

experimental side of the subject. This we consider very important, for it has been through individual research that all the great advances in physiologic knowledge have been made. The entire literature of physiology has been thoroughly digested, and the important views and conclusions incorporated. Indeed, the author has prepared a text-book which, while preserving the scientific spirit, is at the same time simple and modern in presentation. Every notable advance in physics or chemistry as influencing physiology has been carefully noted. Illustrations have been most freely used, greatly helping in understanding and supplementing the descriptions in the text. Especially valuable are those illustrations employed to make clear the more intricate anatomic and physiologic mechanisms. Altogether, we consider it a very valuable book, because it is accurate, up-to-date, and highly practical.

Introductory Physiology and Hygiene. By A. P. KNIGHT, M.A., M.D., Professor of Physiology, Queen's University, Kingston. Toronto: The Copp, Clark Co., Limited. Price, 60c.

This is, as the title page describes it, "A series of lessons in four parts, designed for use in the first four forms of the public schools." We are glad to welcome any effort to improve the knowledge, and as a consequence the practice, of the people in matters which concern their health.

Professor Knight takes the subject up from the physiological side first and mainly, basing a few of the more general requisites in hygiene upon the physiology of the various parts and systems of the human organism. Regarding the evils of alcohol, tobacco and anti-vaccination, the doctor gives no uncertain sounds. His warnings are correct and apparently still much needed. He gives significant quotations from Sir Frederick Treves, Lauder Brunton, and a host of others, authorities in our foremost universities, hospitals and medical journals, as to the toxic effects of tobacco and of alcohol, even in "moderate" quantities. He also gives some interesting experiments on their toxic effects on some of the lower animals.

The little book should serve a useful purpose in our public schools, and we strongly commend the precepts it contains.

Bacteriology and Surgical Technic for Nurses. By EMILY M. A. STONEY. Second edition, thoroughly revised and enlarged by F. R. Griffith, M.D. Philadelphia, New York and London: W. B. Saunders. Toronto: J. A. Carveth & Co., Limited.

Miss Stoney's works have long had a good reputation as text-books for nurses, and since her death the revised editions