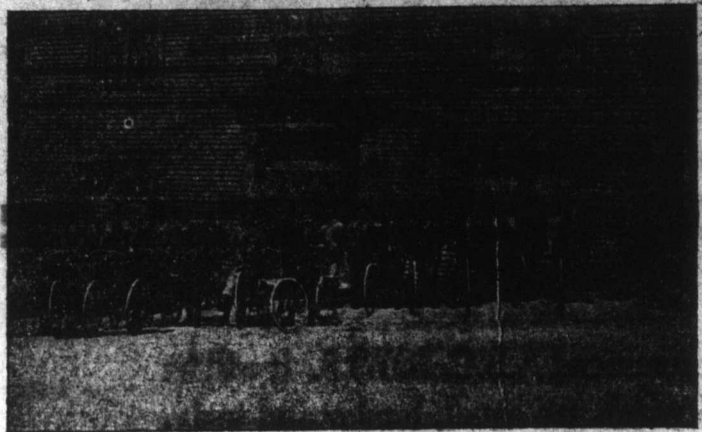


SPORTOGRAPHS



With the announcement of the revival of bicycle racing at the Guards Sports, to-morrow, fond memory brings the light of other days around us. The above old cut shows the St. John's Bicycle Club lined up for a tour at the Racout Building.

The City team is out in the West. Out in the West in the Grand Falls' lair; Maybe they'll rise to the ancient test. Or perhaps they'll do what the sun does there.

LIPTON AFTER THE CUP.

NEW YORK, Aug. 21.—Sir Thomas Lipton arrived to-day on the Cedric and confirmed the reports that he will challenge for America's cup in 1925 with his fifth Shamrock.

NO GAME YESTERDAY.

Special to Evening Telegram GRAND FALLS. A steady downpour of rain which made the field sodden and filled with pools of water prevented the first game of the Inter-Town Championship Series being played last evening. It will take place to-night.

OFFICIAL TIMES ST. JOSEPH'S REGATTA.

1st race, Cadet—10.35%
2nd race, Cadet—10.20%
3rd race, Guard—10.47.

own way, and shortly after the start Hayes scored from a nicely placed corner. Doolley got an easy one shortly after, and Hayes was responsible for two more goals, and Kearney netted No. 5. The attendance was only fair.

To-night the Gaelic and Wesley will be seen in action, and as both are in the running, a good game should result.

SAINTS WIN CHAMPIONSHIP.

Special to Evening Telegram GRAND FALLS. (Delayed in Transmission.) St. Andrew's won the Grand Falls Football Championship for 1923 as the result of the C.L.S. and the Guards playing to a draw in a scoreless game on Saturday. Had the Church Lads won, it would have necessitated a play-off between them and the Saints. Grand Falls drew with the Cranley team, 3 to 2, last evening, which was a reverse of the first clash when they defeated us 5 to 1. It was a fast and furious game and gave our men a great boost for the Inter-Town Championship Games, which begin to-day. Sorry it was not found possible to assemble a cricket team in the progressive capital of our island home to face our team on the green.

GUARDS SPORTS TO-MORROW.

All our favorite athletes are competing in the Guards Sports to-morrow at the Agre Athletic Grounds, entries for which close on the field to-morrow. 1,000 special seats have been provided, in anticipation of the overflow attendance which is sure to be present. In addition to the athletic card, special diversion for the kiddies has been arranged. The revival of bicycle racing by the introduction on the programme of a 5 mile event, is sure to be welcomed. On the track last night ten competitors were practicing, and one of them was "clocked" as doing it in 17.34, which is exceptionally fast. The prizes (now on exhibition at Trappell's) will be presented by Mrs. Tasker Cook in the absence from town of Miss Allard. As Skirving is out of town there will be great chance to secure a win in the half and one mile, and these events should be particularly

exciting. A large number of entries has been received for all events and it should be a gala day in the season's sporting events.

HOW SPORTS DEVELOP CHARACTER.

The following article is written by Mr. Fielding W. Yost, Director of Athletics and Physical Education at the University of Michigan. Most intelligent persons know that the boy isn't necessarily on his way to perdition because he likes rough sports, has been known to participate in a fist-fight or two, and nurses an ambition to shine in the competition games of his school or club. His ambition is a perfectly wholesome one, prompted by a fundamental need deep within him. Mr. Yost explains the craving and tells why the satisfaction of it makes better men. Much of what he has to say about boys is equally applicable to girls, and his statement about the relative infrequency of injuries in competition sports should be reassuring because it comes from an authority who has twenty-five years' experience supervising athletic sports and physical training at one of the largest educational institutions in America. His article follows:—

Every boy should engage in competitive athletics. I make this broad statement from the viewpoint of one who is interested in the development of the race and the advancement of civilization; not merely from the viewpoint of a football coach. The value of competitive athletics is twofold: first to the individual and second to the group in which he is a part. It is easy to see that a boy might have good health, good morals and a strong mind and still not fit in well with his own group. Sports that make him more adaptable and more inclined to adopt the ideas of teamwork are necessary for the whole group as well as the individual. Sports set an objective for the adolescent character. They offer the surest means we have of getting out the "bad dirt." They are the open door. Sports will develop him mentally as well as physically. They will teach him to think "in a pinch," to keep cool in trying situations, to control his emotions. The spirit of co-operation is another thing that sports teach; in all games this ability to merge all the individuals in one harmonious whole is most important.

Considered from a recreational standpoint as distinguished from the physical side, competitive sport is valuable in that it offers to boys in the school and college a diversion from their studies. It gives them something to think about that will relieve their minds of the monotonous work; it amuses them and at the same time it improves their bodies. The same amount of amusement might be had in going to the theater, or playing at cards, or sitting around a piano, or in any of these things do nothing for the body.

There are four qualities which every boy must develop if he desires to excel in athletic competition. The first requirement of all athletic sports is good health, or "condition." This means that a boy must build himself up physically to the highest point that his body permits it; it means that he will be compelled to observe the rules of hygiene. He must be taught to observe these rules because it is the right thing to do, but how much easier is it to give him a definite objective instead of an abstract theory! If you tell a boy that drinking, excessive smoking and other forms of dissipation will prevent him making the team he is striving to win a place on just as surely as if he lost one of his legs, he will be much more impressed than if you merely said that these dissipation would exact a toll that he would have to pay later in life. It is human nature to be prodigal with health. The boy always has it in the back of his head that dissipation may hurt the other fellow but it won't hurt him. But when he realizes that breaking training-rules means being dropped from the squad or taking a place on the bench as a substitute, the penalty is very real and very immediate and one that he can understand.

The second requirement is that he must learn to think under fire. Success in most games depends to a large extent on quick thinking.

Third, he must cultivate the right normal attitude toward the game—the spirit of fair play and give and take.

Fourth, he must have the determination to do and the will to give service. This is the thing that puts the vital spark in him. He might possess the first three qualities to the highest possible degree, but he would be like a fine watch that had never been wound up unless he were inspired by desire to make use of them.

In contemplating competitive athletics, one should study causes more than results. It is the causes of victory which makes participation in athletics worth while. If defeating a rival were all that counted, we might as well have college championships settled by matching pennies; one side would beat the other in that kind of contest and the institution whose representatives won most often would have a right to style itself champion. But matching pennies is a commonplace; a coward or a quitter might consistently beat a man endowed with all the desirable qualities. There are four principal causes for

victory, and if you take care of causes, results will take care of themselves. In the first place, there must be thorough preparation in the individual and in the group. In the second place, there must be co-operation and co-ordination. Thirdly, there must be co-ordinating leadership—leadership of a kind that can focus all the interests of the group. Lastly, there must be the realization that service produces results.

One of the things I always have tried to teach is that each man should find his own game and play it, instead of making up his mind in advance that he is going to take up one particular sport and stick to it regardless of his fitness. I believe that the desire to excel is natural and that there is some sport in which every one of us has a chance to get somewhere near the top. I would rather be a great croquet-player than a hopelessly poor football-player.

If your boys are physically able (a fact which any physician or trainer can easily determine), by all means let them play football, baseball and other strenuous fighting games. Competitive athletics will not develop the fighting instinct but will satisfy it. This instinct is present in every normal boy and it should be given an outlet. The desire to excel has been handed down from the remote beginning of mankind. Without it civilization would perish and the human race itself would be in danger of extinction. The boy of to-day likes strenuous games because his ancestors for many centuries had to cultivate the qualities most in demand in these games. In man's early days, when he was without weapons, only the fastest runners could survive—thus running was an accomplishment that had to be cultivated. Then man found out that he could offset the difference between his size and natural weapons and those of the animals by using a stone or a club—so throwing and striking were developed. Those hapless individuals who could neither run, throw nor strike went on the lunch-counter for some voracious beast.

Our games-to-day are made up largely of a combination of running, throwing and striking. It is instinctive for boys to want to do these things. Even very young children who cannot understand games will follow the hunting and fighting instincts and play running games of their own devising.

Your boy is not showing vicious traits because he likes rough play better than being "dressed up"; he is being human. He isn't necessarily proving himself a quarrelsome and dangerous character when he fights; he is finding an outlet for an instinct that should not be curbed but directed into proper channels. In properly supervised sports he will learn that it is more manly to beat the other fellow according to definite rules that give them both a chance than to tackle him with bare fists.

The qualities that he will develop in preparing himself for the team and in taking part in the games will be the qualities that the future of the race must continue to depend on. The world is getting to be a better place to live in every day, but we are still a long way from the millennium a long way from the day when human nature will be so perfect that there will be no necessity for fighting qualities. Until then, strong and honorable and unselfish men must help the weak and protect them against the vicious. It will often take hard fighting to make right triumph over wrong, and some one must be prepared to fight for decency or evil will rule the world.

The boy or man who makes up his mind to give service has found the key to success. Altruistic principles prove in the end to be more effective than those conceived in selfishness.



This Morning Millions removed the film

You know them by their whiter teeth

When you see pretty teeth, remember this.

There is now a new way of teeth cleaning. Millions of people employ it. All the world over leading dentists advise it.

It will do for you what it does for others. The results will amaze and delight you. A ten-day test to prove this will be sent you if you ask.

That dingy film

Teeth are made dingy by a film—that vicious film you feel. It clings to teeth, enters crevices and stays.

Food stains, etc., discolor it, then it forms dingy coats. Tartar is based on film.

Film also holds food substance

to ferment and form acids. It holds the acids in contact with the teeth to cause decay.

Germs breed by millions in it. They, with tartar, are the chief cause of pyorrhea.

That's why few escaped tooth troubles, and why beautiful teeth were seen less often than now. No old-time tooth paste could effectively film.

Now different

Now you can combat it. Dental science has found two effective ways. One acts to curdle film, one to remove it, and without any harmful scouring.

Able authorities proved these methods by many careful tests. This is a new-type tooth paste was



TRADE MARK

The New-Day Dentifrice

A scientific tooth paste based on modern research, free from harmful grit. Now advised by leading dentists the world over.

You can get out of competitive sport only what you put into it. The more you try to put into it, the more possible dividends, the more you are bound to get out of it in the long run. Service in any activity of life is not self-sacrifice in the sense that it precludes a reward; it is the only sure method yet discovered of bringing a reward.

Nfld. Junior Football, St. George's Field, to-night at 7. Gaelic vs. Wesley. Admission Gent's 10c, Boys' 5c, Ladies' free. Grandstand 10c. extra.

McMurdo's Store News.

GAULT'S DIGESTIVE SYRUP.

If you are suffering from indigestion or dyspepsia in any form, try a bottle of Gault's Digestive Syrup. This wonderful remedy is a compound of herbs, bark and roots and contains no injurious minerals whatever. We have many testimonials of its value, and know of many persons who have had instant relief after a few doses. Price 50c.

Ring 1346 for Neary's Dry Kindling Wood.—July 18, 1923

SPOILT! NOT LIKELY.

You never have your films or prints spoilt at Tooton's. There is no store in town that has such up-to-the-minute apparatus for Developing and Printing.

The recently installed new plant for developing prevents any defective negatives, and the printing from negatives is only carried out by thoroughly proficient workers.

To get your films satisfactorily developed—perfect prints from the negatives, and promptness, you'll find it best to go to the Kodak Store.

TOOTON'S,

THE Kodak Store, 309 Water St. PHONE 131.

University of King's College

Associated with DALHOUSIE UNIVERSITY, Halifax, N.S. King's College will remove at once to Halifax. The forthcoming term will open on Sept. 26th. Lectures will begin on October 1st.

The Residential System for both men and women students, which has been the feature of the College at Windsor, will be maintained under practically the same discipline and regulations.

First year Lectures will be taken entirely in King's College. Higher classes will be taken jointly with those of Dalhousie University.

For all information regarding rooms, etc., apply to DR. T. S. Boyle, President, Windsor, N.S. aug21,w.atf

Personal

We are sorry to hear of the serious illness of a popular and well known citizen in the person of W. J. Lennie, who for the past four months has been stricken with pleuro pneumonia, and grave fears are entertained for his recovery.

Mr. George C. Snow, the well known cabinet maker on Colonial Street, accompanied by his wife and two sons—Captain J. H. and Gordon—are leaving St. John's by the Digby this week. The family will reside in Boston in the future. Mr. and Mrs. Snow have been life-long members of St. Thomas's Parish. Captain Snow did good service in the war and has since been an efficient officer in the Church Lads Brigade. The good wishes of their many friends will go with them.

Mr. Rex Field, a former employee of Messrs. Bowring Bros., this city, is a passenger returning by the a.s. Sylvia, from New York, on a vacation. Mr. A. Stewart, late of Marshall Bros. Dry Goods, has accepted a position with Jas. Baird, Ltd. "Al" is a hustler, and no doubt will make good in his new position.

Dr. W. J. Hogan, Dentist, who has been on an extensive business trip down north, returned by a.s. Buss this morning. Dr. Hogan's home-coming is a sad one. Yesterday he received word of his brother Harry's death in Carbonara, and after arrival he motored over the bay to attend the funeral which takes place this afternoon.

Look out for the Independent, July 12, 1923

Free A 10-Day Tube See Coupon

Avoid Harmful Grit Pepsodent curdles the film and removes it without harmful scouring. Its polishing action is far softer than enamel. It is a blue combination which will take harmful grit.

Research proved other methods essential. So Pepsodent maintains the alkalinity of the saliva. This is there to neutralize mouth acids the cause of tooth decay.

It multiplies the starch deposit in the saliva. That is there to digest starch deposits which otherwise ferment and form acids. Pepsodent is bringing a real dental era through these methods.

Research proved other methods essential. So Pepsodent maintains the alkalinity of the saliva. This is there to neutralize mouth acids the cause of tooth decay.

It multiplies the starch deposit in the saliva. That is there to digest starch deposits which otherwise ferment and form acids. Pepsodent is bringing a real dental era through these methods.

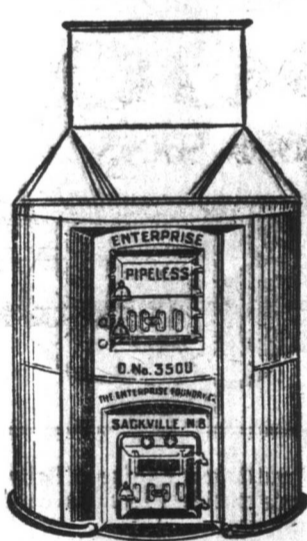
Research proved other methods essential. So Pepsodent maintains the alkalinity of the saliva. This is there to neutralize mouth acids the cause of tooth decay.

It multiplies the starch deposit in the saliva. That is there to digest starch deposits which otherwise ferment and form acids. Pepsodent is bringing a real dental era through these methods.

10-Day Tube Free

THE PEPSODENT COMPANY Department N-1X 1104 S. Wabash Avenue, Chicago, Ill. Mail 10-day tube of Pepsodent to

ONLY ONE TUBE TO A FAMILY



The Enterprise Pipeless Furnace

is here. See it on display in our window. Positively the most up-to-date Pipeless Furnace on the market. It is

ALL CAST IRON

and guaranteed for a lifetime. THINK WHAT THIS MEANS.

How it Works.

The furnace stands in the cellar, directly under one register, and pours heat up through the house—warms to the furthest corner—heats the whole house like a stove heats one room—keeps the same temperature everywhere.

It saves one third to one-half of your fuel. The price of fuel next winter will have no terrors for owners of Enterprise All-Cast-Iron Pipeless Furnaces. This splendid furnace burns any kind of fuel and takes less of it to do its work than any other furnace that is made.

Remember we are practical Tinsmiths, and have a thorough knowledge of how to install this furnace right in your home. We can recommend the size and pattern to suit yours best.

The Initial Cost is Low.

The Cost of Upkeep is Low.

It can be installed in one day, and two days, in most cases would be the longest.

We GUARANTEE you positive satisfaction, and the manufacturers stand behind us.

Call at our store, or phone for an appointment, but at any cost investigate this wonderful new up-to-date device for chasing the chills out of your home next winter, and at such moderate cost, too.

NOW IS THE TIME.

John Clouston

140-142 Duckworth St. Phone 406.

aug 21, 22-sept 1, 1923

KNO HA

New Goods sale at our re

WHITEN VARNISH SCYTHE S HAY IORE SCYTHE S HANDELES SCYTHES HAY IAKI

We have a and selling fo a set of 4. furniture tha no rucking ug

LAWN MO ADAMS' F CARPET S FREETER BERRY H FEATIER

Kno

A real ge use. No mo one of them. Price 1.30 ea

New

BASKETS WASH BO FENCING FARM FE BABY CA SULKIES

We have Floor and thing. Lift i

G. K

aug 13, 1923

Fire Proof

FROM MONTREAL TO BELFAST-GLASGOW

TO LIVERPOOL

TO CHERBOURG, SOUTHAMPTON, HAMBURG.

TO CHERBOURG, SOUTHAMPTON, HAMBURG.

Apply to Local Agents or Burpee, Dist. Pass. Agent, 40 Water St. John, N.B.

From Cape Race

CAPE RACE, P.E.I. Wind northwest, blowing weather fine. The forecast here for the past week, is a slight to-day. No vessels Bar. 23.72; Ther. 53.