, coming to Gem Theatre Wednesday and Thursday.

Hewitt—"Do you think long hair makes a man look intellectual?" Hewitt—"Not when his wife finds it on his coat; it makes him look foolish."

Why doesn't she take NA-DRU-CO Headache Wafers? They stop a headache promptly, yet do not contain any of the dangerous drugs common in headache tablets. Ask your Druggist about them. 25c. a box.



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