Applications for assistance are reviewed by the Scholarship Committee of the National Advisory Council. The Committee is composed of senior staff members of the schools of physical education and of provincial fitness departments, and awards are made by the Minister on its recommendations.

## Undergraduate Training

National fitness and amateur sport scholarships and bursaries for undergraduate study in physical education or recreation are awarded by the Minister on the recommendation of the provincial authorities. Scholarships totalling \$500 may be awarded to superior students entering the first year of a recognized school. Bursaries of up to \$500 may be awarded to students in any year who are making satisfactory progress and who require financial assistance.

## training purposes and, above all, through workshops, clinics, conference darage

Grants are made to research workers who wish to investigate fields related to the general area of fitness. These might include studies of sports, recreation or fitness programmes of other countries, sports sciences, the effects of various psychological or physiological factors on athletes, motivation in sports and fitness, or social or environmental factors influencing fitness activities. Centres for some of these studies have been established at three Canadian universities. These fitness research units at the Universities of Alberta, Montreal and Toronto employ full-time experienced research workers and technicians and graduate assistants for intensive studies in fitness fields.

## FEDERAL-PROVINCIAL PROGRAMME

## Emphasis has been placed on the development of a series alon lainivorq

Federal grants totalling \$1 million each year are made available to provinces that enter into agreements to extend provincial fitness and amateur-sport programmes. Under the agreements, the Federal Government reimburses the province for a per cent of the cost of projects other than student aid, for which the Federal Government pays the full cost. Grants range from slightly more than \$35,000 a year for the territories and smaller provinces to a little more than \$200,000 for the largest provinces.

Provincial programmes supported by the grants provide for a wide range of activities for the promotion of fitness and amateur sport within each province. They are carried on in close co-operation with the Federal Government, the sportsgoverning and other national organizations, and with municipal directors of recreation, who are employed in all large centres.

<sup>(1)</sup> For universities offering degree, postgraduate or diploma courses in physical education and/or recreation, see Appendix II.