

Turkeys, Geese,

in the pink condition.

Savoy Parsnips Carrots Cucumbers Ripe Tomatoes Celery Lettuce Parsley

SMILAX

Pears Florida Oranges Java Oranges Val. Oranges Manderines Tangerines Palermo Lemons. Fresh Pineapples. FRUIT WINES: Port Wine Cherry Brandy Ginger Brandy Sherry Brandy Claret

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Vessel COAL.

IS THE

BEST COAL!

The schr. "Wilfrid M." arrived to-day with

380 Tons Double Screened North Sydney Coal.

Send your orders whilst vessel is discharging.

MULLALY & CO'Y.

For Sale Cheap

Puncheons,

Hogshead

Quarter

Casks.

J. C. BAIRD.

Special Announcement

TO Automobile Owners.

The Dunlop Anti-Skid Traction Tread Tire will be available in St. John's for season of 1913. This Tire with its guaranteed mileage and moderate cost will appeal to you.



See it in our window. Traction Tread has a "little brother" for Motor Cycles.

FRED. V. CHESMAN, Agent.

Choice Table Butter

in boxes, tubs and blocks.

Fresh P. E. I. Eggs,

LOWEST PRICES.

JAS. R. KNIGHT.

MINARD'S LIMEWATER CURE FOR COLDS, ETC.

On Using One's Capital.

By RUTH CAMERON.



A young woman in our neighborhood is called by her neighbors a thoroughly successful housewife.

At the risk of being thought capricious, I beg to differ with them.

I admit that the lady in question keeps everything about her house in perfect order

and exquisitely clean, and that there is never a speck of dust visible, even on that beloved habitat of dust, mahogany furniture; I concede that she is a most excellent cook, and I am lost in envious admiration whenever I see her clothes-line full of clothes that really do deserve the adjective, snow-white. Furthermore, I realize that she certainly is a wonderful woman to have accomplished all this in spite of an entire lack of early training.

And yet I still maintain that she is not a thoroughly successful housewife. Why? Because, while she has learned to do all these things well, she has not yet learned to do them easily. She does not do her daily work out of her daily strength, but out of what should be her reserve fund, out of her very self.

She worries about her work; she frets lest everything should not be just so; every night finds her tired and nervous, and what tired and nervous people are likely to be, a little bit cross.

Now to my mind, no one is a successful worker in any line of work unless he has thoroughly conquered the task that he can do with his normal allowance of strength and not

have to draw on a reserve fund. Suppose you had a certain amount of invested wealth given you, and were told that you must live on the interest of it, the rest of your life. Now surely you must admit that you would not be using your money wisely, no matter what splendid bargains you bought with it, if you overdrew the interest each week and used up some of the capital.

And that is just what the worker does who has not learned to do her daily work with her daily strength.

That is why I do not think this housewife has thoroughly learned her business, even if she can bake and sew and clean to perfection. She has a long road still before her. She must learn how to do all these things without taking so much out of herself.

Can this be done?

I think it can.

How?

Well, for one thing, she must study short cuts and efficiency methods.

She must study how to do every little thing in the easiest way.

She must have the best tools.

She must be willing not to do things quite so perfectly when a check on her reserve strength is the price of her perfection.

And above all things, she must learn not to let her tasks worry her or fret her, not to be afraid that she won't get things done on time or have things just so. In other words, she must be mistress of her work and not let her work dominate her.

Then, and then only, will I be willing to concede her that rare but splendid title—a thoroughly successful housewife.

Ruth Cameron

OMAN'S TRIALS.

The burdens a woman has to carry through life are many but they can be lightened if she will turn to Dr. Pierce's Favorite Prescription. A soothing and strengthening nerve—subduing nervous excitability, prostration, hysteria, hot-flashes and the many symptoms which may be caused by distressing ills peculiar to women. For those "dragging-down" pains or distress and for the derangements and irregularities the "Favorite Prescription" has had many thousands of testimonials from people living in every part of America. Another important thing to every woman is that this medicine is made from efficient medicinal roots, without the use of alcohol, narcotics, or any injurious agents. Full list of ingredients given on bottle-wrapper and sworn to by Dr. R. V. Pierce—who is President of the Lavalin Hotel and Surgical Institute, at Buffalo, N. Y. Every woman is invited to write to this Institute and receive confidential and sound medical advice, entirely without cost from one who makes the diseases of women his specialty.

"I can cheerfully recommend your remedies, especially your 'Favorite Prescription,' for all female disorders," writes Mrs. M. M. MORRELL, of Blue City, Tenn., Route 2. "During the past seven years I suffered from pains in the back and ovaries. Tried many remedies but found only transient relief until I was persuaded by a friend to try Dr. Pierce's Favorite Prescription. After giving this remedy a fair trial, I found that it would do just what it is recommended to do. I used in all seven bottles. I cannot speak too highly of Dr. Pierce's remedies for all female derangements."



Mrs. MORRELL.

Dr. Pierce's Pleasant Pellets regulate liver illa.

Household Notes.

Brittle nails should be rubbed with vaseline every night.

When the knob comes off the tea-kettle lid, try putting in a cork; select one larger than the hole, soak it and force it in while wet.

If rice is cooked in water it will absorb about three times its measure. If it is cooked in milk at least half as much liquid will be necessary.

Limeum which has been rolled up for some time should be placed before the fire for a few minutes before unrolling. It will not crack.

A fish that is to be boiled will be improved if it is placed in a dish containing melted butter, and allowed to stand for an hour before boiling.

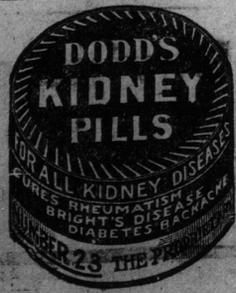
After boiling salt beef leave two or three carrots in the liquor until cold. The carrots will absorb the salt and the liquor can be used for soup.

Perspiration stains can be removed by a solution of oxalic acid and water in a proportion of one drop of oxalic to twenty drops of water.

When sheets wear thin in the middle, cut them in half down the middle, and sew the outside edges together; the sheets will wear twice as long.

If a few drops of vinegar are added to the water in which eggs are poached they will set properly, as the whites will be kept from spreading.

Rusty steel should be covered with sweet oil, well rubbed in, and in forty-eight hours use unslacked lime finely powdered and rub until all the rust disappears.



If you are mixing a pudding or cake with a wooden spoon beat the mixture with the back of the spoon. It is far easier and becomes beautifully light in half the time.

When a kettle is badly burned, do not fill it with water, but set it aside to cool, then put in a handful of washing soda and water and allow it to boil for an hour or more.

Paint, no matter how hard and dry, can be taken out of woolen clothing by using a solution of equal parts of ammonia and turpentine. Saturate the spot two or three times, then wash out with soap suds.

Hands that are inclined to be red in cold weather should always be bathed in tepid water and pure soap, dried thoroughly, and a solution of glycerine and rosewater rubbed in.

When a haze, caused by dampness, appears on mahogany furniture rub it with a soft linen cloth moistened with olive oil. The rubbing must be kept up until the surface is dry.

For economy, excellent lamp wicks can be made from men's old soft felt hats cut into strips the proper width and soaked in vinegar for two hours and drying before using.

Sash curtains, after they have been starched, should be folded down the middle length-wise and ironed double, then opened out and the fold ironed. They handle very well when ironed in this way.

Before cutting buttonholes in thin materials, baste a piece of India linen underneath where the buttonholes will be. Cut the buttonholes through both and work. When finished, cut away the piece of goods underneath.

To bake cakes at home successfully put the cake mixture into a well-greased tin. The cakes will never burn at the bottom or stick, and will be successful whether baked in a large or small oven.

To clean a white felt hat put a small quantity of flour into a perfectly clean baking tin, cover it with an old saucer and place it in a hot oven until well heated. Then take a piece of white flannel and rub the hot flour thoroughly into the felt.

MINARD'S LIMEWATER CURES DIPHTHERIA.

Eat and Live.

500 brls. POTATOES, \$2.00 brl. Dry as meal.

100 bags TURNIPS, \$1.70 bag. 50 sacks CARROTS. 20 sacks BEETS. 30 sacks PARSNIPS.

APPLES, \$3.00 and \$6.20 brl. 40 brls. PARTRIDGE BERRIES.

VENISON, Sc., 12c., 15c. lb. 30 brls. SALT HERRING.

SOPER & MOORE

Why Who's Who.

By H. L. RANN.



The pastime of discovering the North Pole for Chautauqua purposes is one of the most ennobling and remunerative occupations of mankind. Somebody is always discovering the pole and then coming home to tell where they found it at \$250

per evening.

It has been popularly supposed that the pole was a stationary object, something like the police force of our great cities, but this seems to be a mistake. Every year or so some explorer discovers the pole in a new spot and brings back a set of moving pictures showing how it looked when he ran into it. The Chautauqua platform is littered up with proofs of discovery, consisting of splinters from the pole itself and photographs of the explorer reclining at its base, wrapped in the American flag and the Arctic chillblain.

The pole has been discovered so often in different parts of the frigid zone that people have become suspicious and refuse to accept any kodak pictures, unless certified to by a justice of the peace. The only man who has been able to meet these strict requirements is Commander Robert E. Peary, who found the pole in approximately the same longitude where it was originally put up.

When Commander Peary returned home to receive some medals and pick off a few lecture engagements, he was greatly chagrined to find that old Doc Cook was being featured on the front page with everything but the proofs. The Doc had left the proofs lying on the piano at his summer home in Amsterdam, where they can be seen by anybody who happens to be in that vicinity. Peary says he didn't find the Doc's initials carved on the pole, and knew he hadn't been there. Upon hearing this, the newspapers began to hedge and relegated the Doc to the eighth page, next to the insurance column.

It is now admitted that Commander Peary is the only man who found the North Pole without the aid of the long bow and a lively imagination. As luck would have it, he is an American, and America discovers everything that is worth while except relief from the perennial and night-blooming office seeker.

Electric Restorer for Men
Phosphonal restores every nerve in the body to its proper tension; restores sex and vitality. Premature decay and all sexual weakness averted at once. Phosphonal will make you a new man. Price \$3 a box, or two for \$5. Mailed to any address. The Universal Drug Co., St. Catharines, Ont.

Clell Bixby, who is married again, was divorced from his first wife. "Yes," he said to an old friend who came in yesterday, after a long absence, "I am serving my second term."

Good and True

Safe and reliable—for regulating the bowels, stimulating the liver, toning the stomach—the world's most famous and most approved family remedy is

BEECHAM'S PILLS

Sold everywhere. In boxes, 25c.

Ladies' American

BLOUSES

GOOD NEWS FOR LADIES:

For where is the lady who won't wear a Dainty White Lawn Blouse that sold formerly from \$1.60 to \$2.50 each if she might have her choice of any one at

\$1.00 each.

We have 300 only in this lot, and those ladies who see them early get the best of them.

Now then, ladies, it's up to you to embrace the opportunity.

We have done our part to give you great big value for your money.

S. MILLEY.

COLLIN'S SALE

Of English and American

Flannelettes

IS ON THIS WEEK.

P. F. Collins,

299, 301 Water Street.

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SEE OUR NEW DISPLAY OF FINE FURNITURE

Our stock is a revelation to every one who looks through it. Every line for every room in the house is displayed in magnificent assortment. Good, well made, artistic Furniture to suit every taste.

U. S. PICTURE & PORTRAIT Co.

Complete House Furnishers.

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