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DR. FOWLER'S EXTRACT OF WILD STRAWBERRY CURES

**Summer Complaint,
Diarrhoea,
Dysentery,
Colic and Cramps,
Cholera Morbus,
Cholera Infantum**
AND
All Fluxes of the Bowels.

It is without doubt the safest and most
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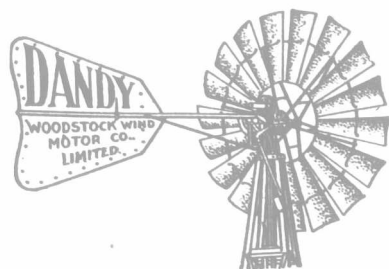
It has been a household remedy for
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Its effects are instantaneous and it
does not leave the bowels in a constipated
condition.

Do not be humbugged into taking
something the unscrupulous druggist
says is just as good.

Mrs. Ed. Stringer, Hemmingford, Que.,
says: "I have used Dr. FOWLER'S
EXTRACT OF WILD STRAWBERRY with
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fire hose to the top of the house. Any
plumber who can cut a thread or wipe
a joint is capable of fitting up a practical
plant of this kind. Indeed, if the
plumbers are awake to their oppor-
tunities they will find an unlimited
amount of this kind of work, as every
man who owns a wind-mill must soon
see the advantage of this plan over that
of the open trough or elevated tank.
The material and labor needed to carry
the water a hundred feet from the wind-
mill into the house should not cost over
\$100. It consists of a one-inch gal-
vanized pipe, a plain ordinary "cut-off,"
and iron boiler of any size, the dimen-
sions of which must depend upon the
size of the pocket-book. A small one
will act as perfectly as a larger one will;
the only advantage the latter has over
the former is that

"When the winds blow"—(not)
"The water will flow"—(still)

Supposing the wind-mill is in operation,
a hundred feet of iron pipe should not
cost to exceed \$16; the boiler, 2x7, capa-
ble of sustaining a pressure of one hun-
dred pounds per square inch should
not cost more than \$46, an automatic
cut-off \$15; four faucets \$5; a steam
water-gauge to register the pressure,
\$16; the labor of digging should be but
little and a plumber's time may cost
\$12, making a total of \$110, which will
add to the convenience and protection
of the home more than a like amount
expended in almost any other direction.
There is no good reason why every
wind-mill owner should not enjoy this
luxury. At some later date I will
explain how the hand force-pump pro-
position will give a constant and even
pressure of water from the cistern when
forced through an air-tight chamber to
different parts of the house or barn.
So far as I know there is no patent to
bar anyone from using this greatest
of blessings—free water.

C. D. SKINNER.

[These figures are rather below what
the same things would cost in Western
Canada.—Ed.]

THE LAYING OUT OF A RACE TRACK.

Occasionally an agricultural society
decides to lay out a track for speeding
contests. The following are some of the
most widely known and simple rules,
the first lot dealing with the actual
measurements themselves alone and
the last with the area required as well
as a different method of laying off a
mile course.

For a third-of-a-mile track: The
usual rule for half-mile tracks is to have
the stretches and turns of equal length.
If the same rule is observed in laying
out a third-of-a-mile track, each stretch
and turn should measure 440 feet.
Therefore, two stakes should be driven
where one of the stretches is proposed
to be located, 440 feet apart. The
opposite stretch then should be staked
out parallel to the first and 274 feet
across at either end. A wire 237 feet in
length should be made fast to a post
placed equally distant from the end of
either stretch, and the turns staked as
directed in laying out other tracks.
The wire should be accurately measured,
which may best be done with a long
steel tape measure. Sufficient length
should be allowed so that several turns
may be made around a stick at the end,
and also a loop to slip over a spike to be
driven in the upper end of the turning
stake. One end of the wire should be
taken and placed upon the stake at the
end of the stretch, while an assistant
with the other end proceeds toward the
end of the opposite stretch. When the
wire has been tightly drawn, the
turning stake should be located in exact
line with the stakes at the end of the
stretches and firmly guyed in every
direction. After the circuit has been
made and the stakes driven for the turn,
the novice will probably be surprised
to find the wire is from six to eighteen
inches too long from stretching. If
this should be the case, it should be
shortened so that it will exactly reach
the stake at the end of the stretch, and
the turn corrected. After the track is
laid out it should always be carefully
measured three feet from the stakes
before construction is commenced. If
this is done even a chain it will be found



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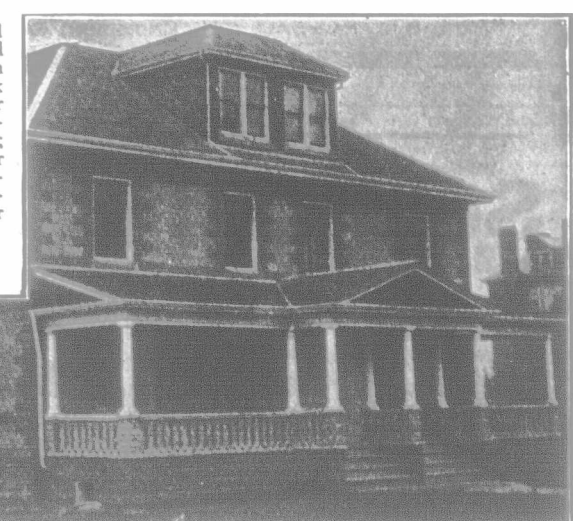
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