An Alluring Abandon

A GARDENED GLADE

that all its products must fear the

image of consciousness, which is

the distinctive characteristic of spir-

it. Consciousness is "the knowing of the self by the self." This implies an annulled distinction between subject and object. Such an annulled dis-

tinction is identity, and the ever-re-

peated movement from distinction to

peated movement from distinction to identification, can be described by no better word than rhythm. Hence all rhythmic movements and all rhythmic sounds may be translated into the tireless affirmation I am I. Finally since the world is the sef-revelation

of the divine mind it too is a work of

art into which the Supreme Artist has Breathed His own life. Quickened by this insight, I remember with

strange pleasure that the very word rhythm, points by its derivation to the undulating stream. The swaying

ing grass, the waving wheat, the rhythmic flight of the bird, the ac-

cordant color of flowers, touch me with new emotion. I find deeper

meaning in "the primal chimes of sun and shade, of sound and echo." I pic-

people-Jehovah-the absolute and

twelve of them are surrounding an in-

that day :-

The loyal roses redden

Are singing to the blue,

And smiling deck the sod,

The world is like a picture

Toss the blossoms over you.

And all the world is bright,

And the golden stars of night,

And the glory of the green,

Where the lovely lilies lean! The tinkle faintly wafted

Of far-off cattle bells, And the thrushes' silver music

In the dim and dreamy dells!

And all the world is bright,

And love is in the sunshine

For it's May-time, it's May-time,

And the golden stars of night."
HYPATICA

COMPOUND

Medicines.

IT MAKES SICK PROPLE WELL

Honest merit and strict fulfillment

of every promise made to suffering humanity, have combined to place Paine's Celery Compound on the high-est round of the ladder of fame. Its

humblest, but equally grateful people, Paine's Celery Compound is estab-lished home medicine of the large ma-jority of our Canadian people. It is a

edicine full of healing, strengthening

the stomach, liver and kidneys in vig-

Mrs. G. Durant, of Elma, Ont., brief-

gives her experiences with Paine's

elery Compound.
"For many years I have been a suf-

ferer from liver troubles, and have doctored with several physicians, but

only found relief for a very short time. My husband advised me to try Paine's Celery Compound. I did so, and found so much relief from the

first bottle that I continued, and am now using the third bottle, Your

compound has done more for me than

any physician. For months before us-

orous hea'th.

and health-giving power. It nourishes the delica'e, nerve fibres, sus-tains strong heart action, and keeps

CELERY

Of banks of singing rivers

For it's May-time, it's May-time,

Oh, the splendor of the gardens,

eternal I Am. And so the infant,

CULTIVATED BY HYPATICA. answered by reflecting that art is the self-reflection of spirit and hence IN MAY TIME. Did you ever go to a Kindergarten closing? No invitation? What of that ! Go anyway. When children invite they are never very great respectors of persons and though unconscious of it, they want your presence if you only love them and respond to their winning ways. Besides printed invitations are all well enough and should be treated with respect by the one who gets them, but the other fellow need not necessarily feel left out. Isn't there a chance that your invitation while making for you fell among thieves or "followed a wagon out of town?" And, if the worst comes to the worst you have a very easy barrier to climb. How in the world is the man at the door going to tell for a surety whether you are in-

wited or not? But, to return, hearing that a kindergarten closing was to be held in that roomy Auditorium on the 31st of May, Hypatica, who had been feeling "biue" and weather-depressed for some time, made up her mind to venture in, invitation or no invitation. And barely had she become seated, when her emotional temperature began to rise and has kept rising ever since, thanks to "that inward eye, which is the 'liss of solitude." The space allotted to parents and friends was quickly being filled with eager, expectant faces. And, no wonder! From a side door came the sweet and happy practile of excited children who were anxious to be up and at the proreedings. Presently, on they came, two by two, each bearing a dainty basket of flowers and singing as they

"O, come to the woods and let us play For 'tis our Flower Day."

followed by many a lusty "Hurrah!" And what did they not sing? Their voices united in joyful songs of the returning birds with their freedom of flight and gaiety of song; of the gen-tle rain with its whispers to the seeds and flowers.

+To the great brown house where the flowers live, Came the rain with its tap, tap, tap.

And whispered Violet and Snow-drop and Rose,
Your pretty eyes you must unclose,
From your long, long ,winter nap,
Said the rain with its tap, tap, tap.

"To the doors they peeped with a tim-

id grace
Just to answer the tap ,tap ,tap.
Miss Violet courtesied a sweet "Good-

And they all came nodding their heads so gay, And they said 'We've had our nap, Thank you, Rain for your tap, tap,

tap. They sang of the golden sunbeams, those busy fittle werkers sent from the great centre of life and light. And to crown all on this, their May festival, they sang of lovely, lovely May the song that went to old Hypat. 's heart and fairly melted her to fears, ran something as follows:-

Weave a little basket Fill it up with posies, Roses from the garden, Blossoms from the wood; With our fondest wishes, With our songs and kisses, Bring them to our parents, Dear and kind and good." Then all those little ones, there

must have been eighty of them, gathered up those pretty little tokens and gave them to their mothers, whom they had spied in the crowd. If anything could touch a mother's heart (mothers are soft-hearted to a proverb, you know) it must be some such simple expression of love coming from the hand of her little five-year-old. The scene changes and director and assistants put before the children those little occupations which seem so simple to grown up people and yet necessarily turn the child's activity into a definite channel. The child on the street suffers not for the lack of the street suffers not for the lack of definite activity, but for the lack of definite ways and means of expending his enways and means of expending his energies. The Kindergarten supplies all this lack by little occupations which increase in complexity with the child's growing powers of mind. The visitor at the Kindergarten could not but be struck with the difference between the work done by the four-year-old the work done by the four-year-old and the six-year-old. And the material is so arranged as to give the child concrete and lasting impressions of form, number, size, direction, pro portion, etc.., ideas which can not fail to be of use to him in his after education, at least so it strikes an observ-

praises have been sounded by men and women in every walk of life—by the affluent, the distinguished, and by the Again the scene is changed and Again the scene is changed and a regiment of so'diers takes the floor and marches two by two, with drums and triangles. In circuitous route, now in, now out, they wing their way, every little soldier keeping step to a well-marked march. For all children have an instinctive love for rhythm.

An able writer on the impliest goes on An able writer on the subject goes on to explain: "Why do children love phythmic games? Why do youths and maidens delight in dance and song? Why does the sailor work better for his "Yo-heave-o" and the soldier march and fight better for the trumpet and drum? Why were the first dances regularly repeated leaps, the first poetry metrical chants, the first musical instruments those which marked off or measured sound? Why can we speak of a scale of color and define architecture as frozen music? Why do we feel that in a very deep and true sense music is the soul of all the arts? Why do we cherish Job's thought of the morning stars singing and true sense music is the soul of all the arts? Why do we cherish Job's thought of the morning stars singing thought of the morning stars singing to the Pytogether for joy, and cling the compound I never had one night of sound sleep soundly and naturally, and feel like a new woman in the morning." SERIES OF SIDELIGHTS

EDITED BY HELEN HALL.

land was bright," might be considered fitting to apply to this bright Saturday morning in June. The sun has certainly returned to the earth. Then one asks oneself-Have the people returned to King street? A sailor is donned and, we saunter out to see. On the threshold a voice from within calls a halt-Aren't you going to take a basket? What for? is asked. Then in utter incredulity comes the answer- Don't you know to-day is Saturday! That seems to settle it and the basket becomes part of the walking outfit.

As soon as the street is reached you feel it is Saturday. Even on the side streets there is a hurry and bustle not to be found on other days. Our Wednesday friend, the busy little woman, is to be seen coming from all and shade, of sound and echo." I picture to myself the mazy courses of the stars and their harmoniously proportioned periods. I behold the "dance of nature forward and far" and hear the very "atoms marching to a tune." At least I learn from science that "the flux of rower is atternally the same directions, basket in hand. She has lost her hurried look and in its stead is the look of the business woman. Mary is home to-day and she feels she has a little more leisure. On Wednes-day we met this busy little woman occasionally. To-day her name is le-gion. All roads lead to the market flux of power is eternally the same, that the rolls in music through the ages, and that all terrestrial energy, the manifestation of life as well as the display of phenomena, are but the modulations of rhythm." Then my soul is filled with mystic awe and in this bright Saturday morning. Those who are not going to market are com-ing from it. We follow our busy little woman as she picks her way through the crowd on King street. And such a crowd! Truly the sun has returned to King street, but what the seaseless pulsations of persistent energy, I read the cosmic -proclam-ation of that great name by which God revealed himself to his ancient a different sun! Everyone is in a hurry and everyone seems to know, just what brings him or her to King street. As you look at the crowd one cannot but think what creatures of rhythmic soul in a rhythmic body, is circumstance we all are. To-day it is difficult to distinguish our lady shopborn into a rhythmic universe."

But come back to the Closing. Now those children are butterflies flitting per from our busy little woman. Even the children are changed. You will from flower to flower, and again they are birds on the wing. Lo! farmers now! And as such, they plow and sew ook in vain for the eager, bright, laughing face with its nose flattened against the plate glass window. In and reap and thresh and lie them its place you find a very quiet, de-mure little face and a basket.

down to rest at noonday in the or-chard's shade. But, look! ten or Then new friends are seen. Coming toward us is a very energetic looking woman. Her dress is not trailing in geniously contrived pole all "covered and embowered" in flowers and ribbon streamers. Is it? It is, the happy old May-pole. With skill they weave the dust and her hair, while not untidy, looks as if the wind had played hide-and-seek in it not long and interweave and unweave the pretty bands of pink and green. Not one mistake. Well done, little ones! She carries a huge, empty basket and turns into the handiest grocery. The We'll come again to see you, for this song filled our hearts as we left you sale for butter and eggs has been brisk and she is now on her way to get the weekly supply of groceries. Hardly has she disappeared when another attracts our attention. This time it is a bright, rosy-cheeked young girl, very conscious of a pink Where the green fields famile to God; The birds in all the branches, ribbon and a new hat with roses. She is not particularly interested in butter and eggs and groceries, but And the winds that wave the treeshe will be some day. To-day the windows and her friends in the crowd are her chief concern. By this time the market square is

reached. Here the crowd increases.

The space in front is filled with men, is the Rialto of Chatham. Here a buyer for one of Chatham's grain nerchants. He is standing around getting acquainted with the farmers but keeping his eye "peeled" for a chance load coming in. There are two old cronies who have not seen each other for some time. They are talking about the backward spring and then they begin recalling other backward springs when the corn was ruined, etc. Near them are two or three men standing round waiting for "the missus" to sell her butter and do her trading. There is an unusual crowd around the blind music-man this morning and the measured sound of dancing is heard. Charke is home from the Northwest and he has not heard a jig for months and months. But perhaps you do not know Charlie He is a little grey-haired man with a clean-shaven face, dressed in a dark greay, ready-made suit. When he heard the music his eyes started to dance and then his feet seemed to catch the infection, for in a moment they were twinkling above the rough boards-much to the disgust of two women coming in opposite directions with baby carriages. They did not think people should be allowed to block the sidewalk. The spectators did not think the blockade should be allowed either, only they looked at the carriages as they thought instead of at Charlie.

Now we are fairly into the market ing crowd. If you have never seen Chatham market on a busy Saturday there is yet a pleasure in store for you. Everyone seems so busy and in-terested. If you are not interested in marketing the crowd push and jostle you in such a manner that you imm diately become interested in extricating yourself. Then you become one of the crowd for you have something to attend to. How fresh and tempting everything looks. Here and there among the wagons filled with fresh spring vegetables are seen the ons piled up with bright, gaudy flowers. To your left are huge clothes-baskets filled with fresh, dewy radbaskets filled with fresh, dewy radishes presided over by bright-eyed little French women. Inside the shed are the yellow rolls of butter and baskets of eggs. Farther down outside is the fish market. Here you also find Felix and the trinket women with their wares. Truly this market is a wonderful place. You can even get a gold watch for a dollar and a half, which you are assured is and a half, which you are assured is worth at least twenty. Then there are baskets to the right of you, bas-kets to the left of you, baskets in front of you, baskets behind you, all being filled according to the whim of the owner. Our own is becoming too beavy for comfort, so we join the outgoing procession and soon are enjoying a necessary amount of sidewalk

WHAT'S WORN. The advent of the whole wash dress heralds the popularity of the sash.

A SATURDAY MORNING ON

KING STREET.

"And the sun came up and all the Chiffon sashes will be seen on some especially elaborate gowns but they are too perishable to be very popu-lar. Now that everything is long-waisted in front and belts are pullwaisted in front and belts are pulled down into a more or less pronounced V, sashes will follow the same smart lines. The sashes will be worn crushed around the waist and fastened down in a point in front. The knot something like the sailor, only with one small upstanding loop is placed at the left side toward the front or at one side of the back, usually the right. Four yards is the usual length.

One pretty sash is of wide satin ribbon in a solid color, one of the delicate pastel tints being used. The ends are finished with a deep knotted fringe.

Another sash has a plain ground with flowers in natural colors grace fully sprayed along its length.

If your gown is tucked make your ash of silk to match the gown and tuck it either down the outer edges or across the ends. Insertion with the tucks is also considered quite

Another fancy is to decorate the ends with a broad lattice design formed by narrow tucks with dia-mond shaped pieces of lace set in.

If your sash is of plain satin ribbon applique it with lace in a scat-tered pattern using butterfl.es, flowers or dainty bow knots.

The girl with the box of soiled colored ribbons for about three sents can be the possessor of a box of wear-able ribbons. Put all your so led ribbons excepting the white ones, in a fruit jar about half full of gasoline. Cover it tightly, shake a few times and allow to stand over night. In the morning shake the ribbons but do not squeeze or wring. Hang them in the air to dry. If you put your white ribbons in the gasoline they will turn yellow. Be very careful not to use the gasoline near fire or light.

WHAT'S EATEN.

In these days when salad is queer it would never do to pack our lunch basket without a salad. The morning before the picnic boil about a dozen medium sized potatoes in their jackets. Allow these to get perfect-Then peel and chop not to y cool. fine. To the potatoes add a cucumber sliced thin together with a pinch of salt. One onion, chopped very fine will be sufficient to flavor the pota toes, but if the flavor of on ons is particularly desired four spring onions will not be too many. Mix the yoke of one hard boiled egg, one tablespoonful of the flower of mustard and a heaping spoonful of brown sugar to a smooth paste. To this paste add two tablespoonsful of thick After this has been thorcream. oughly mixed together stir in grad-

oughly mixed together str in grad-ually a large cup of pickling vine-gar. Pour this filing over the chop-ped potatoes and place in a cool place until the basket is to be packed. Put this away for a few days. It will come in handy. Take two cups of flour, two teaspoonfuls of baking. powder and a pinch of salt. To this add from one-half to three-quarters of a cup of butter. Mix with milk to the consistency of p.e crust. Put in a shallow tin and bake. While hot cut in two with a salk thread or a hot knife. Have ready a quart of fresh strawberries slightly crushed Put these in the middle and on top. Serve with thick cream while hot. HELEN HALL

Bishop Dickersteen of Exeter, Eng land, whose retirement at the end of the year is announced, was consecrated with the bishop of Lincoln in St. Paul's cathe dral in the presence of an immense cor gregation on St. Mark's day, 1885, whet. Canon Liddon preached his famous ser mon on the "Apostolic Succession." Both bishops were nominated by Mr. Gladstone.

BUSINESS MAXIMS.

Bad examples are as valuable as good ones if you can recognize their badness. Mistakes should be like a summer shower and render experience more productive and profitable.

The clerk who will work whe on are away as he does when you are present is valuable. Pay him a good sala J. Once in awhile it is well to advertise that you are likely to make motakes, but that they do not occur twice. Learn of your mistakes through your custo and then correct them.

Just because some men who have tried it say that advertising doesn't pay it is no sign that the thousands who spend millions of dollars a year for advertising are all fools. It looks a great deal as though the ones who didn't make it pay were the foolish ones,-Brains,

THE PEDAGOGUE.

Nail biting among French school ehildren of both sexes has been made the subject of study by Professor Berillon. His statistics show that the boys are in the majority. The girls prefer to nibble their penholders.

President George Harris of Amherst

President George Harris of Amherst college is one of the first college presidents to attempt publicly to solve the servant girl problem. At a recent meeting of women's clubs at Amherst, Mass., he read a paper on the subject.

Professor Haeckel has been invited to become president of the German Association of Pree Thinkers, in place of Professor Dodel, who resigned, but has declined the offer as being inconsistent with his holding his present place as a professor at Jena.



Sufferer From Catarrh Knows That Salves, Lotions, Washes, Sprays and Douches do Not Cure.

Powders, lotions, salves, sprays and inhalers cannot really cure Catarrh, because this disease is a blood disease, and local applications, if they accomplish anything at all,

simply give transient relief.

The catarrhal poison is in the bood and the mucous membrane of the nose, throat and traches tries to relieve the system by secreting large quantities of mucous, the discharge sometimes closing up the nostrils, dropping into the throat, causing deafness by closing the Eustachian tubes, and after a time causing catarrh of stomach or serious

throat and lung troubles.

A remedy to really cure catarrh must be an internal remedy which will cleanse the blood from catarrhal poison and remove the fever and congestion from the mucous

The best and most modern remedies for this purpose are antiseptics scientifically known as Eucalyptol, Gualacol, Sanguinaria and Hydrastin, and while each of these have been successfully used seperately, yet it has been difficult to get them all combined in one palatable, convenient and

The manufacturers of the new catarrh cure, Stuart's Catarrh Tablets have succeeded admirably in accomplishing this result. They are large, pleasant tasting lozenges, to be

dissolved in the mouth, thus reaching every part of the mucous membrane of the throat and finally the stomach.

Unlike many catarrh remedies, Stuart's Catarrh Tablets contain no cocaine, opiate or any injurious drug, whatever, and are equally beneficial for little children and adults.

Mr. C. R. Rembrandt of Rechester, N. Y. anys. "I know

Mr. C. R. Rembrandt of Rochester, N. Y., says: "I know of few people who have suffered as much as I from Catarrh of the head, throat and stomach. I used sprays, inhalers and powders for months at a time with only slight relief and powders for months at a time with only slight relief and had no hope of cure. I had not the means to make a change of climate, which seemed my only chance of cure. Last spring I read an account of some remarkable cures

made by Stuart's Catarrh Tablets and promptly bought a made by Stuart's Catarra Tablets and promptly bought a 50-cent box from my druggist and obtained such positive benefit from that one package that I continued to use them daily until I now conside; myself entirely free from the disgusting annoyance of catarrh; my head is clear, my diges-tion all I could ask and my hearing which had begun to fall as a result of the catarrh, has greatly improved until I feel I can hear as well as ever. They are a household necessity

in my family.

Stuart's Catarrh Tablets are sold by druggists at 50 cents for complete treatment and for convenience, safety and prompt results they are undoubtedly the long looked for catarrh cure.



WHO HAVE NOT TRIED OUR should lose no time in leaving a trial

order with us. Our sugars in quality and price are all you could ask.

4 lbs. Soda Biscuits, 25c. 3 lbs. Lemon Biscuits, 250 3 lbs .Wine Biscuits, 25c. 4 packages Corn Starch, 25c. Dry Apples, 5c per lb. Baking Powder, 10c per 1b. Sardines, 5c a can. 6 bars Sweet Home Soap, 25c.

Other goods at lowest prices. U need dishes to-day. Dinner sets, tea sets, chamber sets, at lowest prices for good goods. Fancy ware 20 per cent off for to-day

China ware 15 per cent off for the A lot of cups, saucers, plates and bowls, at lowest prices.

John McConnell

GAS AS A FUEL

Cool, Cheap, Quick, Clean, Safe AND SAVES Time, Money, Labor, Space, Food.

The Chath im Gas Co Ltd. ******

Can

Worry Time and Money

By Dealing at Weldon's Fancy Store and Women's Exchange

FURNITURE AND CARPETS Parlor Suites Made of Silk Tapestry, with buttoned backs, \$18.00, \$20.00, \$25.00 and \$30.00. Three Piece Suites, with Mahogany finished frames, \$15.00, \$18.00, \$20.00, \$25.00. Rug Suites of good and serviceable rugs, \$32.00, \$38.00, \$45.00, worth \$40.00, \$50.00 and \$60.00. Bedroom Suites A Special Line from \$10, \$12. Do not fail to see these Suites. Polished Oak Suits, with british bevel mirrors, \$25.00, \$65.00. We are offering a special line of CARPETS at 50c per yard, worth 60c and 65c per yard. Made and laid free of charge.

Hugh McDonald = Opposite Garner House.