TABLE OF CONTENTS

		Page
I.	Introduction	
II.	The Principles of Reasonable Sufficiency	
	1. The Principle of Reasonable Sufficiency: Neither Superiority Nor Parity?	r 5
	2. The Paradox of the Principle of Asymmetric Responses	13
	3. The Principle of Unilateral Actions and the Principle of Reciprocity: On Cuts and Qualifiers	18
	4. The Principle of Political Means	
III.	The Practice of Reasonable Sufficiency	24
	1. The December 1988 Announcement of Unilateral Reductions	26
	2. Unilateral Actions and Restructuring the Soviet Armed Forces	30
	3. The CFE Negotiations: Asymmetry in the Service of Parity?	35
	4. The Revolutions in Eastern Europe and 'Enforced Unilateralism'	39
IV.	Conclusion	44