It was suggested that more focus and effort should be directed to the continuation and strengthening of Canada's traditional strategies for security:

- -- Diplomatic Strategy: Promoting international relations through regularised, institutionalized channels e.g. U.N., NATO to deal with functional problems. It was stressed that these traditional instruments, which have served Canada well, should be the centrepiece of promoting global order and be vigorously pursued.
- -- Confidence-Building: Canada should continue to encourage confidence-building measures including low level links which generate trust and provide a sound basis upon which to develop increasingly complex relationships in the future.
- -- Canada should continue to exert influence to restrain our allies when they are "acting silly." Canada has been less effective in this area of late and recent events in particular (eg. US actions in Libya) reinforced the need for Canada to exercise, to the extent possible, a restraining influence over our friends and allies.

It was suggested that Canada, as a smaller power that could only influence events "at the margin", should continue to pursue these strategies which were deemed practical and rational.

In speaking of security in less traditional terms, it was suggested that governments created insecurity; therefore the way to enhance security -- individually and nationally -- would be to move away from nation-state, institutionalized security to include more NGOs and ordinary people in the security system.

The whole question of "systems" per se was raised -with particular emphasis on the role and influence of women
from within and outside existing systems. It was noted that
"systems" of any sort tended to develop their own momentum
-- this was particularly true of defence systems. There was
a need to challenge existing systems and to initiate new
ideas from within systems. It was suggested that women were
well placed to challenge existing systems because, for the
most part, they tended to be outside traditional systems and
power structures. It was suggested by several participants
that women should figure more prominently on Canadian
delegations i.e. in Canada's diplomatic work. Canada was