

ledge and skill ; intelligence and strength of mind, a second result of temperance. If we want to have clear heads, we must leave drink alone. Daniel had understanding in all visions and dreams ; was able to explain their meaning. In this wonderful gift from God Daniel stood alone (Read ch. 2).

18-20. Now at the end of the days ; the three years appointed for their training, v. 5. Brought them (all the youths mentioned in vs. 3, 4) . . before Nebuchadnezzar ; for his inspection. None like Daniel, etc. Now their self-denial found its reward in the king's praise. Therefore stood they before the king ; became his personal attendants, the third result of their temperance: they reached a position of honor and influence. Better than the magicians and astrologers. The king found them better counsellors than the other wise men in all his realm.

DAILY READINGS

(By courtesy of I. B. R. Association)

M.—The captivity, Dan. 1 : 1-7. T.—Daniel in Babylon, Dan. 1 : 8-20. W.—The Rechabites, Jer. 35 : 1-11. Th.—Commendation, Jer. 35 : 12-19. F.—For the sake of others, 1 Cor. ch 8. S.—Walking wisely, Eph. 5 : 6-21. S.—God giveth wisdom, Prov. 2 : 1-9.

Prove from Scripture—That we should have self-control.

Shorter Catechism—Ques. 95. To whom is baptism to be administered ? A. Baptism in not to be administered to any that are out of the visible church, till they profess their faith in Christ, and obedience to Him ; but the infants of such as are members of the visible church are to be baptized.

The Question on Missions—36. How is our mission work in the New Hebrides directed ? Our mission work in the New Hebrides is directed by the General Assembly's Foreign Mission Committee (Eastern Division). Our missionaries are united with the other Presbyterian missionaries in the group, in the "New Hebrides Mission Synod."

Lesson Hymns—Book of Praise, Ps. Sel. 97 (Supplementary Lesson) : 255 ; 246 ; 19 (Ps. Sel.) ; 581 (from PRIMARY QUARTERLY) ; 530.

FOR FURTHER STUDY

Juniors—How far was Babylon from Jerusalem ? By whom was Daniel taken thither ? 8-10 Whence was food sent to Daniel and his

companions ? What would he not do ? What did he ask ? Was his request granted ?

11-14 What was "pulse" ? How long, at first, were the four Jewish youths to live upon it ? Will strong drink harm us ? What then should we not do ?

15-17 At the end of the ten days, how did Daniel and his companions look ? What did God give them besides healthy bodies ? What special gift had Daniel ?

18-20 How long did the training of these four youths last ? Before whom were they then taken ? What did the king think of them ? What honor did he bestow on them.

Seniors and the Home Department—For what did Nebuchadnezzar resolve to train Daniel and his companions ?

8-10 Why would eating the "king's meat" have defiled the Jewish youths ? What did Paul teach the Corinthians to do about food offered to idols ? (1 Cor. 8 : 10-13.) How does this teaching apply to us in relation to strong drink ?

11-14 The result of Daniel's plan ? Show that godliness is good for this life. (1 Tim. 4 : 8.)

15-20 Give some reasons for not using strong drink. What proverb was fulfilled in the case of Daniel and his companions ? (Prov. 22 : 29.)

THE LESSON IN LIFE

1. A Protestant is one who "protests." And we should all protest against being made the slave of any appetite. It will take strength and persistence to overcome. But we can overcome, if we will.

2. Daniel's conduct suggests two "P's" that go to make up true manliness. The one is Purpose and the other is Politeness. Once convinced that a certain course is right, nothing should turn us from it. If it brings us in opposition to others, they should find in us the utmost courtesy.

3. O madness ! to think use of strongest wines And strongest drinks our chief support of health, When God, with these forbidden, made choice to rear

His mighty champion, strong beyond compare, Whose drink was only from the liquid brook !

—Milton on Samson

4. The free man is the one whom no power can compel to step over the boundaries of right and wrong.

"Where'er you feel your honor grip, Let that eye be your border."

FOR WRITTEN ANSWERS

- 1. Why did Daniel refuse food and drink from the king's table ?
2. What test did he propose to the steward ?
3. What benefits of temperance does the Lesson illustrate ?