

If You have a War Bond—

you can double your estate by using the interest you receive to pay the premium on an



Excelsior 20 Year Endowment Policy

Whether you live or die, you are worth twice as much as before.

EXCELSIOR

INSURANCE LIFE COMPANY

Head Office—EXCELSIOR LIFE BLDG., TORONTO

Write for Pamphlet

Prompt Payment of Claims

THE Mutual Life of Canada has always made a special feature of prompt payment of death claims and endowments.

Payments are made usually within one day of the receipt of satisfactory proofs of death.

Military claims are settled as soon as the official certificate of death is available.

A policy with the Mutual commits your family to the immediate protection of the Company in the event of your death.

Write for folder, "Fully Equipped."

**The Mutual Life
of Canada**
Waterloo-Ontario

135

Put Vim in Jaded Muscles

by stimulating and arousing the circulation with light applications of Absorbine, Jr., rubbed in thoroughly. This invigorating liniment acts quickly and surely. It is fragrant and pleasant to use—leaves no greasy residue on the skin.

Absorbine, Jr.
THE ANTISEPTIC LINIMENT

As Absorbine, Jr., is a powerful germicide, as well as a liniment, it is effective for prophylactic and aseptic uses; it destroys the germs in cuts and sores; it may be diluted and used successfully as an antiseptic and germicide for the mouth and throat.

Farmers and mechanics will find Absorbine, Jr., especially valuable in taking care of the little injuries that are "part of the day's work," and in relieving soreness and strains.

Athletes will find it efficient for limbering sore stiff muscles. A good formula for a rub-down is one ounce of Absorbine, Jr., to a quart of water or witch hazel.

Absorbine, Jr., will not destroy tissue—it is positively harmless. It is composed of vegetable extracts and essential oils—contains no acids or minerals.

Get a bottle today and keep it in your desk in your traveling bag, in your medicine-cabinet or in the side pocket of your automobile. It is health insurance of a high type.

\$1.00 a Bottle

at druggists or postpaid

A Liberal Trial Bottle

will be sent to your address on receipt of 10c in stamps.

W. F. YOUNG, P. D. F.

187 Lyman Building

MONTREAL

CAN.

