A TOUR IN A CARAVAN IN ENGLISH COUNTRIES

Unique Method of Tripping by Four Girls.

ran as follows:

Oh. I wish I lived in a caravan, With a horse to drive like the baker

Twenty years later I did live in a town to town. For caravaning con-sists mostly of walking along the We were nusbing up a bill sists mostly of walking along the road at a steady three miles an hour and pushing the van up hills which staggering along with all our strength

certain Londoners in luxuriously fitted face and cried aloud. motor vans, with tents for the men at "Well, I do hadmire you!" night and hirelings to do the work and a chef to cook for these dainty Monmouth. "Four maidens hall for-

robbers attack us, though we marched aritan. the road over which 2,000 training in and a convenient farm, though so streaming on their way to the hop times it was nearer eight when full of enthusiasm for our van.

can get in an English dawn when the water slops over them as you wait your turn at the crossroads well where a dozen countrymen are filling their pails? But meanwhile the others are dressing, and while they light the fire you are throwing off coat and boots and sluicing away all the cobwebs in and sluicing away all the cobwebs in and sluicing away all the cobwebs in a company of the color of the expedition? Twenty is to run across a lively old brute that the woman alone, but she is warned to trun across a lively old brute that the woman alone, but she is warned to trun across a lively old brute that the woman alone, but she is warned to being chalked and plugged that the best place for her is the ballong day's march took us into Bath, which we reached hale and hearty. This old hero of the herd turned on the great hunter, tusked him, and trampiled him until there was not an led him until there was not an lone, but she is warned to the woman alone, but she is warned to being chalked and plugged to being chalked and plugged with the the best place for her is the ballong day's march took us into Bath, which we reached hale and hearty. This old hero of the herd turned on the great hunter, tusked him, and trampiled him until there was not an led him until there was not an unbroken bone in his body.

The cost of the expedition? Twenty the woman alone, but she is warned to being chalked and plugged to being chalked and plugged to being chalked and plugged that the best place for her is the ball-with the woman alone, but she is warned to be undered to being chalked and plugged that the best place for her is the ball-with the woman alone, but she is warned to be proved the converse of the with lead to adorn a hunter's tale. The cost of the sevent converse to the converse of the sevent converse the converse of the sevent converse that the woman alone, but she is warned to be proved the converse to the converse of the sevent converse the converse of the sevent converse the converse to the converse that the woman alone, but she is advised to derest the conver water slops over them as you wait the clear cold water.

Breakfast Under Tree. boot laces the smell of bacon and march! Then a brisk washing up and Not for long might we slack. packing, a quick harnessing, a hearty farewell to your hosts, and by 8 out bravely by Prince's side, cracking the long whip and carolling for joy of the unknown road which unwinds before you. The hedges are glistening in the sunshine, Robert barks joyously as he bounds ahead, the van lurches forward and you are off!

All morning we would march steadfly, occasionally riding on a level

Then we had to unharness, air the van to the sunlight before we could fling ourselves down in some velvety field to drink our cider and eat our breal and cheese. How short seemed the hour for rest and play before we had to stow away our belongings, throw on the harness, grown unaccountably heavy since morning, and set forth once more. The afternoons were apt to be long and hot, and many were the stops at the wayside fountains and the village inns. How slowly we would descend from the van at the crv of "Hill ahead!" gratefully we flung ourselves down for a moment's rest to consult the map. Let no one think that caravanning is



AND THE PAIN IS GONE. "My first experience with Dr. Miles' Anti-Pain Pills was a sample package handed me. They relieved the pain so promptly that I have never been without them since. I have given them to many friends when they had headache and they never failed to relieve them. I have suffered with neuralgia in my head, and the first one I took relieved me. They have cured me of neuralgia. I would not be without them."

MISS LILLIE B. COLLINS R. F. D. No. 1, Salem, Va. Price 25c at your druggist. He should supply you. If he does not, send price to us, we forward prepaid. DR. MILES MEDICAL CO., Teronto.

I am told that at the age of 3 I a lazy pursuit; hard work and much sang with great success a ditty that of it must be done before you earn your night's rest, and strong muscles and merry hearts alone can carry you through the day's toil with profit.

And yet we were always ready to go a mile or two out of our road to And then with my wife and by baby see some landmark, and the antiquarian of Goodrich Castle will long re-Merrily we'd ride from town to town! member the exhausted party which sat around his feet one burning afternoon and implored him to hold forth caravan for two happy weeks, and, without their rising to look at his minus the wife and baby brown, I archaeological treasures. It was on rode, or rather walked, merrily from such an afternoon that we met James

are too steep for the horse to negoti- when James Dodd descended from his are too steep for the noise to head. when James Dodd descended from his ate alone. In the afternoons you will, neat market trap and insisted on lendate alone. In the atternooms you will near market trap and insisted on lend-if you are wise, keep a watchful eye ing his shoulder to our need; and If you are wise, keep a wateriul eye for stray pieces of wood and burnable sticks which may be thrown onto the shelf at the back as you go along, and then when you are ready to light then when you are ready to light threatened to become apoplectic at any moment. Then when the brown of the your evening fire your fuel is at hand. moment. Then when the brow of the the last ten years caravaning hill was reached James Dodd would In the last ten years caracana, hear of our adventures, and when he has become fashionable in England, near or our adventures, and when he and I am told that it is pursued by had heard he mopped his streaming

with which we started from Bath one Later he visited us at supper time morning in late August and with which with an angular lady in black silk We were four girls, a little yellow should put up the next night with his We were four girls, a little yellow brother at Chepstowe. "An' if 'e asks our meals over camp fires and we leavin' are reckonin' when you're our meals over camp fires and we leavin, say you, 'It's all right,' you slept on shelves in the van and we says. 'Brother Jim will provide,'" put up at night in heids, which and we turned the horse out to graze, and we Ned we were none the less grateful to rested in peace with Robert at our Brother Jim, publican and good sam-

the road over which 2,000 tramps were had a convenient farm, though somestreaming on their way to the man times it was nearer eight when we fields, and once we were twenty hours camped. One camp we found where fields, and once we were twenty north-we stayed Saturday night and most of ing but ham and potatoes to eat. But Sunday, a camp in a mighty green each hardship brought its compensa- field, where the grass grew long and each hardship brought its compensations, where the grass grew long and tions, and we turned up at the end thick and the great trees shielded us of a fortnight sturdy and brown and from the cruel sun. With wood and water close at hand and a dear old Six o'clock usually saw us out of couple to supply our wants we were our sleeping bags, shivering in the in clover, indeed, and we lay in the raw air as we picked our way across soft grass too wearied to rise and the wet fields to fill the water pails. dress until late in the day, when we Do you know how blue your hands partook of a generous high tea in

dishes must be washed and the camp planned their own route and cleared and the bath water heated, mounted their own difficulties. Then, ah, the joy of washing off in shone overhead and the grass served us into their orchard for the night in order to see now green shone overhead and the grass served us into their orchard for the night in order to see now green shone overhead and the grass served us into their orchard for the night in order to see now green shone overhead and the grass served us into their orchard for the night in order to see now green shone overhead and the grass served us into their orchard for the night in order to see now green shone overhead and the grass served us into their orchard for the night in order to see now green shone overhead and the grass served us into their orchard for the night in order to see now green shone overhead and the grass served us into their orchard for the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the contract of the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see now green should be a second to the night in order to see night in order to see nigh

nearest village and to get Prince's of the Wye. Raglan Castle, Good- and listened open-mouthed to the tale phant gun. rich, Chepstowe, Tintern Abbey, most of our wanderings, beautiful of all ruins, Monmouth, Ross "Ay, Jean, did ye hear she? bedding on the hedges, and open the land St. Briavels—we strung them be- cooms fra' Yorkshire an' they hind us like so many pages of living Manchester way, an' t' little 'un, history. Kings and barons, captains, cooms fra' 'Meriky! Happen So we came at last to the River us hasn't no jug like she."

mankind has become a valuable mem-

her of society and has practically

saved himself; but the big fellow of

the African veldt has merely basked

in the sunshine, played in the pools,

tramped down the early settler's corn

and been such a nuisance and an idler

that he has been considered a good

Now a French society, known as The Friends of the Elephant, has be-

stirred itself in his behalf. This so-

ciety has awakened so much interest

that not only has France given it sup-

rican possessions are seeing what can

be done to prevent the loss of this in-

teresting and valuable animal. The

plan advocated by the society is that

of establishing preserves or sanctu-

aries where the elephant might live in

some sense of security with his fam-

ily and not be disturbed by hunters

very much the worst of it ever since

the white man went to South Africa.

His case has a parallel in this country

in the buffalo. As the buffalo was able

to make out against the Indian, so

the elephant was able to live and

thrive with the black men that sur-

rounded him. He was not in great

danger of extinction from the pitfalls

and assegais of the natives. It was

when the white man with firearms

appeared upon the scene that he began

The Evil Days.
When the Dutch landed at Cape

Town about 250 years ago his evil

days began. At that time one of the

early governors reported that there

were so many elephants that they

were a menace to the farmer and the

settler. Hunting was encouraged and

to lose ground

There is no doubt that he has got

seeking his tusks to sell for ivory.

port but other nations that have Af-

target for ivory hunters' guns.

REFUGES FOR ELEPHANTS

PLANNED BY THE BRITISH

from extinction. The discussion has have been something of a chance for

concerned the African elephant chief- the elephant in those days of crude

brough hard work as a helper of arms an elephant hunt is not a sport

because the Indian elephant firearms, for even with modern fire-

for the novice.

through Herefordshire one day along tion the friendly farmers as to who At 6 o'clock we would begin to questheir kitchen before starting out.

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shivered through the branches above fore we left in the morning, down to

hiring a chain horse to pull us up the land. Then to Cirencester, the old ascent. Here and there we would Roman camp, and thence to Glouces- us off with handshakes and a hearty pause to see a ruined castle, an oak ter by the Roman road which runs "Coom ye back soom day." At night tree old in the reign of the Lion straight as a ruler between the towns, the farmers stood around in amaze-Heart or the earliest Christian chapel Next came Tewkesbury and Here- ment to see us handle the heavy harin the realm. By noon, we were all ford, where we turned south and ness as deftly as any laborers, and have shot seventy-three elephants in ready to buy mugs of cider in the came down through the lovely valley the wives brought us milk and eggs three seasons with an old Dutch ele-

priests and scholars, we left them ly-ing in the smiling valley while our van rolled along.

Rings and parons, captenis, coords in a merity. Inappen in the knows my man's cousin what went yon this twenty year. What's that, miss? Na, na, her don't belong to we;

One of the old-time hunters left an

especially interesting record for daring

and skill. It was a trick with him to

fine big old bull in a herd, make a

chalk mark on him and then kill him.

Turned on Hunter.

The wagers that this hunter made

with tenderfeet, it is said, kept him

in gin and tobacco until he happened

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not the crude oil which is very

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ration of Cod Liver Oil; it is

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mediately absorbed, and will

not upset the stomach like

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the crude or plain oil.

heavy and hard to digest.

Usually we had to go some distance Severn, which we crossed by the rail- to run across a lively old brute that the woman alone, but she is warned

172 KING STREET

98 POUNDS

twinking out above us we would dollars a week for horse and van, stand around the blaze, our mouths watering for the delectable sausages.

Increase of the capacity and van, selves greater latitude. The capacity and stand around the blaze, our mouths making \$10 apiece for us for the fort- the Boer leaders in the war against the other hand are best avoided when a woman is without male escort.

England, was famous as an elephant when a woman is without male escort. you hastily fasten collar and potatoes and chops. How we clattered night. Then there was the food, some laces the smell of bacon and our knives on the tin plates and gulp- of which we took with us but most elephants a day and in this way laid relephants a day and in this way laid. French balls. To two of these in pareggs greets you and you dash out to ed down the mugs of hot tea which of which we bought on the road, that the foundation of quite a respectable eggs greets you and you dash out to ed down the mugs of hot tea which finish the setting of the portable tables which are standing under a big tree. Oh, those hasty breakfasts with the sun slowly eating up the curring mists and jam and thick, fruity cake, and the county map unrolled on the grass for you to pick out the day's done!

The foundation of quite a respectable south the foundation of quite a respectable south African fortune. A historian that wandered along the African coast that wandered along the African coast at that time reported that Botha kill-at the time the foundation of quite a respectable South African fortune. A historian that wandered along the African coast at that time reported that Botha kill-at the time to \$8 or \$10 apiece, so the fort-night's excursion cost us each about that wandered along the African coast at that time reported that Botha kill-at the time to \$20, and we thought it cheap at that.

The real joy of the trip can be measted the ferent occasions and that he shot as any of the racecourses in the Paris trail themselves done their own work. The trail themselves, done their own work, many as thirteen elephants in a day. sur- Someone who knew Botha declared

> clean hot water all the dust and wherever we wene, from the gentle-bruises of the march while the moon man farmer and his wife who took in order to see how great a tale that it, and it will be given with amiable Oswell, who was one of the greatest

ley Castle, where Edward II's oub- night the stars twinkled on our camps open country," he said, "there was second or third rate modiste would stretch, putting our shoulders to the liette and death chamber consti-wheels on a climb, or if we were lucky, tute two of the best horrors in Eng-on our gaudy van. Gordon Cumming was another famous African hunter who killed his full share of big game, and F. C. Selous was another. The latter is said to have shot seventy-three elephants in

> The result of this slaughter has been to exterminate the elephant in South fra' Africa. Today there are no herds south of the Zambesi and the Cunene rivers except two or three small protected herds in Cape Colony, a small troop or two in Bamangwato and Bechuanaland and a few in Mashonaland and nerhans in Matabeleland This is all that remains of the herds that sixty or seventy years ago roamed in freedom over most of the South

African interior. The English have taken a special interest in the elephant since they have seen it disappear rapidly from their South African colonies and several societies have been formed to preserve it. These societies have apparently been gathered into one which Ever since the white man and his some remarkable bags were reported. native allies have been killing off the It is recorded that hunting parties has for its purpose the preservation of elephants there has been discussion would some days kill as many as the fauna of all the British Empire. of means of preserving the big beast lifty of the big brutes. There must

LONE WOMAN IN PARIS

Places She May Visit Without Danger of Unpleasant Experiences.

Every year thousands of Amerwomen arrive in unattended by men, while call attention, according to the stories that are told of his prowess, to some with masculine escort and makes her way to foreign parts by herself. The woman alone has in fact become such a feature of modern Paris life that she now has a book written for her special benefit

It is called "The Woman's Guide to Paris," and gives her a lot of useful nformation as to where she may go by herself without exciting comment, and names places from which she had better stay away. Miss Imvay, the vriter of this little volume, went about to various restaurants and got a candid opinion from the managers as to whether women alone would cause any stir among the regular guests. It seems there are many restaurants and cafes where the unchaperoned woman is as safe from criticism as in her own home, but of the brasseries and taverns of Paris Miss Imvay will only recommend three to the attention of the unattended women.

In regard to smoking, French wonen of any social standing never smoke in public, so the guide advises abstention from this pleasure except in woman's own room.

The unchaperoned woman is a familiar sight in Paris theatres, and those who follow Miss Imvay's instructions may go to as many theatres as they like, but their mentor arges them not to wear the ordinary tourist costume of short skirt and fannel blouse to the opera or the vaudeville and then mingle with the fashionably dressed audiences in

led him until there was not an under the trees of Champs Elysees, but

area if she is all by herself not find herself an object of curiosity that it was doubtful if he ever said or of unwelcome attentions, while on We met with nothing but kindness such a thing and suggested that the other hand if she needs informacourtesy and completeness.

Of course, Miss Imvay devotes much our tent. A few last chores, a pat to the children who gathered shyly Prince, a sleepy good-night and we around our fires, bearing gifts from were resting from the long day.

From Gloucester we went to Berke
Prince, a sleepy good-night and we around our fires, bearing gifts from the long day.

The relates that in one of his expeditions and American women are often dispensed us the news of the road, by far as the eye could reach in a fairly reason is not far to seek. Only a dream of exposing her wares in the window, and though the interiors of the shops contain hundreds of dainty garments the window display to English and American eyes is unattractive in the extreme.

"A very short visit to Paris will convince any woman that prices here are nigher than anywhere else in everything concerning women's dress except in the matter of the ready-made article," continues Miss Imvay, and she tells her readers where the smartest and most tasteful articles de confection may be bought, where the best gloves are to be found and the choic-

Palpitation of the Heart.

One of the first danger signals that announce something wrong with the heart is the irregular or violent throb. Often there is only a fluttering sensation, or an "all gone" sinking feeling; or, again, there may be a most violent beating, with flushings of the skin, and visable pulsations of the arteries.

There may also be experienced a emothering sensation, gasping for breath, and feeling as though about to die. In all such cases the action of Milburn's heart and restoring it to its normal beat, is, beyond all question marvellous, as

our thousands of testimonials will show.

Mrs. Martha Mason, Marlbank, Ont., writes: Just a few lines to let you know what Milburn's Heart and Nerve Pills have done for me. I have been troubled with weakness and palpitation of the heart, would have severe choking spells and could scarcely lie down at all. I tried many remedies but got none to answer my case like your pills did. I can recommend them highly to all with heart

or nerve trouble." Price, 50 cents per box, or 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited. Toronto, Ont.



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can often save as much as 25 per cent. gas and at same time increase the heat Probably, you know from experience that it is really impossible to remove all the dirt and grease from ordinary

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A well-known physician whose name we can give, says:

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'I have prescribed Abbey's Salt for others and used it in my own case, and find it a palatable laxative. It is particularly suited for cases of Sour Stomach and Habitual Constipation, and

it may be used continually

as an agreeable morning draught". The advice of an experienced practitioner is

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Bends. Write for our latest plumbers' list and quotations. THE CANADA METAL COMPANY, LTD. TORONTO, ONT.

est bargains in hats. to do a little largaining," she explains. "When offered a hat for 150

francs you will be quite safe in pro-

posing 100 francs, and so on in pro-

portion." This does not apply to the "At most milliners' you are expected great stores, where the prices

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> fixed."