

ASTHMA

If you have asthma, don't imagine that you must always suffer untold misery. Relief quick, sure and safe is guaranteed in even the worst cases by using

TEMPLETON'S RAZ-MAH CAPSULES

We are so certain of results we will send you a free sample of these capsules, confident that you will find them all we have claimed.

Sold by reliable druggists everywhere for \$1.01 a box.

For free sample, write to Templetons, 142 King street west, Toronto.

Storage of Ice For Summer Use

The storage of a few blocks of ice for summer is a very simple matter where the ice is readily available. Any unoccupied corner of a shed will serve for the purpose. A rough board enclosure 10 feet square and 8 feet high will hold enough ice to provide 50 pounds per day for 130 days, after allowing for a reasonable amount of wastage. The smaller the quantity stored, the larger is the proportion of waste.

The bottom of the enclosure should be covered with about 1 foot of sawdust. If the soil underneath is impervious clay it will be all the better if there is a few inches of gravel under the sawdust. In putting in the ice the boards can be taken away from one side and replaced after the ice is in position. A space of 1 foot should be left between the ice and the boards to be filled with sawdust, and the ice should be covered with about the same thickness. It is the sawdust which keeps the ice from melting. The drier the sawdust is the better the ice will keep, and it is a good plan, as the ice is removed during the summer, to throw out from time to time the driest of the sawdust where it will be under cover and continue to dry out and thus be in better condition to be used against the following year. The ice should be cut in blocks of uniform size and packed as closely together as possible.

If it is necessary to erect a special ice house the roughest kind of a shed that will keep out the weather is all that is necessary. Poles may be driven into the ground and lined up on the inside with rough lumber, or

Cook's Corn Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, 50¢; No. 3, 25¢ per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

slabs, leaving a space of about one-half inch between each board, and the whole covered with a roof to keep out the rain. Of course, the ice house may be built with a regular frame, lined inside with rough lumber and, if a more finished appearance is desired, it can be covered on the outside with clapboards or other siding. There should be plenty of ventilation above the ice. The same procedure should be followed in storing the ice and covering it with sawdust as advised in the preceding paragraph.

If sawdust cannot be obtained, planer mill shavings may be used for packing the ice, or in cases where neither is available hay may be used as a packing or covering material. A Marsh or "slough" hay or any fine wild hay which grows in low places gives the best results. If hay is used, the space around the ice or between the ice and the walls instead of being only 1 foot, should be at least 2 feet, into which the hay must be well packed. The ice should also be covered with about 2 feet of the hay.

Minard's Liniment Cures Garget in Cows.

NO COUNTERFEITING.

It Has Become a Lost Art in Britain.

Counterfeiting is almost a lost art in Britain. So far as the coinage of silver money is concerned little has been the work of the police since about ten years ago they unearthed a plant that was busily engaged in coining a better grade of silver than the standard, and the gang went down for a few years. Since then silver has risen considerably in price, and it no longer pays to coin the metal.

There were quite a number of cases of counterfeiting the 10-shilling note printed on thin paper during the first few months of the war, and quite a few of these were drawn with pen and ink, but the Bradbury issue stopped this practice.

Only the other day a man was charged with having in his possession copies of these early 10-shilling notes, and his defence was that he had made them for a joke, which he explained as having on his pals by peeling them from a roll and solemnly lighting his pipe with one. The judge believed his story and fined him simply a nominal amount.

Lately there have been several complaints from the banks of counterfeit money being in circulation, the notes in question being an imitation of the new-design 10 shilling note. Except for a slight difference in the tint and a rather poor production of the back design, they were difficult to detect and quite a number were passed.

The sequel was the seizure of 500 notes and the apparatus for printing them the other morning at Paddington by the police, and the appearance before the justices of a dock laborer named Henry Chamberlain charged with uttering notes and having materials for counterfeiting in his possession. He was remanded for enquiries.

WELL SATISFIED WITH BABY'S OWN TABLETS

Mrs. A. Bernard, La Presentation, Que., writes: "I have used Baby's Own Tablets for my baby and am well satisfied with them. I have recommended them to several of my friends who have also used them with beneficial results." The Tablets are a mild but thorough laxative which regulate the stomach and bowels and thus prove of benefit in cases of indigestion, constipation, colic, colds, etc. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Caught the Lawyer.

When a celebrated Philadelphia lawyer opened an office it was in a basement room, which had been previously occupied by a cobbler. He was somewhat annoyed by the previous occupant's callers and finally became irritable when one day one of them entered and said:

"The cobbler's gone, I see."

"I should think he had," tartly responded the lawyer.

"And what do you sell?" inquired the man, looking at the solitary table and a few law books.

"Blackheads," replied the lawyer.

"Um! ye must be doin' a fine business—ye ain't got but one left."

Minard's Liniment Cures Diphtheria

Had a Return Ticket.

When Mr. Fairweight came to town on a visit he discovered many things—that buses could go without horses, that you could walk for a whole hour without striking a field or an acquaintance, and, finally, that you couldn't hit a policeman simply because he compels you to move out of other people's way.

As he was being taken to the station, he inquired what the policeman intended doing with him.

"Never mind. You'll find out soon enough," said the policeman, grimly. "Seven days, probably."

"Seven days! Ah, that's where I have ye, old blue-bottle!" chuckled Mr. Fairweight, triumphantly, producing the return half of his ticket. "I've got to go back on Monday!"

THOUGHT IT WAS SUICIDE

A prominent merchant was discovered a few days ago brandishing a razor at midnight. His wife called for assistance, but found her hubby was only paring his corns. Far better not to risk blood poisoning—use Putnam's Corn Extractor, 25c, at all dealers.

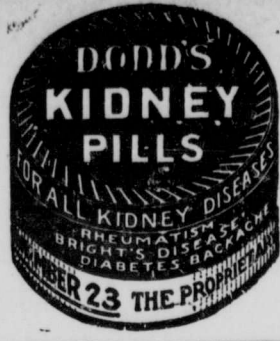
THE HUMAN HAND

And What Its Contour Reveals of Character.

The human hand, like the eyes, has a language of its own and can be made an interesting study. The lines in the palm deal solely with palmistry, but there is still another method of character reading found in the shape of the hand, and in this instance thought may be centred at first upon the fingers.

Long fingers denote perseverance and ambition, while extremely short ones indicate the habits of laziness and indifference. Those coming under the head of medium in length lay claim to vanity. The type thick at the base of the hand and which tapers to a narrow point at the finger tip usually belongs to a selfish and unforgiving individual, contrary to the person possessing flat finger tips, wherein a stubborn nature and strong will is constituted.

The rarest kind of finger is that which is thin at the top joint, spreading out toward the tip in a compar-



atively thickened outline. Here we immediately discover elements of refinement, intellect and determination in addition to strong religious principles. The finger containing well arched nails leads one to gather the impression of deceit, whereas it is a known fact that the owner of flat nails is self-sacrificing and considerate.

At the muscular portion of the thumb where it joins the hand one can decipher imagination and romanticism, in accordance with the height of this particular part. People with no enlarged joint at this spot are sorely dependent upon others and cannot think or act for themselves. This somewhat corresponds to the side of the hand where the small finger is connected for when placing the palm downward upon the table the direct straight line gives way to untidiness and curiosity, just opposite in meaning to the curved development, determining neatness and discretion.

Prominent knuckles have a tendency toward good fortune and wealth, the well covered bones claiming the attributes of a struggling existence and a profound self-respect.

Lastly, we define the hollow hand or palm, the four points of which connecting all fingers (exclusive of the thumb) are prominently raised so as to make distinct bumps upon the surface. This sort unmistakably belongs to the person whose head governs his heart and who seldom experiences regret.

Through a study of the hand, character may be easily read.

Minard's Liniment Cures Distemper.

WORTH KNOWING.

One of the best ways of cleaning walls—that is, the removing dust from them—is to take a large wad of cotton batting and place it in a loosely woven piece of soft cheesecloth and go over every part of the walls with it, changing to a clean piece of cheesecloth when necessary. This is an improvement over the old plan of wiping the walls with the batting alone, because it is impossible to leave the tiniest atom of line when the batting is inclosed in the cheesecloth.

I found it impossible, even with two heavy silence cloths, to keep the top of a handsomely polished dining table free from the marks caused by hot dishes until I purchased heavy asbestos paper and cutting this into round or oval mats, according to the shapes of the dishes, embroidered small linen bags to slip them into.

The use of nuts as everyday food is increasing. One of the newest ways of baking apples is to core them and fill the centres with sugar and chopped almonds. They are really very much better than ordinary baked apples, and possess a higher food value.

If you have a pan or bottle of soured milk, let it stand until it is thick. Put tarnished silver forks, spoons and small pieces into a shallow pan and pour the milk over them. Let them remain in the milk half an hour or longer, then wash them and rejoice in their brightness.

Orange juice is one of the best of dressings for black shoes. Rub a slice of an orange over the leather and brush with a soft brush until it shines like a looking glass.

RELIEF AT LAST

I want to help you if you are suffering from bleeding, itching, blind or protruding Piles. I can tell you how, in your own home and without anyone's assistance, you can apply the best of all treatments.

PILES TREATED AT HOME

I promise to send you a FREE trial of the new absorption treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer.

Address: MRS. M. SUMMERS, BOX 8, Windsor, Ont.

Jewels On An Idol.

The jewels of an Indian idol must be worth stealing if many of those remarkably hideous images possess Triplicane temple in Madras. The such valuable head ornaments as one made for the idol Parthasathy, in the ornament is worth some 50,000 rupees and is made of sovereign gold, studded with diamonds, emeralds and rubies, the largest emerald being valued at 1,000 rupees and the biggest ruby and diamond at 300 rupees apiece.

In life, as in art, the beautiful moves in curves.—Bulwer-Lytton.

Life Without Microbes.

Microbes are not indispensable to life; the indispensable to any life is the question has been definitely settled, it is claimed by some authorities.

A cage completely sterilized at 96 degrees was made and the openings of the cage closely stopped with cotton and protected from the outside by a hermetically closed metallic chamber. Such manipulations as were necessary in opening the cage were made by hands guarded by aseptic rubber cloth. Into such sterilized cage three hens' eggs were placed after having been externally sterilized. The cage was fitted with a lass pavilion or chicken run, where the chickens could develop during their six weeks' sojourn in the cage. The cage were sterilized with air, pure water, sterilized sand and sterilized feed.

The experiments showed that life does not depend upon microbes, but that the vital work of the organism is easy and natural when everything is sterilized.

Minard's Liniment Cures, Colds, etc.

One-Eyed Men.

What actual disability is involved in the loss of an eye Accident insurance companies usually estimate it at 50 per cent., but Sir Arthur Pearson told the British Committee on the Administration of Soldiers' and Sailors' Pensions that this is absolutely absurd, and suggested 25 per cent. as a more reasonable estimate.

It depends largely upon the time of life at which the eye is lost. By binocular vision, says the Lancet, we fuse two slightly dissimilar images of an object, which are focussed upon the two retinas, and this enables us to estimate correctly the relative positions or distance of objects. This power, however, is not confined to those of us who possess two good eyes. The man who has been blind in one eye from infancy possesses it in almost equal perfection with the possessor of two eyes. For many other factors unite to compensate for the absence of stereoscopic vision. These are atmospheric and shadow effects, parallax and, above all, memory of what the shape of objects really is, according to knowledge which has been acquired in early years, largely by the sense of touch.

On the other hand, if one who possesses this faculty is suddenly deprived of it he will be considerably handicapped, especially at first. A woman may find she cannot pour from a teapot into a cup without spilling the tea. A hammerman may take some time before he can hit the nail on the head with his former accuracy; indeed, whether or not he can ever attain it again is doubtful.

The publisher of the best Farmer's paper in the Maritime Provinces in writing to us states:

"I would say that I do not know of a medicine that has stood the test of time like MINARD'S LINIMENT. It has been an unfailing remedy in our household ever since I can remember, and has outlived dozens of would-be competitors and imitators."

An Early Street Cleaner.

"One day," Ben Franklin wrote in his autobiography, "I found a poor, industrious man who was willing to undertake keeping the pavement clean by sweeping it twice a week, carrying off the dirt from before all the neighbors' doors for the sum of 6d per month to be paid by each house. I then wrote and printed a paper setting forth the advantages to the neighborhood what might be obtained by this small expense. I sent one of these papers to each house and in a day or two went around to see who would subscribe an agreement to pay these sixpences. It was unanimously signed and for a time well executed. This raised a general desire to have all the streets paved and made the people more willing to submit to a tax for that purpose."

Appropriate Boats.

For happy people: Transport.
For gentle people: Tender.
For pen and ink artists: Liner.
For dogs: Barque.
For surgeons: Cutter.
For barbers: Clipper.
For kisses: Smack.
For jokers: Jolly-boat.
For tramps: Bum-boat.
For poor people: Dingy.
For grave diggers: Dug-out.
—Caricature Magazine.

Some girls take up painting, not that they love art less, but that they love their complexions more.

Some things are not as easy as they look. Even the dress model says her occupation is very trying on one.

FARMS FOR SALE

54 ACRES ON RIDGE ROAD, EAST of Grimsby, 10 room front house, terraced lawn and tennis court, frame out-buildings in good repair, 12 acres in assorted fruits, balance of the land excellent vegetable soil. Will take good city property as part payment. J. D. Biggar, Regent 151, 205 Clyde Block, Hamilton.

98 ACRES ON HIGHWAY, EAST OF Albion, clay loam, rolling frame buildings, 1 bank barn 4x50, another without foundation 2x35 hog pen, chicken house, 20 acres arable, 19 acres wheat, 35 acres plowed, 8 acres hardwood bush, good fences, radial freight stop on the premises, immediate possession. J. D. Biggar, Regent 151, 205 Clyde Block, Hamilton.

102 ACRES, OXFORD COUNTY, 24 miles from Norwich, clay and sand loam, 50 acres, working balance pasture and bush, 9 room brick house, hot water heating, basement barn 4x80 with good stabling, water basins for cattle. Will sell or exchange for larger farm, price \$100 per acre. Chas. Shaver, Norwich.

\$13,000 — 21 ACRES BEARING fruit, cherries, plums, grapes, currants and berries, vineyard of 15 acres in best condition and best varieties, frame dwelling and good barn, convenient to station and radial, 13 miles from Hamilton. Returns from this property show profitable investment. J. D. Biggar, (Regent 151) 205 Clyde Block, Hamilton, Ont.

180 ACRES STRONG SAND LOAM, mostly large body trees, 10 acres pasture land, 9 room rough cast house, bank barn, cement floor, hog pen, other outbuildings, silo rack after apple orchard, 1 mile from churches and school, on gravel road adjoining stone road, north and west from Waterdown, 15 miles from Hamilton. J. D. Biggar, 205 Clyde Block (Regent 151) Hamilton, Ont.

\$10,000 CHOICE PEACH FARM, near Vineland Station, 2 storey frame house, 8 rooms, bath and toilet, hardwood floors, large verandah, cement cellar, good barn and stable, with cement floors, all new, abundance of good water and soft, in addition to the peaches there are apricots, cherries, good assortment of small fruits, well located. A money-maker and will take city property in exchange. J. D. Biggar (Regent 151) 205 Clyde Block, Hamilton, Ont.

MISCELLANEOUS

REMIT BY DOMINION EXPRESS Money Order. If lost or stolen you get your money back.

RAW FURS BY PARCEL POST. What have you? What price? Reid Bros., Bothwell, Ont.

BUSINESS CHANCES

FOR SALE—HARDWARE BUSINESS— from five to six thousand stock; turnover eighteen thousand. For particulars, write W. H. Humber, Victoria Harbour, Ont.

FOR SALE

KNITTING YARN MADE FOR RED Cross, grey and black only, will clear at dollar and quarter per pound; sample skin thirty cents. Georgetown Woolen Mill, Georgetown, Ont.

PAIR PRACTICALLY BLACK FOXES, also twenty other pairs. Reid Bros., Bothwell, Ont.

HELP WANTED

WANTED—OAK CABINET WORKERS on oak cabinets. Reid Bros., Bothwell, Ont.

WOOLEN MILL HELP WANTED—We have openings for female weavers and apprentices to learn weaving. Special consideration shown apprentices, in teaching this work and good wages while learning. This work offers permanent employment, and experienced operators earn high wages. Other openings for winders, Finishers, etc. Full particulars will be given upon application. Write us: The Shingby Mfg. Company, Ltd., Brantford, Ont.

POULTRY WANTED.

HENS WANTED ALIVE 15 CENTS A pound, any size, F.O.B. your station if within 200 miles of Toronto. Ship C. O. D. in crates or boxes. Albert Lewis, 626 Dundas St. W., Toronto.

WANTED.

LADIES WANTED, TO DO PLAIN light sewing at home; whole or spare time; good pay; work sent by distance; charges paid. Send stamp for particulars. National Manufacturing Company, Montreal.

Mackerel for Nerves.

Mackerel is an even better food for the nervous than cod and some other kinds of fish because it contains a larger percentage of the fat which the nervous system requires. The food value of mackerel is: Water, 73.4 per cent.; protein, 18.3 per cent.; fat, 7.1 per cent.; ash, 1.2 per cent.—Chicago Journal.

SLIGHT ERROR.

Customer: "I say, I've had to bring back those boots I bought last night."
Bootmaker: "Wasn't they all right?"
Customer: "Yes; that's the trouble. One of 'em ought to be left."

NO INTENTIONS OF IT.

He: Till I met you, I always said I'd never marry a blonde.
She: Well, don't worry, I'm not going to let you break your resolution.

"Who is Edith to marry?" "His name is Bridge." "Good gracious! Is she carrying the craze as far as that?"—Boston Transcript.

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A GENERAL TONIC FOR WOMEN
Pass this general female tonic along, they will be grateful.
A general tonic for women, growing womanhood, child bearing, change of life, etc.
Sold at all Druggists or sent direct in plain wrapper on receipt of price, \$1.00 per box.

IF YOU HAVE A FRIEND IN ILL HEALTH

Pass this general female tonic along, they will be grateful.
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