GENERAL DEBILITY AND NERVOUS PROSTRATION.

Half the usefulness of men is lost by what is known as General Debility. There seems to be nothing really wrong about the person, yet his heart seems as if overburdened and distressed, the circulation of the blood is languid, the skin sometimes dry and feverish, and sometimes, again, bathed in a clammy perspiration, the muscles flabby and easily tired, the stomach and bowels disordered, and often affected by wind colic, and, in a word, the whole mind and body seem out of joint. The vim and vigor of the man have gone, and he is ready to let slip past him, unimproved, the opportunities of advancement which lie at his hand. There are many different causes for this condition of things, such as indiscretions and a wrong method of living. To remedy it and regain perfect health, these immediate causes must be given up, and the system be permitted to resume its normal condition. Both of these are greatly aided by the use of Dr. Wilson's Toxic AND SARSAPARILLIAN ELIXIR, through which both the mind and body are purified, toned and strengthened.

A FEW WORDS OF ADVICE.

It should never be forgotten that nearly every disease is caused by an unnatural mode of living, or indiscretion in one or more of many ways. A return to health is always facilitated by a return to the proper mode of life, good exercise, and a use of the proper remedies which supply that which the system lacks, and gently but surely stimulates it to proper and vigorous action. As previously remarked, an abnormal condition of the digestive organs and a depraved or weakened condition of the blood lead to many diseases, to cure which the blood must be enriched and purified so as to carry strength and health to every portion of the body. Towards this end Dr. WILSON'S TONIC AND SARSAPAR-ILLIAN ELIXIR and ANTI-BILIOUS AND PRESERVING PILLS are the greatest aid, and their use, either jointly or independently, never fails to produce remarkable and beneficial results. By their aid the healthy, life-giving streams reach every part of the body, building up bone, muscle and sinew, and, like the noble rivers of our country, carry on their bosom that which secures happiness, usefulness and wealth.

DYSPEPSIA OF TEN YEARS' STANDING.

St. Mary's, April 7, 1875. Sir,—For ten years I have been afflicted with Dyspepsia in a very distressing form.

During that time I could not taste the smallest bit of meat of any kind without feeling great pressure and sickness in my throat, accompanied with severe vomiting; neither could I drink half a tumbler of water without the same result. At last I got so low that I could not attend to any kind of business, and could scarcely walk without tottering from faintness and exhaustion, and had, likewise, all the nervous irritability that attends this disease. tried several leading physicians, but daily grew worse, until my friends lost all hope of my recovery. Almost every morning I would vomit pure bile, and my bowels during all this time were very irregulareither obstinate costiveness or severe diarrhœa prevailed-and at last my food was undigested. About two months ago, on the advice of a friend, I procured two bottles of WILSON'S TONIC AND SARSA-PARILLIAN ELIXIR, and after taking one and a half am perfectly cured. I can now eat heartily of the strongest food, and drink as much water as I please, and feel comfortable. I am engaged in very laborious work; my strength is increasing daily, and I have not felt so well since I was a boy. I give this statement to the public in the hope that by so doing some others will try this remedy, in which case, I am sure, they will find a certain cure.

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W. G. STEPHENS.

FOR THE GENERAL WEAL.

MARIA, July 16th, 1880.

SIR,—I have been troubled for some time with General Debility, Lassitude, Want of Appetite, &c., and tried many so-called remedies, but all of no avail. I was strongly recommended to use your Dr. Wilson's Sarsaparillian Elixir, and obtained relief immediately on taking it. I have only taken half a bottle, and today am as well as ever in my life. Trusting you will print this for the benefit of others similarly affected,

I remain, Sir,
Yours, &c.,
G. A. RUDOLF.

LIVER COMPLAINT CONQUERED.

SIMONDS, Nov. 25th, 1876.

SIR,—I have been suffering for a long time from Liver Complaint, General Debility and Dyspepsia in the worst forms. The least food would cause me distress and acidity in my stomach, although I took alkalies constantly. About three months ago I commenced using WILSON'S SARSAPARILLIAN and TONIC ELIXIR, and after two bottles am well in every respect.

J. C. WHITE.