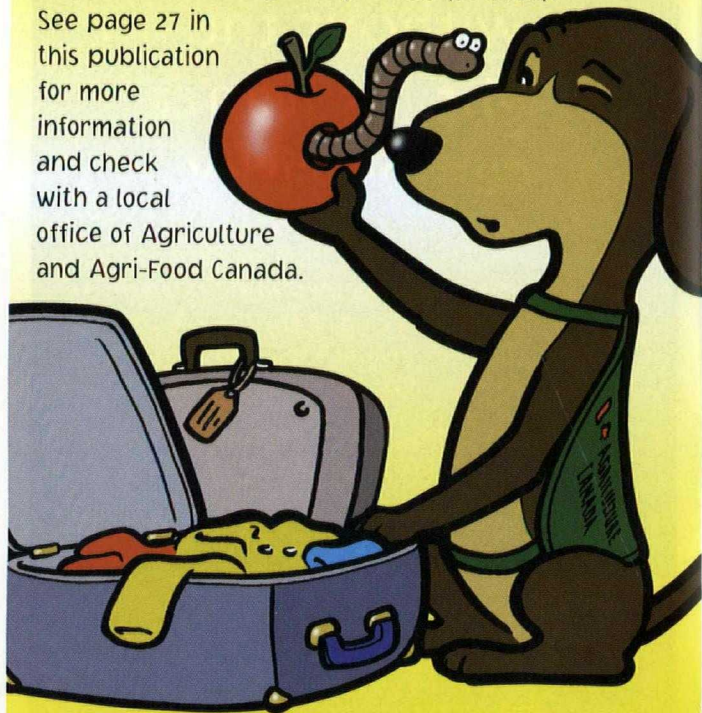


# PROTECT CANADA

Be sure plant and animal products you are planning to bring back won't harm Canada. Travelling pets may require shots and special permits (at a fee).

See page 27 in this publication for more information and check with a local office of Agriculture and Agri-Food Canada.



Agriculture and  
Agri-Food Canada

Agriculture et  
Agroalimentaire Canada

## Health Issues

- International Travel and Health*  
(Published by the World Health Association)

This book is available for approximately \$15.00, plus GST and shipping costs. It may be obtained by writing to: The Canadian Public Health Association (attention: World Health Organization Department), 1565 Carling Avenue, Suite 400, Ottawa, Ontario, K1Z 8R1; or by calling them at (613) 725-3769, extension 190.

- Don't Drink The Water: The Complete Travellers' Guide to Staying Healthy in Warm Climates*

This book costs \$14.95 plus GST and shipping costs. It is also available from the Canadian Public Health Association at the address and phone number listed above.

- Health Information for Canadian Travellers*

To obtain a copy, write to: The Canadian Society for International Health, 170 Laurier Avenue West, Suite 902, Ottawa, Ontario, K1P 5V5; call them at (613) 230-2654, or e-mail them at [csih@fox.nstn.ca](mailto:csih@fox.nstn.ca)

- Basic Facts About AIDS*

For this booklet, write to: The National AIDS Clearinghouse, 1565 Carling Avenue, Suite 400, Ottawa, Ontario, K1Z 8R1; or call them at (613) 725-3434.

## Citizenship

- How to Prove you are a Canadian Citizen*
- Dual Citizenship*

These publications may be obtained from the Publications Branch of the Public Affairs Department, Citizenship and Immigration Canada. Until May 1, 1996, the address is 200 Promenade du Portage, Level II, Hull, Quebec, K1A 0J9, telephone (819) 953-5118. After May 1, 1996, the address will be 365 Laurier Avenue West, 19th Floor, Ottawa, Ontario, K1A 0J9, telephone (613) 953-5118.