

tries, teaching about Jesus. He had been to visit a heathen city named Ephesus, and had taught many of the people about Jesus, and had persuaded them to throw away their idols and give up their wicked ways and follow Jesus. Then Paul went to many other cities teaching of Jesus; but he did not forget these friends of his at Ephesus, and he wrote a letter to them telling them how to be good, true followers of Jesus, and urging them to keep from the wicked ways of the heathen people around them.

Children of Light—Paul tells them in this letter that those who know about Jesus must try to please Him, because they now know what is right and wrong. They must not make companions of those who do wrong, but rather they should tell these wicked ones of their wrong-doings, and set them a good example, and try to help them to do right. They must not speak any impure words, nor copy the bad things they see others do. They are to do what is pleasing to Jesus, trying to learn more and more about Him. He tells them they have only a little while to live in this world, and must try to be good examples for others and do all the good they can. They should talk about holy things, and be happy and sing praise to God, and pray and give thanks to God for making them "children of light".

Golden Text—There is one especial sin that Paul tells them about, which is the cause of much trouble. We'll print WINE—STRONG DRINK, and we'll repeat our Golden Text from Paul's letter.

Bad Companions—There were so many "children of darkness" (wicked people) round about these Ephesians, that they were in danger of being led to do the wrong things they did before they became followers of Jesus—children of light. Paul knew this, and wanted to warn them to keep away from bad companions. "We'll not copy them, mother", said some little ones, when warned not to play with some neighbor children. "We'll not get any harm from them", for we won't do as they do.

"Do you know, dear children, that just being beside bad children spoils the sweet goodness of your life?" A box of oranges was received in a home. The little ones clustered around eager to see it opened. What beautiful, large, yellow oranges! Each child took out an orange, and there, down in the midst of those fine oranges, was a rotten one, and every orange near it was slightly touched with "bad" also. And soon the whole box of oranges would have been spoiled because of the single bad one.

Something to think About—I should not use strong drink.

FROM THE PLATFORM

CHILDREN OF LIGHT

Take light as the subject of conversation. Talk about the sun, ninety-three millions of miles away from our planet, and yet making its bright, warm rays in every corner of the earth. Then pass to the moon, which takes the sun's place at night. Bring out the fact that the moon gets its light from the sun, and reflects it on the earth. Now, who, in the Lesson, is spoken of as giving light. (See v. 14.) Christ, then, is like the sun, shining upon us, to show us what is right and how to do right. We, like the moon from the sun, receive light from Christ. What are we to do with our light? (Recall Matt. 5:16, "Let your light so shine," etc.) Discuss some ways in which we can let our light shine, dwelling especially on the influence of our example as to the use of strong drink. Urge all to take the total abstinence pledge, and to work in the temperance cause.