Housekeeping, Nursery, Gardening and News of Interest to Women

NURSING PROBLEM HARD TO SOLVE

A Live Wire and Dangerous to Touch, Says Dr. Kavanagh.

HOSPITAL CONFERENCE

Brought to Close by Election of Officers and Reception.

The seventh annual conference of the Canadian Hospital Association was brought to a close last evening when the visiting delegates were tendered a reception in the lecture hall at the Nurse's Home at the Toronto General Hospital, after one of the most successful conventions in the history of the association.

Yesterday afternoon's session was featured by the paper on "Two Indispensable combinations in Hospital Work," given by Rev. A. S. Kavanagh, D. D., superintendent of the Methodist Episcopal Hospital, of Brooklyn, N.Y.

"The first part of the combination is the reticent, elusive grace of patience, which is so necessary in hospital work, if we aim to make a success of it, but which many of us lack. The other two main parts in the combination of efficiency are exactness and perseverance. Laxity, unkept promises and procrastination, always spell failure in hospital work," said Dr. Kavanagh.

He then went on to describe in detail the component parts of the combination that would make the hospital successful to the highest degree. The chief part of the combination was proper bookkeeping, which is just as essential in a hospital as in a bank. Another part of this combination was the keeping of a correct history of each case, which must be placed in the office at the time of the discharge of the patient. Business methods in an institution had far-reaching effects. The organization of the professional work was another element in this combination. In this regard, Dr. Kavanagh said the idealists would appoint a physician-in-chief and have all others associates. As a rule, the surgeons are independent and want to remain so.

The Nursing Question.

"The nursing element of the combination is a live wire, and anyone who ventures to deal with it is in danger of electrocution," said the speaker. "The nursing question is immensely embarrassed by the outspoken comments of the nurse leaders on the present method of the training school organization. The nurse leaders are committed to the policy that the training school must stand alone, apart from the hospital. We shall welcome the divorcing of the training school from the hospital with great satisfaction if organized on the same basis as the medical college for young men.

"The nursing element as well as the hospitals are embarrassed by unnecessary legislation. Legislation cannot force hospitals to that which is impossible. It is said that it would lower the status of the profession to allow entrants who had not a high school certificate. The suggestion is too unworthy to be mentioned as well as insulting to a host of women now rendering efficient services as nurses, and who never attended a high school. Education is immensely desirable, but the nursing spirit and maturity, very much more.

Some Real Dangers.

In discussing the paper, Dr. C. K. Clarke said, "I don't think we are as much disturbed over the nursing question in Canada as they are in the United States. Dr. Kavanagh has called attention to some real dangers, which perhaps the nurses do not appreciate themselves. Gradually some of the schools have been drifting from the real ideals of nursing and stand in grave danger of doing harm, rather than good. They have developed the idea that co-operartion in the hospital is no longer necessary, that nursing should stand by itself. No more fatal mistake could be made, because, after all, the nursing profession depends wholly for its success on the hospitals and the medical profession. Some schools resent that, and think they should be a totally different organization. Schools propagating that idea are making the greatest mistake possible."

A paper on "Team Work in a Hospital," written by Dr. John A. Hornsby, editor of The Modern Hospital, Chicago, Ill., was read. The substance of the paper showed that each part of the hospital work was dependent upon the other, and if one was neglected all were neglected. The team work in a hospital must involve the co-operation of all the elements in the hospital.

P. M. Nicholson read a short paper on "Hospital Returns—A Few Errors Which Might be Avoided."

Government Grants.

Several members of the association thought it was an outrage that the government did not give so much per day capita for the upkeep of infants under one year in the hospitals, and also, the out-of-door and incurable patients. A committee had been previously appointed to wait on the government and it will also see if something cannot be done to have this rectified.

The election of officers took place at the close of the meeting and resulted as follows: President, Dr. E. H. Young, assistant superintendent Rockwood Hospital, Kingston; vice-presidents, Miss Nina Rogers, superintent Niagara Falls General Hospital; Dr. D. M. Robertson, superintendent Protestant General Hospital, Ottawa; Miss Miller, superintendent Ross Memorial Hospital, Lindsay; Dr. J. H. Parkes, superintendent Montreal General Hospital, and Miss Florence Potts, superintendent Toronto Sick Children's Hospital. Secretary, Dr. W. J. Dobbie, physician-in-chief, Toronto Free Hospital, Weston; treasurer, Miss Kate Mathieson; executive, above officers and past presidents, who are as follows, Dr. Boyce, Dr. Webster, and Miss Greene.

It was decided that the meeting next year will be held in Toronto, some time about Easter.

MR. CAVALIER'S PROGRAM.

Rev. A. R. Cavalier, general secretary of the Zenana Bible and Medical Mission of London, England, who is making a tour thru Canada, will address several meetings in this city in the course of the next few days, the most important of which will be his illustrated lecture upon India, on Friday evening, at eight, in the Toronto Bible Training School, 110 College street. This lecture will deal with India under the trident, the lotus, the crescent and the cross, and has been heard by many thousands of people. On Sunday morning next Rev. Mr. Cavalier will speak in the Knox Presbyterian Church, in the afternoon at Havergal Hall, and in the evening at the Church of the Redeemer, corner of Bloor street and Avenue road. On Tuesday Mr. Cavalier will address a meeting at a drawing room in the government house, at which the lieutenant-governor will preside. On Wednesday morning he will hold a meeting in Westbourne School, and in the Olivet Church in the evening. This afternoon Mr. Cavalier will speak in Mrs. Elmore Harris' drawing room, 35 Walmer road.

GIFT OF TWENTY THOUSAND DOLLARS IS NOT TAXABLE.

Judge Winchester Refuses Application of Government for Succession Dues.

The application of the provincial treasurer's department to have $20,000 of the estate of the late Mrs. Annie Gibson liable to succession dues was refused by Judge Winchester, in the surrogate court, yesterday. The application arose out of a gift of $20,000 that was made by Mrs. Gibson to her son, J. F. Gibson.

When you undo a parcel fold the paper and tie the string around it—there will always be a string to fit a bundle without looking for one.

ADVERTISEMENT ADVERTISEMENT

Health and Beauty Aids

BY MRS. MAE MARTYN.

Guinivere: Yes, you can overcome the results of the careless treatment of your hair which has commenced to destroy its natural beauty and cause it to grow dull, "stringy," brittle and fall out. I shampoo occasionally by using a teaspoonful canthrox dissolved in a cup hot water. This greatly invigorates the scalp tissues and hair roots and produces a healthy condition in both, insuring a beautiful growth of even-colored, lustrous, fluffy hair. I have found canthrox shampoo is extremely soothing to tender, itchy scalps and allows the hair to dry very quickly.

Lotta M.: Here is a simple, inexpensive treatment for hairy growths: Mix a thick paste with some powdered delatone and water. Apply to hairs not wanted and in two or three minutes rub off and the skin will be smooth and hairless. Then wash the skin to remove the remaining delatone.

Darling: Yes, it is true that fat always destroys the beautiful lines of the figure, but if you do as I have before advised in these columns, you can get rid of the fat and your form will be plump and beautifully proportioned. In one and one-half pints hot water dissolve four ounces parnotis. Let this cool. Then take one tablespoonful before each meal. This treatment produces no present or future ill-effects and gradually dissolves the unnecessary fatty tissues. Try this parnotis treatment and you will never have any reason to feel embarrassed because of your shape.

Pearl: You girls were right when you decided that face powder clogs the pores, even though much is blown off the skin and leaves a spotted effect. You can avoid this annoyance and enjoy a softer, healthier, finer complexion if you apply a spurmax lotion. This is quite inexpensive and is prepared by dissolving four ounces spurmax in one-half pint witch hazel or hot water, to which is added two teaspoonfuls glycerine. The spurmax lotion is invisible when on and requires no further attention. You will find it especially nice to banish summer freckles and tan and the sallow, unhealthy cast of powder-smothered skin and to give a delightful freshness and youth-tint to your skin.

Johanna: Yes, you have a good reason to feel alarmed about your hair. But you can remove the dandruff and overcome that dryness without paying a large sum to a hair specialist. Just make up and use the quinzoin hair tonic I frequently advise and it will put the scalp in a healthy condition and your hair will grow in thick and beautiful. Here is the recipe: Into one-half pint alcohol pour one ounce quinzoin, then to this add one-half pint water. This gives you a full pint of the finest hair tonic, and I know its use will insure a clean, healthy scalp and a wealth of brilliant, fluffy hair.

Dull Eyes: I had been told that so many doctors use a plain crystos solution for minor eye troubles that I tried it and found that for sore, tired, aching or blood-shot eyes this simple tonic works wonders. It is one of those inexpensive home remedies that should be convenient to hand for use in removing foreign particles and to reduce inflammation. To prepare, dissolve one ounce crystos in one pint clear water, then put two or three drops in the eye as required. This crystos eye tonic is fine for giving a sparkle and youthful expression to the eyes.

Mrs. L.: For years I have avoided wrinkles by protecting my skin against that too ready tendency to sag which you describe. Besides, I stopped the flabbiness which would have gradually wrinkled my skin by using this wrinkle remover which a friend suggested. Get an ounce of almozoin, dissolve in one-half pint water and add two teaspoonfuls glycerine. Stir and let stand one day. At low cost, this makes a perfect wrinkle remover in the form of a protecting and stimulating cream-jelly. It is a pleasant thing to use and most delightfully beautifying in results. I use it freely, both before and after exposure to fall winds. It will not grow hair, but will act as a preventive of the loose sagginess which makes wrinkles.

Dora: For your pimples and tiredness I am giving the formula for the best blood cleanser I know. It is the best because it acts on the liver and kidneys, and if, as you say, you are troubled with severe and constant headaches, it is an indication that your kidneys and blood need attention. To prepare, put one ounce kardene into one-half pint alcohol (whisky should not be used), then add one-half cupful sugar and hot water to make a full quart. A tablespoonful before meals is the dose. This kardene tonic gently expels poisonous waste from the body and tones up the internal organs so they can do their work well.

EFFICIENT HOUSEKEEPING

BY HENRIETTA D. GRAUEL, DOMESTIC SCIENCE LECTURER

Dates

THE date has been named desert bread, and justly, for multitudes in Arabia and Egypt live upon this fruit. Wherever a spring of water is found in the desert this magnificent palm is found growing to give food and shelter to the wearied traveler. The leaves and wood are used in every imaginable way and form the principal wealth of many tribes.

Altho the trees do not begin to bear until eight years old, they continue until 200, and yield about 200 pounds of fruit each season. Wine is made from the sap, the roots are used for rude fences, the leaves and fibres are woven into mats, baskets, cords and sacks and the trunks of the useless trees are made into slatted boxes for shipping the fruit.

The manner in which the dates are dried and packed has much to do with their flavor and size when they reach us. They should be large and soft, not much wrinkled and a reddish yellow, or a very dark brown, on the outside.

Especially good puddings are made with dates, and alone they make a satisfying lunch. Try plumping them in boiling water for just one moment and then cooling them in cold water, as they do in England. Now eat them with bread and butter. This is considered a good light supper, with a glass of milk, for children and quiet living persons abroad.

Sugar is found in the date in an easily digested, concentrated form which satisfies our natural craving for sweets. Nuts contain the food elements lacking in this fruit, so that these two articles, nuts and dates, furnish a complete food. Dates stuffed with nuts are sold at a prohibitive price in delicatessen stores; they may be quickly prepared at home. Open the dates and remove the stone and the white fibrous casing that lies around it. Lay in a nut meat and reclose. The nut meats may be dipped in a mixture of powdered sugar and white of egg if a confection is wanted.

Date Pudding: Two cups of cold boiled rice and cover with the yolks of two or more eggs, a cup of milk and two tablespoons of sugar. Cut a half a pound of Fard dates in small pieces and add to the rice. Put all in a shallow pan and bake in a moderate oven until brown over the top. Cool and put in a serving dish. Cover with a meringue and serve with cream. The flavor of the dates in this dish is remarkably like that of maple.

The NURSERY

CONDUCTED BY Elinor Murray

Part-Time System.

(Continued.)

A paper read by Doctor Noble before the junior second grade at the Toronto Teachers' Convention.

If young children are given freedom and suitable surroundings they will develop themselves faster and along better and safer lines than in any other way.

Children should not be taught how to play; let them devise ways and means of their own. Such devising is a splendid mental training. Children will never play too much if not egged on by trainers and coaches. A child will cease play so soon as fatigue or hunger makes it no longer a pleasure to him.

The principal of one of our best schools told me the other day that tho there were only 54 seats in each room, yet he was compelled to register 58 pupils for each room. I advised him to only register 50 and send the balance home. Then he asked me what they would do at home. I was stuck. At home they cannot play in the back yard, if they have one, it is too nasty; they cannot play in the front yard, if they have one, it is too nice; they cannot play in the house, the game is too fierce, and the furniture frail; they cannot play on the streets, it is too dangerous; they cannot play on the vacant lots, the police will chase them; and they cannot play in the parks, they are to look at only and have notices to keep off the grass. As for the supervised playgrounds, there are only a few of them and they are closed most of the time.

The only place and the proper place for the smaller children is the school playground. They should be there every day and all day long.

(To be continued.)

A combination of dull braids and bright ones has been introduced this season.

GOOPS

By GELETT BURGESS

SOLO MELBA

When Solo Melba
asks to go,
Sometimes her mother
answers "no!"
And if she can't
do as she pleases,
Then Solo teases,
teases, teases!
Remember Solo,
when you find
Your mother will not
change her mind.

Don't Be A Goop!

THE GARDEN

CONDUCTED BY RACHEL R. TODD, M.D.

Water the Garden Beds, Even Now

It is a mistake to put away the hose too soon. There are many young perennials even now struggling for a little help in the way of moisture. If these thirsty young things do not get a good long drink, how under the still hot sun do you suppose they are going to continue the struggle? There is some good growth in the ground, even this late in the autumn.

There is a time in the year when growth has left the ground!

But just now, when most people think, "Oh! the poor garden is a ruin!"—just at this very time go out and give the poor things a good wetting. Of course some of your near neighbors will think you have taken leave of what few senses you originally had—but the laugh will be yours next spring. But most especially, the laugh will belong to those panting, parched plants.

If you are not in a mood to believe this little warning just take a look at some of your new perennials that you transplanted late in August. A word to the wise—

Coming home from a late holiday we found beds dry as dust, in spite of the fact that others vowed to the highest heavens that they themselves had daily drenched those same beds with the cooling spray—yes, daily, night and morning. Yet the fact remains only too patent—most of our precious, grey Scotch Pinks—you know those old-fashioned, spicy double fringed ones—have not only grown very bushy and top-heavy, so that to an inexperienced eye they seem in the pink of health—but also, alas, poor, frail stems, brittle as glass, are ready to break at the slightest touch. And all for want of water.

Now, this unfortunate occurrence is quoted so that others who have these same old favorites, may hie them to the garden and see how their stock is conditioning for the winter. There is but one thing to do in this case and that is to get down on our knees, cultivating fork in hand, and slowly, patiently, lovingly, cuddle the brown earth as closely, as firmly, and as high up around those poor brittle stems, as it is possible to do. We must almost bury the whole little grey dwarf bushes in the warm earth. This done, we must cover with layers of manure, and hope for the best.

Important Changes in Train Service—Canadian Pacific Railway, Effective Sunday, Oct. 26.

Owen Sound local, now leaving Toronto 7.50 a.m. daily except Sunday, will leave 7.45 a.m.

Sudbury local, now leaving Toronto 9.45 a.m. daily except Sunday, will leave 9.00 a.m.

New "Gate City Express," commencing Monday, Oct. 27, will leave Toronto 2.30 p.m. daily, for Winnipeg, carrying colonist cars, first-class coaches, tourist sleepers, dining car, standard sleepers and compartment library observation car, Toronto to Winnipeg.

"Chicago Limited," now leaving Toronto 4.30 p.m. daily, will leave 4.20 p.m.

Owen Sound local, now leaving Toronto 5.10 p.m. daily except Sunday, will leave 5.05.

Galt local, now leaving Toronto 5.50 p.m. daily except Sunday, will run to Guelph Junction only.

Port McNicoll local, now leaving Toronto 6.05 p.m. daily, except Sunday, will run to Alliston only, leaving Toronto 6.10 p.m.

"Chicago Flyer," leaving Toronto 7.45 p.m. daily, will leave Toronto 7.35 p.m.

"Hamilton Limited," now leaving Toronto 11.10 p.m. daily, except Sunday, will run daily.

CANCER FREE TREATISE The Lesch Sanatorium, Indianapolis, Indiana, has published a booklet which gives interesting facts about the cause of Cancer, also tells what to do for pain, bleeding, odor, etc. Write for a copy of it today, mentioning this paper.

A RICH, FRAGRANT TEA

"SALADA" is fresh from the gardens of Ceylon—the finest tea-producing country in the world. Sold only in sealed lead packets, which preserve its native purity and goodness.

"SALADA"

Ask your grocer for a package today. You'll like it.

STORK HOVERS OVER BUCKINGHAM PALACE

Addition to Family of King George and Queen Mary Expected.

NEW YORK, Oct. 22.—(Can. Press).—A cable from London published here today says: There was a ripple of excitement in intimate circles of the royal family today, when it became known that the new year will bring with it an addition to the family of King George and Queen Mary. The correspondent learned on excellent authority that the interesting event is expected the latter part of February. This explains why Queen Mary has been keeping in the background during the recent social functions, notably, the Connaught-Fife wedding.

Royal doctors are now in constant attendance at Buckingham Palace. It was their frequent visits which gave the first inkling of the anticipated event. Queen Mary has lately taken a great interest in eugenics. It is said the Queen is overjoyed at the prospects. A birth to the reigning sovereigns would be an occasion for great rejoicing thruout Great Britain.

SYLVIA PANKHURST GAINS HER LIBERTY

Hunger Strike Leaves Her Emaciated and in Feeble Condition.

LONDON, Oct. 22.—(Can. Press).—Sylvia Pankhurst was released under license today from Holloway jail. She is much enfeebled and emaciated in consequence of a hunger strike of a week's duration. She was arrested on Oct. 14 as she was about to enter the Poplar townhall, to address a meeting of militant suffragettes. The night previously Miss Pankhurst was the central figure of a fierce struggle between the police and a crowd of suffragettes, after she had addressed a gathering at Bow Baths, in the east end of London.

To clean pewter wash the articles with hot water and fine silver sand; then dry, and polish them with a leather.

When frying mush it improves the crispness if the mush is dipped in white of an egg before frying.

BISHOP REEVE ON CHURCH PROBLEMS

Addresses New York Convention — Bishop de Fencier Talks of Missionary Work.

NEW YORK, Oct. 22.—(Can. Press.)—A Canadian deputation, consisting of three clergymen and one layman, appeared before the Protestant Episcopal Convention today. The members were: Rt. Rev. Dr. Adam Urias De Pencier, Lord Bishop of New Westminster; Rt. Rev. Dr. W. D. Reeve, Bishop Coadjutor of Toronto; Very Rev. Canon Plummer of Toronto, and Chancellor L. H. Davidson of Montreal.

They were received first by the house of deputies, which stood as the visitors were introduced. After a short address of welcome by Dr. Mann, Bishop Reeve of Toronto addressed the deputies, and spoke briefly of the problem of the Canadian church in taking care of the flood of immigrants which is steadily pouring into Canada. Forty per cent. of them, he said, stay east of the Great Lakes, and settle in the towns and cities.

Later the Canadian deputation accompanied the deputies to the cathedral for the joint session, which was held to consider the work of the church among the Indians, negroes and the West Africans.

After the opening prayer, it was voted to reverse the order of the day, and to listen first to the Lord Bishop of New Westminster, who brought to the convention greetings from the missionary diocese of Northwestern Canada, and told briefly of the great pioneer work the church is doing there, similar in many ways to the work which the bishops in the northwestern part of the United States are doing.

"In the last sixteen months," said Bishop De Pencier, "we have bought and paid for 123 sites for new churches in one diocese, and have actually opened 64. In Vancouver, 17 out of every 100 are orientals, so that our problem is unique."

DEATH OF FORMER CANADIAN.

CORNWALL, Oct. 22.—(Special.)—Word reached Mrs. Ellen Warner of this town today that her brother, George M. Pitts, of Eau Claire, Wis., had been instantly killed shortly before noon yesterday, when he came into contact with a wire carrying 34,000 volts, while repairing a leak in the roof of the power house at the paper mill. Mr. Pitts was a Canadian by birth, but had resided in Eau Claire for a good many years. He was born at Wales, a few miles west of here.

TORONTO TO GET ANNUAL MEETING

I. O. D. E. Will Convene Here Next—Balance Reported in Monthly Statement.

The principal features of the monthly meeting of the Chamberlain chapter of the I. O. D. E., held yesterday afternoon in the studio of the Margaret Eaton school, were the reports of Miss Constance Boulton, delegate to the annual meeting of the order at Winnipeg, and an address from Mrs. Alex. Macdougal, organizing secretary, Montreal.

Miss Boulton pictured the possibilities of the west and of the wonderful work of its women. The Coronation chapter of Victoria, composed of 25,000 school children, was the most interesting she had met. The annual gathering had made the suggestion that primary chapters should meet on the same day and a week previous to the meeting of the Municipal chapters.

The next annual meeting was announced to take place in Toronto.

The subject of Mrs. Macdougal's address was "Canada's footprints in the path of Empire." In introducing the speaker, Miss Dixon, the presiding regent, spoke of the work of the order in Montreal. There the numbers are not nearly as great as in Toronto, but the things they are doing are such as to make others look to their laurels.

Brought Greetings.

Mrs. Macdougal brought greetings from the Montreal chapters, and described a recent visit to Bermuda, where, as they entered the fairylike harbor, the spirit of the "pride of Empire," had taken hold of the little party of Canadians in an extraordinary degree. She also emphasized the necessity for stimulating the women of Canada to study Canadian history, for only in the light of past events can they understand the important things of today.

The treasurer reported a balance in hand of $151.91. A rifle, costing $35, had been presented to Jarvis Collegiate Institute, and $50 given to the Preventorium. The chapter will take charge of the tea-room at the Carnival of Nations and the annual luncheon will take place on Friday, Dec. 5. Miss Anthes and Miss Fetherstonhaugh have charge of the arrangements.

BRICK WILL PROBATED.

The will of Benjamin Brick, contractor, who died on Sept. 7, was filed for probate in the surrogate court yesterday. The estate, which is composed almost entirely of real estate, totalled $46,693, the greater part of which is to be left in trust to the two sons, who are also the executors.

O. G. CARSCALLEN ILL.

O. G. Carscallen, son of the late Henry Carscallen, K. C., M. L. A., of Hamilton, is lying critically ill at his home in Toronto.

Mr. Carscallen was formerly vice-president of Gurney-Tilden Foundry Co., at Hamilton.