

NEWSPAPER SPECIAL INTEREST TO WOMEN

KIDDIES RESPOND TO CALL OF SPRING

Yesterday's Sunshine Sent Them Bareheaded Into City's Parks.

FURS WERE DISCARDED

Spring Costumes Saw Their Opportunity and Color Ran Riot in Hats.

Spring and sunshine. The first real spring day. This was yesterday, and how the coming of the warmth and brightness transformed things.

For the first time for months the doormats of the "Ward" had many occupants. Dark-eyed mothers with ample lap sat at many an entrance, fortified on either side and at back.

The men working on the streets. Did you see them? All kinds of dynamic force was added to their labor.

In the woods there was great stir. Away up in the treetops the robins flew from tree to tree, twittering the glad news of the coming spring.

The sun, the great deliverer of all from the last trammels of winter, was going his rounds, revivifying nature.

CHILDHOOD CONSTIPATION.

Constipation is one of the most common ailments of childhood, and no child suffering from it thrives well.

FURNITURE SALE OF THE SEASON.

On Tuesday, Wednesday and Thursday of next week, April 21, 22 and 23, a catalog sale of antique and modern furnishings quite exceptional in extent and quality will take place in the great galleries of E. M. Henderson and Company.

SISTER: READ MY FREE OFFER.

I am a woman. I know a woman's trials. I know her need of sympathy and help. If you, my sister, are unhappy because of ill-health, and feel unfit for household duties, social pleasures, or daily employment, write and tell me of a home treatment suited to your needs.

GOOPS

By GELETT BURGESS



Henry A. Wright

I hardly like to speak of it. But still I must— Please do Not Spit! Or if you must, go out of sight— Don't act like Henry Arthur Wright. Who shocks me more than I can say: He is a Goop!

Don't Be A Goop!

berg estates the sale also includes the famous collection of Mrs. Astor. Among the details that will especially appeal to connoisseurs and admirers of artistic furniture are a Jacobean dining-room suite of peculiarly representative quality.

These are enough of themselves to lend distinction to the sale, and in conjunction with the leading features render it the most remarkable ever held in Toronto.

New York Fashions at the Park. At the Park Theatre last night the very latest in dress creations as seen by the camera man, Mr. William Jones, on Fifth Avenue, New York.

Three Thousand Children Saw Safety Picture Lessons.

Nearly three thousand children and their parents or teachers saw the free moving pictures at a local theatre during four mornings of this week.

"LET THE POSTMAN" Bring You a Free Sample of



Mention Black or Green—Address "SALADA" TEA, Toronto

EFFICIENT HOUSEKEEPING BY HENRIETTA D. GRAUEL DOMESTIC SCIENCE LECTURER

Hominy.

PLEASE give some ways of serving hominy. It is one of the cheapest, nourishing foods, but I only serve it as a cereal, with sugar and cream. I should also like to know if hominy can be made at home?

Hominy is Indian corn with the hull removed and the grain broken. It is prepared for use by boiling, and the process is so difficult that if "Alexandra" can buy it ready boiled and ready to use, she will save much time and patience.

In the first place, the hulls must be removed from the corn with a lye made from wood ashes, after which the hominy is steeped for twelve hours and boiled for five hours.

Fried hominy is almost identical with fried mush, for both are made from corn, one being the entire or half grain, and the other the crushed or ground meal.

Hominy croquettes. These are very similar to rice croquettes, but are prepared with less difficulty.

A hominy cake, better known to families of a generation ago than those of today, is extremely good at any time, is made in this way.

Tomatoes are excellent with hominy and any sauce suitable to serve with meat may be used on these croquettes.

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WILD FLOWERS CONDUCTED BY RACHEL R. TODD

Anemone Canadensis The Canadian Windflower.

"From the soft wing of vernal breezes Anemones, auriculas, enriched, With shining meal o'er all their velvet leaves."

To wander thro' the woods in spring and not find a single wildflower is to acknowledge oneself an indifferent wildflower lover.

There is a deep ravine a step away from Howard's monument, where the land slopes towards the pond.

You will know windflower from all other flowers, first by the three or four wide, notched leaves, whorled on the slender stem, an inch or so above the ground.

The root of the plant is a long, slender stalk, placed horizontally, just an inch, and scarcely more, beneath the light soil.

It is the intention of the Canadian Pacific Railway to lay down at least 120 miles of double track this season west of Sudbury.

Lodge Surrey, S.O.E.B.S., held their 36th anniversary in Oddfellows Hall, Bathurst street, on Thursday, Eucharist and dancing was the order of the evening.

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Advertisement for Rogers Coal delivery system, featuring a horse-drawn cart and the text "No expense is spared to maintain the well-known efficiency of Rogers' delivery system."

Advertisement for Wrigley's Spearmint Pepsin Gum, featuring an illustration of a family and the text "What's She After? 'WRIGLEY'S SPEARMINT' She'd Be Heartbroken If I Didn't Bring It Every Night."

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Vertical text on the right edge of the page, including "SATURDAY MORNING" and other fragments.